

# The Parkway



March 2016

Parkway Edition No. 01

## PRINCIPAL'S MESSAGE

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### Welcome

Welcome to 2016 at Newcastle High School. The start to the year has been action packed with a lot of exciting learning and extra curricula activities occurring.

I feel honoured to take on the role of principal and build on from the hard work of Mr Hewitt and the principals before him. My passion is to provide opportunities to young people and build a culture where everyone works together to produce excellence and develop the skills for long term success.

I would like to welcome all of our new students and families. I encourage you all to stay connected with the school either in person or through our social media strategies. You can 'like' us on Facebook (Newcastle High School), follow our Twitter (@NewcastleHSpln) and/or Instagram (@newcastlehs) accounts or visit our school website ([www.newcastle-h.schools.nsw.edu.au](http://www.newcastle-h.schools.nsw.edu.au)). A copy of our school calendar is on our webpage so you will be able to see what events are coming up.

In a school as big as ours, the start of the school year always begins with staff movement. I would like to welcome the following staff to Newcastle High School:

- Mr Gorrod - Deputy Principal
- Mrs Howard, Ms Visoiu and Mr Clifton - HSIE
- Ms Ray - PDHPE
- Mr Nancarrow and Mr Moore - Science

I would also like to welcome Mrs Biasiol and Ms Ryssenbeek back from their adventures in 2015. It is great to have them both back on staff. Mrs Sager will also return later in Term 1 in her Head Teacher Wellbeing role.

### School vision and strategic directions

All Department of Education schools are in their second year of the three year school planning cycle. At Newcastle High School this means we are currently implementing and evaluating strategies that were identified during the planning phase in 2014. Over the next two years we will be formalising an evaluation process and gathering data from students, parents and staff on the effectiveness of our current school plan and begin the planning for the 2018-2020 School Plan. Currently our three strategic directions are:

- Successful learners and global citizens
- Strong partnerships build pride, connections and community
- Quality teaching, innovation and collaboration

Part of the data gathering process means we will be participating in the *Tell Them From Me* student, parent and staff surveys again. These surveys allow us to compare results with previous responses and measure the effectiveness of individual programs and plan for future directions. It would be great if all parents could take the time to complete the short parent survey when it is available as the school planning team will be using these responses to frame our directions for the next planning cycle.

# Principal's Message

## Proposed change to Term 3 Staff Development Day

An opportunity has been made available for all staff to participate in a professional learning day with an internationally renowned education academic, Professor Stephen Dinham, from The University of Melbourne. A letter will be sent home with all students outlining the details of this change. If anyone has any questions after reading the letter, please do not hesitate to contact me at school.

**Nathan Towney**  
**Principal**

## World's Greatest Shave

Siobhan, Mr Towney and Mrs Smith will be losing their locks to help raise funds for blood cancer research next Tuesday, 15 March. Payment information for sponsorship will be provided.



Term 1	Date	Event
Week 7	7—11 March 10 March	Year 7 Camp <i>The Parkway No.1</i>
Week 8	14 March 15 March 16 March	P&C Annual General Meeting World's Greatest Shave Parent Teachers Interviews—Years 7, 11 and 12
Week 9	21 March 22 March 25 March	Harmony Day Parent Teacher Interviews—Years 8, 9 and 10 Good Friday
Week 10	28 March 31 March	Easter Monday <i>The Parkway No.2</i>
Week 11	6 April 8 April	Year 12 Reports Distributed Last day of Term
Term 2		
Week 1	26 April	Staff Development Day
Week 2	3—6 May 5 May	Year 11 Myuna Bay <i>The Parkway No. 3</i>
Week 3	9 May 10—12 May	P&C Meeting NAPLAN
Week 4	16 May	Zone Cross Country Carnival
Week 5	23 May 25 May	Zone Athletics Vaccination Program—2nd visit
Week 6	2 June	<i>The Parkway No. 4</i>
Week 7	6 June 6—10 June	P&C Meeting Year 12 Blockout
Week 8	13 June 13—17 June	Queen's Birthday Year 12 Blockout

# Languages Faculty Report

## Languages other than English (LOTE)

Language is a small but vibrant faculty at Newcastle High School, led by two passionate teachers: Ms Meredith Engel and Mrs Elisa Biasiol.

At Newcastle High School, classes in Japanese and French are on offer.

