

# The Parkway



**March 2015**  
**Edition No. 02**

## PRINCIPAL'S REPORT

Term One is always extremely busy as the start of the year requires a lot of processes to be established within the school community. One of these processes is the Parents and Citizens Annual General Meeting, held on Monday, 9 March.

The new P&C executive is:

President- Kylie Bennetts

Secretary- Susanne Cafe

Canteen Coordinator/Second Vice President- Robyn Jones

Canteen Secretary- Mary Alford

Finance Committee Rep- Karla Karinen

Vice President- Ruth Conroy

Treasurer- Karla Karinen

Canteen Treasurer- Leanne Howarth

Out of Zone Rep- Kylie Bennetts

On behalf of the school community I would like to thank all of the parents who give up their time to contribute to our school, especially the people who have taken on executive roles. A special mention must go to the outgoing President Melissa Milton, Vice-President Christine Bruderlin and Canteen Coordinator Jacqui Collin. Thank you for your contribution and dedication to making Newcastle High School such a great school. The school is looking forward to carrying on the legacy you have left with the new and existing members of the current executive.

As Term One quickly disappears I would like to highlight some amazing individual student achievements so far this year. I would like to congratulate: Leroy Bartlett, Hayden Thompson and Jaeger Collins who have all been selected in the NSW Combined High Schools rugby team to tour South Africa. It is an amazing effort to have one student picked in this squad, for the school to have three selected is an outstanding reflection of the students' dedication and the support they receive from their families, local clubs and Mr Carswell here at school. Timothy Studdert has been selected in the NSW Combined High Schools First XI cricket team. Tim is currently competing in the All Schools Championships in Tamworth and has been invited to tour England as part of this team. At the NSWCHS carnival, Tim was named player of the carnival. Previous award winners included Adam Gilchrist and Phillip Hughes. To support these four students and their families, a trivia night has been organised for Monday, 23 March from 6:30-8:30pm. See Page 5 of this edition for more details. I encourage everyone to come along to celebrate and support these wonderful achievements.

Poppy Olsen is another student I would like to congratulate. She recently won the senior girls division in the Hurley Australian Bowl Skateboarding Championships. Poppy and her brother Banjo are new to Newcastle High School and I would like to take this opportunity to highlight some of Poppy's achievements. Poppy was selected to tour with the Tony Hawk and Friends Vert Jam at the Australian Grand Prix, Melbourne and has won a number of World Cup of Skateboarding titles around the world. Poppy was invited to speak as part of a TedXTalk at Ultimo. You can see and hear Poppy at [https://www.youtube.com/watch?v=XwGjLjI\\_HJM](https://www.youtube.com/watch?v=XwGjLjI_HJM). I'm sure we will hear more about Poppy and her achievements.



On Friday, 20 March the school will be celebrating Harmony Day with a variety of activities. Harmony Day celebrates Australia's cultural diversity. It's about inclusiveness, respect and a sense of belonging for everyone. Amy King has organised a wonderful day with cultural dance groups from Callaghan College, Waratah Campus and Wadalba Community School performing on the day. There will also be a variety of cultural food stalls for students to try.

Positive Behaviour for Learning (PBL) remains a focus for the school throughout 2015. In Week 3 of this term Year 7 won a pop-up reward for their wonderful start to the year. Each student received a cup of yoghurt which was donated by Yogurtland at Marketown. There will be another pop-up reward later this term for the year group that has displayed the core values of respect, responsibility and participation as voted by the staff. A big thank you to Samantha Worth the Franchisee at Yogurtland Marketown for her continued support.

**Nathan Towney**  
**Relieving Principal**



# LOTE: Languages Other Than English

LOTE is the smallest but still very vibrant faculty at Newcastle High School, led by two passionate teachers: Ms Meredith Engel and Ms Leonie Wasson.

At Newcastle High School, two foreign languages are presently on offer for study; Japanese and French.

## YEAR 7

All students must complete 100 hours of foreign language study according to the requirements for NSW students as set out by the Board of Studies Teaching & Educational Standards of NSW. Set out below is the program for this year's Year 7 classes:

### 7 Civic, 7 Mitchell, 7 Empire and 7 Nesca - Japanese

Students study the Japanese writing script of Hiragana and learn to recognise the Katakana and Kanji scripts also. They also study from the Text "Hai!" and its companion workbook, doing simple reading, writing and listening exercises in Japanese. Students are asked to pay \$15.00 at the student office to purchase a "Hai!" workbook. A yearly calendar of Japanese festivals is followed and students also explore and learn about various aspects of Japanese culture, including: origami, songs, anime, martial arts, religion etc. A June excursion to the Sydney Japanese School is a highlight of the year!