### Year 7

All students must complete 100 hours of foreign language study, according to the requirements for NSW students, as set out by BOSTES, Board of Studies Teaching and Educational Standards NSW. Set out below is the program for this year's Year 7 classes:

**Japanese** - 7 Burwood, 7 Mitchell, 7 Empire and 7 Parnell. **French** - 7 Gregson, 7 Civic

Students study the Japanese writing script of Hiragana and learn to recognise the Katakana and Kanji scripts as well. They also study from the textbook '*Hai!*' and its companion workbook, doing simple reading, writing and listening exercises in Japanese. Students are asked to pay \$17.00 at the student office to purchase a *Hai! Workbook*. A yearly calendar of Japanese festivals is followed and students also explore and learn about various aspects of Japanese culture: origami, songs, anime, martial arts, religion etc. An excursion in June to the Sydney Japanese School is a



Making onigiri at SJIS



Tea Ceremony at SJIS



Calligraphy practice at the Sydney Japanese International School



# Languages Faculty Report

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## Year 7

7 Gregson, 7 Civic – French

Students are using the textbook '*Quoi de neuf*' and should pay \$17.00 at the student office to receive the companion workbook to use in class. Topics include: simple introductions of self and others, my family, my home and neighbourhood, my pets. Students are tested on the four skills of reading, writing, listening and speaking.

French culture, history and geography are also studied. Students learn about La Fete Nationale (Bastille Day) and other important festivals on the French calendar.

## Elective Subjects in LOTE

Students in Year 8 may study French culture and/or Japanese as an elective course for one semester. Work from Year 7 is briefly revised so it is possible for students to begin the language in Year 8 even if they were unable to study that particular language in Year 7.

Every year Japanese and French are offered as two year elective subjects in Years 9 and 10. This year Japanese study is progressing in Year 9 and 10 elective classes. They have all perfected a self introduction in Japanese and are learning to communicate about various topics such as likes, dislikes, food, meals, time, hobbies, pets, family, etc. Year 9 students and above are eligible to enter the Japanese Speech Competition sponsored by Newcastle's Sister City, Ube. Four lucky winners will go to Ube in the September holidays, staying with a Japanese family and attending school. See Ms Engel for details.

## Years 11 and 12

In the senior years it is possible to do either French Beginners or Japanese Beginners. These courses are available to students who did not choose the language as an elective in Year 9 or 10. They are 2 Unit courses for the HSC exam and students finish with a workable knowledge of the language and the ability to converse in various useful everyday situations. HSC language courses receive bonus points for admission to many universities. At Newcastle University two bonus points are awarded for a Band 5 or 6 in Beginners French or Japanese. In 2013, one of our students, Grace Jamieson, achieved a HSC mark of 99 in French Beginners and came 4th in NSW.

## Overseas Excursions

Every two years we arrange a nine day school trip to Japan for students of Years 8 - 12. We are due to go again in April 2017.

There are also opportunities each year for students to travel to France or New Caledonia with excursions organised by NAFT (NSW French Teachers Association) of which Ms Engel is a member. Please see Ms Engel.

NB: Students and parents should be aware that students are invited to participate on all our overseas trips after they have completed an application. Students must demonstrate their record of respect, responsibility and participation at school and show themselves worthy of representing Newcastle High School.



Japan trip 2014 Photos



# Languages Faculty Report

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## Exchange Students at Newcastle High School

Attention: All families interested in hosting an exchange student.

Newcastle has a longstanding Sister City relationship with the city of Ube, Japan. 2011 marked the 30th Anniversary of this exchange between our two cities.

Newcastle High School, in conjunction with Newcastle City Council, will host a group of students from Ube for one week in Term 3. If you are interested in providing home-stay for a Japanese student please contact Ms Engel. Hosting is a wonderful cultural experience for any family and past students have kept strong ties with the students they have hosted and made return visits.



Ube exchange 2015

We are also looking for families for French students between the ages of 14 and 17 years, for Term 3. They arrive in Newcastle early July, will stay with their host family for the holidays and will then attend school with their host friend until the beginning of August. If you are interested in hosting one of these students please see Ms Engel or contact the organiser direct at: [lauredelacondamine@yahoo.fr](mailto:lauredelacondamine@yahoo.fr)

# Languages Faculty Report

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## UBE – Newcastle Speech Competition

Every year students enrolled in an elective Japanese course in the Newcastle district have the chance to participate in the Ube–Newcastle Cultural Exchange Speech Competition. If successful, four students win the chance to travel to Newcastle’s Japanese sister city of Ube in September to do home stay with a Japanese family, attend a Japanese school and do sightseeing. This is sponsored through the generosity of the Ube branch of the Ube-Newcastle Friendship society. All airfares, accommodation, meals and transport are included.

In 2015 two NHS students, Maija Spencer Karinen and Lucy Neilson–Spitzer, were successful in the competition and were treated to a wonderful stay in Japan. Please see Ms Engel if you are interested in entering in 2017.



2015 Ube Speech competition entrants: Lucy, Monique, Maija and Natalie



# Languages Faculty Report

## Excursions

Apart from involvement in speech competitions, language video competitions, exchanges and hosting opportunities, the Languages faculty aims to provide plenty of authentic cultural and language learning opportunities with a wide variety of excursions offered each year. Below are some of the opportunities enjoyed by students in 2015.



Japan Foundation, Sydney - cultural workshop on the Obon Festival



Japanese and French Restaurant excursions

**Meredith Engel**  
**Head Teacher LOTE**



# TAS Faculty Report

Over the holidays the Industrial Arts wood work rooms have had a facelift. New pendant GPOs have been installed from the ceiling allowing power tools to be used at the work benches, walls have been cement rendered and painted and all the bench tops have been replaced.

It is hoped that in 2016, new storage units can be purchased to complete the upgrade of these rooms.





# TAS Faculty Report

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## HSC Results

Congratulations to staff and students for the excellent HSC results within the TAS Faculty.

**Design and Technology** – results were 7.08% above state average, which is outstanding. It was the second best performing subject at Newcastle High School. All students performed extremely well. For five of the six students who completed this course, it was their best result. All students achieved a Band 4 or above, with one student achieving a Band 6 and four students a Band 5.

**Community and Family Studies** - Results were 1.88% above state average. The 7<sup>th</sup> top performing subject at Newcastle High School, 45% of students achieved a Band 5/6 and 65% of students achieved a Band 4, 5 and 6. For fourteen of the twenty CAFS students this was their top performing subject. For five of the remaining six students, this was their second best performing subject and the remaining students' third best performing subject.

**Hospitality** - The class achieved results which were 1.91% above state average for this subject and were the 6<sup>th</sup> best performing class across the school. 30% of students achieved a Band 5/6. 80% of students achieved a Band 4, 5 and 6. All students achieved Band 3 or higher.

This was a Year 11 early commencement class and therefore, this was the only examination sat by these students, further highlighting the outstanding results achieved by this group of students.

**Industrial Technology – Timber** - The class performed admirably during their HSC year and produced final results that were right on the state average. All students in the class received either the best, or second best examination mark for this subject, resulting in Band 3 or higher across the whole cohort.

**Metals and Engineering** - Students completing the VET Metal and Engineering course achieved some fantastic results in 2015, with the vast majority obtaining their Certificate I in Engineering. It was also pleasing to see many of these students undertake the non-compulsory HSC examination with results being consistent with the state average.

VET Metals offer students the opportunity to gain many work related skills and gives them a head start should they wish to pursue a career within the metals industry, or undertake an apprenticeship or traineeship. The facilities at Newcastle High School are cutting edge and enable students to gain invaluable experience using advanced technological equipment in a safe environment.

**Sondra Munro**

**Head Teacher TAS**

# TAS Faculty Report

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At the end of last term, Newcastle High School gave students the opportunity to participate in the Hunter Surf Life Saving Surf Survival Course. Twenty students attended the course which was conducted over two days. The first day was held at school, where students learnt how to identify beach and surf hazards, as well as CPR training and how to respond in emergency situations. The second day saw them at Newcastle Baths and Nobbys Beach where they performed a series of practical tasks. These included, board rescue techniques, swimming a number of laps non-stop within a given timeframe and how to remain afloat for an extended period of time.

Congratulations to all students involved, as they were fantastic ambassadors for our school, had a great time and most importantly, attained their Surf Survival Certificate. Special thanks also to Mr Carswell who gave up his valuable time to assist with the supervision of our students.



Students enjoying themselves during the Surf Survival Course (photo: Mr Carswell)