### 7 Gregson, 7 Parnell, 7 Burwood – French

Students are using the Text "Touche" and should have purchased the companion workbook to used in class for \$15.00 from the student office . Topics include : simple introductions of self and others, my family , my home and neighbourhood, my pets. Students are tested on the four skills of reading, writing, listening and speaking. French culture, history and geography are also studied. Students learn about La Fete Nationale (Bastille Day) and other important festivals on the French calendar.

## Elective subjects in LOTE

Students in Year 8 may study French culture and/or Japanese as an elective course for one semester. Work from Year 7 is briefly revised so it is possible for students to begin the language in Year 8, even if they were unable to study that particular language in Year 7.

Every year Japanese and French are offered as two year elective subjects in Years 9 and 10. This year Japanese study is progressing in Year 9 elective class as they begin to learn the new scripts of Katakana and Kanji. They have all perfected a self introduction in Japanese and are learning to communicate about various topics such as likes/dislikes, food, meals, time, hobbies, pets, family etc.

## YEAR 11 and 12

In the senior years, it is possible to do either French Beginners or Japanese Beginners. These courses are available to students who did not choose the language as an elective in Year 9 or 10. They are 2 unit courses for the HSC examinations and students complete the courses with a workable knowledge of the language and the ability to converse in various useful everyday situations. HSC language courses receive bonus points for admission to many universities. At Newcastle University, 2 bonus points are awarded for students achieving a Band 5 or 6 in Beginners French or Japanese.



# LOTE: Languages Other Than English

## Overseas Excursions

Every two years we arrange a ten day school excursion to Japan for students enrolled in Years 8-11. We are due to travel to Japan again in September, 2016.

There are also opportunities each year for students to travel to France or New Caledonia with excursions organised by NAFT (NSW French Teachers Association) of which Ms Engel is a member. Please see Ms Engel.

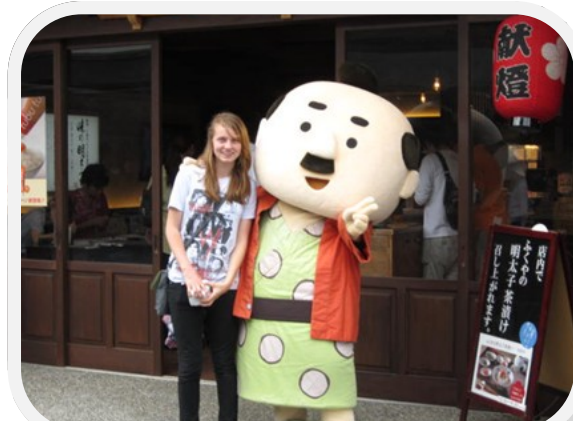
NB: Students and parents/carers should be aware that students are invited to participate on all our overseas trips after they have completed an application. Students must demonstrate their record of respect, responsibility and participation at school and show themselves worthy of representing Newcastle High School and Australia while overseas.

## Ube–Newcastle Cultural Exchange Speech Competition

Every year students enrolled in a Year 9 or 10 Japanese course have the chance to participate in the Ube–Newcastle Cultural Exchange Speech Competition.

If successful, four students from Newcastle high schools win the chance to travel to Newcastle's Japanese sister city of Ube in September to participate in a Home Stay program with a Japanese family, attend a Japanese school and do sightseeing. This program is sponsored through the generosity of the Ube branch of the Ube-Newcastle Friendship society. All airfares, accommodation, meals and transport are included.

Please see Ms Engel if you are interested in entering the 2015 competition.



## Hosting Exchange Students

As you are no doubt aware, Newcastle has a longstanding Sister City relationship with the city of Ube, Japan. In fact, 2011 marked the 30<sup>th</sup> Anniversary of this exchange between our two cities.

Newcastle High School, in conjunction with Newcastle City Council, will host a group of students from Ube for one week in Term 3 this year. If you are interested in providing home-stay for a Japanese student please, contact Ms Engel. Hosting is a wonderful cultural experience for any family and past students have kept strong ties with the students they



## Attention:

### All families interested in hosting an exchange student!

We are looking for families for three French students between the ages of 14 and 17 years, for Term Three.

The exchange students arrive in Newcastle in early July, will stay with their host family for the holidays and will then attend school with their host friend until the beginning of August.