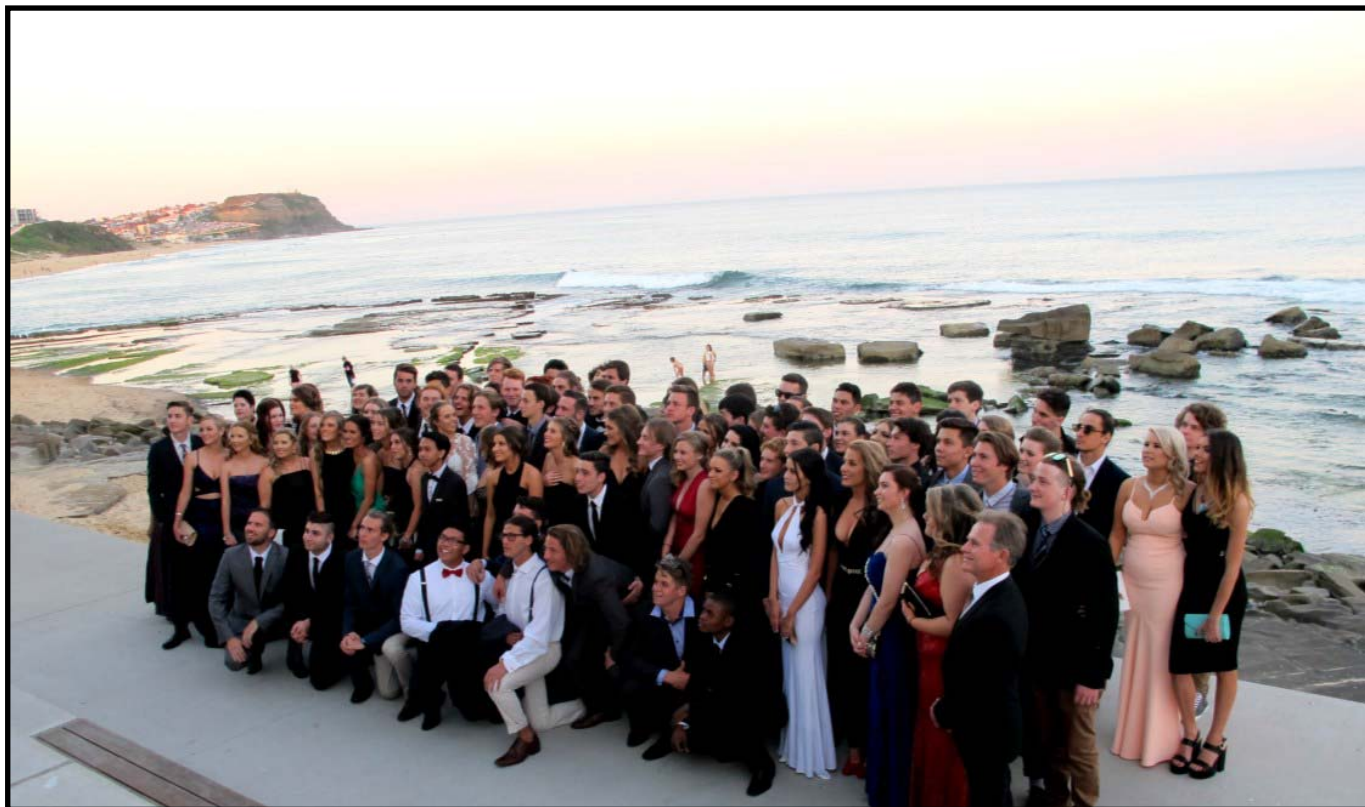
**Steve Prior**  
**TAS Faculty**

# Careers

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2016 is already shaping up as a busy and eventful year. Thank you to the many businesses, organisations and individuals who volunteered their time to assist our students last year in training and work experience. A number of students are engaged now in new TVET courses at TAFE or at Newcastle High School.

## **Year 12 - 2015 Post-School Destinations**



There were 100 students who completed the HSC in 2015 and of these 72 students were eligible for an ATAR, with 51% being offered a place in a university degree through the University Admissions Centre (UAC) or overseas. Most offers came from the University of Newcastle, however, 5% decided to study at other universities in NSW and 2% are continuing their studies overseas. An additional 10% of students have enrolled in the Newstep Enabling Program at University of Newcastle and at other NSW universities.

Congratulations to all students on their individual achievements and on an excellent overall result. sixteen students achieved marks in the top Band 6 percentile, while another 75 students achieved Band 5 results. As well as those opting for higher education a number of our HSC students have gained apprenticeships in the building, engineering, hospitality and other service industries. In 2015, five Year 12 students, undertook School Based Traineeships in Retail, Aged Care and Fitness and Coaching. Other students have gained full time and part time employment, traineeships or entry to a TAFE/private college certificate or diploma course or entry to the Australian Defence Forces this year. We wish the 2015 Year 12 cohort success in achieving their goals.



# Careers

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## **Tax File Number Application Information**

A tax file number is a unique nine-digit number issued to administer tax when undertaking paid work. The process for obtaining a tax file number changed in 2015. Students now complete an online application form, print off the summary and then visit (within thirty days) a selected post office with their original documents and printed summary that verifies their identity. Website [www.ato.gov.au](http://www.ato.gov.au) then click “Apply for TFN” and follow the prompts.

Only selected local participating post offices process Tax File Number applications: Newcastle PO (1 Market Street), Charlestown PO (46 Pearson Street) and Raymond Terrace PO (Lakeside Village, 80 Benjamin Lee Drive). A booked interview at the selected post office may be required - phone 131318.

## **White Card Course**

Well done to those students in Years 9, 10, 11 and 12 on gaining this qualification. There will be a number of White Card courses run during the year depending on demand. The White Card course is needed for all students undertaking work placements or work experience in the building industry. It is also highly recommended for the metal trades to ensure students are safe in the workplace. White Card courses are run at the school each semester, at a cost of \$80 per student. Students eligible to undertake this course are usually in Years 9 – 12. Interested students should see Mr Alexander.

## **Year 10 Work Experience**

The Year 10 Work Experience program is open to all Year 10 students. Students are encouraged to take advantage of this great opportunity and learn through experience about a career that interests them. For further information contact Mr Alexander.

## **Communication**

Students will be informed about career opportunities through their school email, on assembly, through this newsletter and via parental email. “CTL Weekly Jobs & Training Ads” are emailed to all Year 10, 11 and 12 students on a weekly basis, while the “Newcastle HS Careers News” is emailed once a term. Also check the careers noticeboard and listen to assembly careers notices. Students are always welcome to visit the Careers Room in B Block if they have any questions relating to careers.

**Chris Alexander**  
**Careers Advisor**

# Sport Faculty Report

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2015 House Champions:  
Richards—represented by Zoe Miller and Patrick Langlois



Congratulations to our 2016 House Captains:

**Clark** Captains: Matilda Brame and Thomas Biddle, **Fearnley** Captains: Gilbert Harabakunzi and Savannah Figgett  
**Richards** Captains: Felix Pritchard and Poppy Olsen and **Watt** Captains: Anastasia Sager and Daniel Sutherland

## Sport Report

A busy start to the sporting year at Newcastle High School, with many teams having begun training and some having already played in CHS knockouts.

The school and zone swimming carnivals have been completed with thirteen students selected to represent the Hunter at the state CHS swimming championships later in the year. Next year we will have a whole school carnival and look forward to high involvement from all students.

Swimming Age Champions: Girls 13 years Jenna Johansen, 14 years Brooklyn Perry, 15 years Charlotte Parsons, 16 years Natalie Cox (also zone age champion) 17 years Madeleine King. Boys 13 years Beau Dwyer, 14 years Lachlan Brown, 15 years Joshua Wynne, 16 years Kyle Ferguson, 17 years not awarded.

Thanks to Mr See for co-ordinating the swimming carnival this year.

The open boys basketball team played their opening round match against Kotara High going down 44-27. Best on the day were Curtis Montgomery and Oscar Cooper-Johnson.

The open girls basketball team fared a little better defeating Cardiff High School 38-34 in their first round match. Molly Crook and Bronte Naughton were exceptional in defence in a good all round team effort. Thanks to Mr Oprea for coaching the sides.

Jordy Toby represented the Hunter open boys cricket team in the CHS state championships in Sydney and some great performances from the team led them to becoming state champs against some more fancied rivals.

*J Lyden*  
*Sports Organiser*



# Sport Faculty Report

Congratulations Sage and Heath on your kart racing success. Sage placing 1st and Heath 2nd in their respective divisions, at the recent Tamworth Club Race Day.





# Sport Faculty Report

## KNOCKOUT COMPETITIONS – 2016

Sport	1 <sup>st</sup> round to be played by:	Week	Teacher
Rugby Union	TBA	TBA	Mr Carswell
Football – Girls U/15 (Bill Turner Trophy)	TBA	TBA	Mrs Sager
Soccer – Boys U/15 – Bill Turner Cup	TBA	TBA	Mrs Wells
Rugby League – Knights K/O	TBA	TBA	TBA
Oz Tag	TBA	TBA	TBA
School Cross Country Carnival	TBA	TBA	Mr Lyden
School Swimming Carnival	10.2.16	Week 3, Term 1	Mr See
Surfest	25.2.16	Week 5, Term 1	Mr Prior
Golf – Hunter Stroke Play/Match Play	29.2.16	Week 6, Term 1	See Mr Lyden (Noms due 19.2.16)
Basketball – Boys Open – Craig Shield	4.3.16	Week 6, Term 1	Mr Oprea
Basketball – Girls Open	4.3.16	Week 6, Term 1	Mr Oprea
Cricket – Boys U/14 – Baker Shield	7.3.16	Week 7, Term 1	Mr Doherty
Netball – Girls Open (Zone Gala Day)	9.3.16	Week 7, Term 1	TBA
Cricket – Boys Open – Jim De Courcy Shield	11.3.16	Week 7, Term 1	Mr Hewitt
Tennis – Girls Open – Floris Conway Cup	15.3.16	Week 8, Term 1	Mrs Dennis
Football – Boys Open	18.3.16	Week 8, Term 1	Mr Main
Tennis – Boys Open – Stan Jones Trophy	18.3.16	Week 8, Term 1	Mrs Dennis
Touch Football – Boys Open	24.3.16	Week 9, Term 1	Ms Harris
Touch Football – Girls Open (Zone Gala Day)	27.3.16	Week 9, Term 1	Ms Harris
School Athletics Carnival	31. 3.16	Week 10, Term 1	Mr Oprea
Rugby League – Buckley Shield U/14	6.4.16	Week 11, Term 1	Mr See
Rugby League University Shield (Open)	7.4.16	Week 11, Term 1	Mr Lyden
Hockey – Boys Open	29.4.16	Week 1, Term 2	Mr Crichton/Mrs Wells
Football – Girls Open	13.5.16	Week 3, Term 2	TBA
Hockey – Girls Open	13.5.16	Week 3, Term 2	Mrs Dennis
Aust. Football – Boys U/15 Swan Shield	15.6.16	Week 8, Term 2	Mr Doherty
Basketball – Girls U/15	12.8.16	Week 4, Term 3	Mr Oprea
Basketball – Boys U/15	12.8.16	Week 4, Term 3	Mr Oprea
U/15 Netball	3.11.16	Week 4, Term 4	Mrs Longobardi

Students will only be allowed to represent in these teams if they satisfactorily attend and participate appropriately in their school sport periods and behave in a manner which is appropriate and acceptable in all areas of the school.

# Sport Faculty Report

If interested in attending the trials to be selected in a

## HUNTER REGION SPORTING TEAM

You must see Mr Lyden  
prior to the notification date

**Term 1 - 2016**

SPORT	DATE OF TRIAL	VENUE	See Mr Lyden Notification Date
Boys Volleyball	Friday 19/2 (week 4)	Newcastle Basketball Stadium	Monday 15/2
Boys and Girls Diving	Tuesday 23/2 (week 5)	Lambton Pool	Monday 22/2
Girls Volleyball	Thursday 25/2 (week 5)	Newcastle Basketball Stadium	Monday 21/2
Boys U/16 Touch	Friday 26/2 (week 5)	Lakeside Raymond Terrace	Wednesday 24/2
Girls U/16 Touch	Friday 26/2 (week 5)	Lakeside Raymond Terrace	Wednesday 24/2
Boys and Girls Golf	Monday 29/2 (week 6)	Toronto Golf Club	Friday 19/2
Boys Basketball	Wednesday 9/3 (week 7)	Maitland Basketball Stadium	Friday 4/3
Girls Basketball	Tuesday 15/3 (week 8)	Maitland Federation Centre	Friday 4/3
Boys and Girls Swimming	Selected from Zone & Regional Championship		Selected at school carnival
Rugby League U/15 Zone Trials – Must attend this trial to qualify for Regional trial Wednesday 26/3	See Mr Lyden TBA		Hunter Region - Lakeside Complex - Raymond Terrace
Australian Rules Football (15 and under)	Tuesday 15/3 (week 8)	Tulkaba Park, Teralba	Friday 11/3h
Boys Football (Soccer)	Wednesday 16/3 (week 8)	Hunter Sports High Gateshead	Wednesday 11/3
Girls Football (Soccer)	Thursday 17/3 (week 8)	Adamstown Rosebud grounds	Friday 11/3
Boys and Girls Water Polo	Thursday 17/3 (week 8)	Lakeside – Raymond Terrace	Monday 14/3
Girls Netball	Friday 18/3 (week 8)	National Park	Wednesday 1/3
Rugby League (Regional) U/18's	Wednesday 23/3 (week 9)	Lakeside – Raymond Terrace	Monday 7/3
Boys and Girls Hockey	Tuesday 29/3 (week 10)	Hockey Centre Broadmeadow	Friday 18/3
Boys Rugby Union	Wednesday 30/3 (week 10)	Dangar Park Mayfield	Thursday 24/3
Girls Open Touch	Friday 1/4 (week 10)	Lakeside – Raymond Terrace	Monday 28/3
Boys Open Touch	Friday 1/4 (week 10)	Lakeside – Raymond Terrace	Thursday 24/3

# Sport Faculty Report

If interested in attending the trials to be selected in a

## HUNTER REGION SPORTING TEAM

You must see Mr Lyden  
prior to the notification date

**Term 2, 3 and 4 - 2016**

**NOTE:** All events are **OPEN** unless specified.

	SPORT	DATE OF TRIAL	VENUE	See Mr Lyden Notification Date
Term 2	Boys and Girls Squash	Monday 2/5 (week 2)	Cardiff Squash Courts	Tuesday 27/4
	Lawn Bowls	Tuesday 17/5 (week 4)	Wallsend Bowling Club	Friday 6/5
	Boys and Girls Cross Country	Selected from Zone 1 May (week 4) and Regional Carnival (Newcastle Racecourse) 9 May (week 2)		
	Boys and Girls Artistic Gymnastics	Thursday 26/5 (week 5)	Gateshead Indoor Sports Centre	Friday 13/5
	Girls Tennis	Tuesday 21/6 (week 9)	District Park Courts	Friday 17/6
	Boys Softball	Thursday 23/6 (week 9)	Stevenson Oval Mayfield West	Tuesday 14/6
	Boys Tennis	Tuesday 28/6 (week 10)	District park Broadmeadow	Friday 24/6
	Trampoline	Thursday 30/6 (week 10)	Belmont High	Friday 24/6
Term 3	Boys and Girls Athletics	Selected from Zone and Regional Carnival		
Term 4	Boys Baseball (to compete in 2017)	Wednesday 16/11 (week 6)	Stevenson Oval Mayfield West	Friday 11/11
	Girls Softball (to compete in 2017)	Wednesday 23/11 (week 7)	Stevenson Oval Mayfield West	Monday 21/11
	Girls Cricket (to compete in 2017)	Thursday 24/11 (week 7)	Ford Oval New Lambton Cricket Oval	Monday 21 <sup>11</sup>
	Boys Cricket (to compete in 2017)	Thursday 1/12 (week 8)	Maitland Indoor Cricket Centre	Monday 14/11

NB: Students will only be permitted to represent in a Regional Team if they behave in a manner which is appropriate and acceptable in all areas of the school.

**Nicole Blatchford**

**Head Teacher PD/H/PE (Rel)**



# Student Wellbeing

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## Uniforms

Please Donate!

If you have uniforms at home that you have outgrown, please consider donating them to the school. The school's Wellbeing team is always on the look out for uniforms of all sizes. Please drop off any items to the front office. You will be greeted with a smile and a huge thank you!

## Student Wellbeing

Our students are supported by a variety of staff and we value parent/carer input into ensuring your child has a positive and rewarding experience at high school.

If you have any concerns or queries regarding your child's wellbeing please contact their Year Advisor.

Years 7	Mr Christian Carswell (English)
Year 8	Mr Martyn Skinner (IA) Ms Jessica Melehan (English)
Year9	Ms Deanna Longobardi (Science) Mr Craig Main (Support)
Year 10	Ms Joanne Myers (English) Ms Glenyce Oswald (English)
Year 11	Mr Guy Hewitt (English) Ms Karen Hines (FATTS)
Year 12	Mr Andrew Doherty (Science) Ms Bronwyn Lidden (Science)

The school has additional staff who may assist you with specific concerns and the Year Advisor will direct you to these staff as required.

**Miss Amy King** - School Support Officer (Amy is our Youth Worker who runs small group programs and guides students in making positive choices)

**Mr Terrence Sheetrum** - School Counsellor

**Miss Quinn Robertson** - Head Teacher Wellbeing (Rel.)

## Year 7 Transition

What a great start to High School! Year 7 have arrived at Newcastle High School and have shown what an amazing group they are. Teachers have reported how positive, engaged and on task the group have been. Already students have received GOTCHAs for demonstrating our PBL values of Respect, Responsibility and Participation.

Looking forward to a positive 2016.

**Quinn Robertson**

**Head Teacher Wellbeing (Rel)**

# Student Support

## Doyalson Mud Run

In December 2015 students from the support classes and selected senior students were invited to participate in a Mud Run at Doyalson as part of a teamwork initiative.

Students tackled the 5km course filled with mud pits, climbing frames, balance beams, cargo net climbs, vertical tyre walls and monkey bars with gusto. Students (and staff) climbed, swam, jumped, fell, ate dirt and lost shoes for over 2 hours then showered and enjoyed a BBQ lunch.

While this was a challenging day, NHS students exhibited exemplary teamwork and sportsmanship skills. Staff were most impressed by the 'have a go' attitude the students displayed and their willingness to help others so that everyone achieved personal success on the day.

Big thanks to the Mud Run staff and Newcastle High School staff who organised and accompanied the students on the day. Fingers crossed, this is an excursion that continues for many years to come!

*Ms*





# PBL Report

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## **PBL Pool Reward Day**

Congratulations to the students selected to attend the PBL Rewards Day at Lambton Pool.

The weather was sensational and everyone enjoyed cooling off in the pool with a diving competition and a game of H2O volleyball.

Many thanks to the staff who attended and organised this excursion and the students who represented NHS with pride.

***Ms Khym Harris***

***Head Teacher Special Education (Rel)***





# Student Report

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I want to start by welcoming all staff and students back after the holidays. A very big welcome to Year 7 and new students who started with us this year, I hope you enjoy your time at Newcastle High School.

I thought I could give new students some tips as part of my article, to help them adjust to life at our great school.

The important thing first is my canteen recommendations. As I write this today, I had a hot dog for lunch and I must say it was very good. When I feel like a more healthy option I always go for the teriyaki chicken sushi roll, they are delicious. During the hot weather a zooper dooper is always refreshing and they are only 50c. The other thing about the canteen I need to mention are the ladies that work there. They have been working at the school for a long time and do everything they can to help us, so make sure you are nice to them.

Another thing that is important to us is making sure that our school looks good. We have a lot of bins located all over the school so it is really important that we all use them. Our school is located in the middle of a very busy part of Newcastle so it's important that when people look in to our school they can see that we respect the environment and our school, so please make sure your rubbish goes in the bin.

Our school is quite big and I remember it took me a while to find my way around. If you are unsure of where to go make sure you ask someone as I know everyone would be willing to help. I always remember the buildings by knowing the front office building is Block A and the blocks go around in a clockwise direction, so Block B is next then C, etc.

I am a little jealous that Year 7 go on camp this year as I remember it being really fun. It's a chance to get to know everyone and you get to participate in a range of activities, many that I hadn't done before. Make sure you get plenty of sleep because I remember the cabin next to ours was pretty loud and stayed awake and they were too tired to enjoy the activities the next day.

The athletics carnival is coming up and I'm really looking forward to it. It's a great day and we get to dress up in our house colours and cheer everyone on. The thing I look forward to the most is the teachers race, it's pretty funny.

I would like to finish by asking all students and/or parents to let me know if you have anything in particular you would like me to write about in upcoming *Parkways*. I want to give a student's perspective on all things that happen around the school.

**Oscar Baltussen**

**Year 9**

## **Jacob digs up, rakes over past for us all to see** (an excerpt from *Lambton Local*—March 2016 Edition)

"When Jacob Ure stumbled upon a piece of World War 11 ammunition at a Newcastle Beach, a little over two years ago, a passion for relic hunting was ignited. Since then Jacob has progressed through three metal detectors, uncovered a huge collection of artifacts and keepsakes from years gone by, and earned himself the respect and admiration of the metal detecting fraternity across Australia. You can follow Jacob's detecting exploits at his 'Digging Australia' Facebook page, on Instagram @ Digging\_Australia and even catch the weekly show on his 'Digging Australia' YouTube channel."

Jacob (Year 9) has also used his detecting skills, after school at Newcastle High School, finding interesting objects in the school grounds.



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By Miss Karlie



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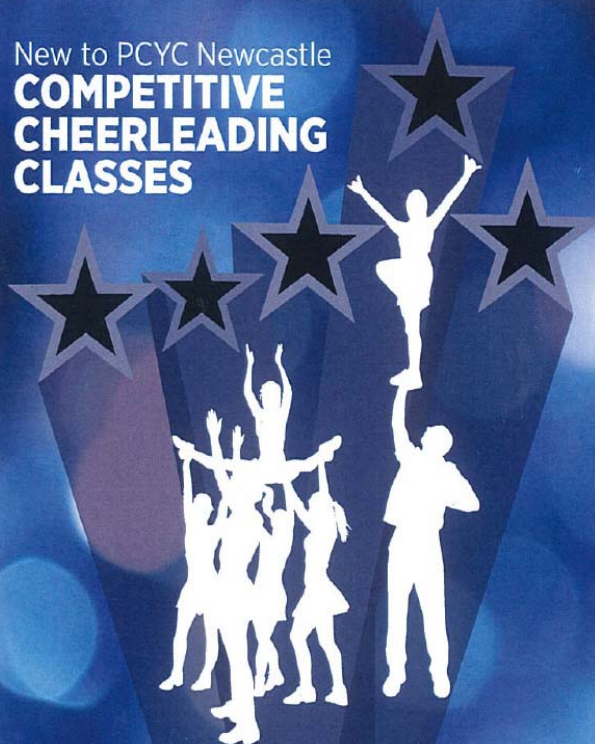
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*Hope to see you dancing!*

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