If you are interested in hosting one of these students please see Ms Engel or contact the organiser direct at: [lauredelacondamine@yahoo.fr](mailto:lauredelacondamine@yahoo.fr)



# Welfare

Another amazing year at Newcastle High School! This year, I have taken on the role as Head Teacher Welfare, whilst Mrs Sager takes time off for the birth of her first baby. We are very excited for her and wish her well for the busy year she has ahead.

The welfare of your child is paramount at Newcastle High School and we have an extensive team of support staff who can assist you with some of the situations that arise over the teenage years. Each Year cohort has two Year Advisors who should be your first contact for information relating to your child's wellbeing.

## Our Year Advisors are:

Year 7 –	Ms Jessica Melehan & Mr Martyn Skinner
Year 8 –	Ms Deanna Longobardi & Mr Craig Main
Year 9 –	Ms Joanne Myers & Ms Glenyce Oswald
Year 10 –	Mr Guy Hewitt & Ms Karen Hines
Year 11 –	Mr Andrew Doherty & Ms Bronwyn Lidden
Year 12 –	Mr Sam Crichton & Mr Andrew Guinane

Please note: Staff members are not always available to answer your calls immediately. Please leave a message with administration staff and your call will be returned as soon as possible.

Additional support is offered by our School Support Officer, Miss Amy King. Amy is a youth worker who has many links to community supports and external agencies. Amy is available for discussion with parents and students by appointment, and is available for students throughout the school day. She has great comfy lounges and is always ready for a supportive chat.

We have a School Counsellor on site throughout the week who is able to assist students with more complex needs and offer specialist support. The School Counsellor is available by appointment only. To make enquiries regarding an appointment time, please contact administration.

Our school Chaplain works on Tuesdays and Fridays. Mrs Chris Jones works with students, families and community organisations to support students in a holistic manner. Chris has an appointment book in the student office for students to make appointments to see her. Chris is also able to contact parents/carers to provide additional assistance.

The school's Welfare Committee and a Learning Support Team meet weekly. Students with additional needs, such as a mental health, learning support, behavioural needs and many other concerns are able to be supported to engage positively with education to achieve personalised meaningful outcomes.

Throughout the year, students at Newcastle High School will be involved in many welfare activities, welfare lessons (Years 7 and 8) and whole school welfare days to ensure they feel valued as students of Newcastle High School.

If you need any further advice or assistance please feel free to contact me during school hours.

**Quinn Robertson**  
**Relieving Head Teacher Welfare**

## Sports Uniform Reminder:

On allocated sports days, students are to wear their Sports Uniform for the whole day.

Students are to bring their sports uniform to change into for practical PE lessons, as identified on their timetable.



## Footwear Requirements:

### Acceptable School Shoes:

The school expects that students wear closed in leather, lace-up style shoes. They must cover the top of the foot and have a small heel. Acceptable school shoes includes the following styles:



### Unacceptable School Shoes:

Students **MUST NOT** wear skate shoes, black soft 'ballet' style shoes, open styled 'Mary Jane' shoes, canvas shoes or any similar. Unacceptable school shoes includes those shown below:



# Welfare

## KICKSTART

All students in Years 7-12 have the opportunity to access support on a weekly or as needs basis through our **KICKSTART** program. Students can seek assistance with class work, assessment tasks or reading. Students can self-refer or parents/caers and teachers can contact one of the Learning and Support Teachers, Mrs Durie or Ms Robertson, to arrange for a student to attend. Students should collect a blue form from Mrs. Durie's door in the Library and have it signed by the teacher whose lesson will be missed in order to attend the program. Blue forms should be handed in, on or before Thursday.

**KICKSTART** operates all day every Friday in the Tutor Room upstairs in the Library and is supervised by Mrs.Durie, Ms.Robertson and our two volunteer tutors. We would welcome any new parents/carers who may be interested in becoming a volunteer tutor!

## YEAR 7 TOOLBOX

The Learning and Support Team have created a booklet to support Year 7 in their first year of high school. The booklet will be of great assistance to many parents/carers when helping their child with homework and completion of class work. The booklet contains a vocabulary list for every topic covered in Year 7, a range of scaffolds to support writing as well as some basic literacy and numeracy skills that will be useful in supporting students with additional learning needs. Many of the scaffolds may also be helpful for other year groups. The booklet will soon be available on the Moodle home page.

You do not need a password to access this area.

Please contact the Welfare Team if you have any questions regarding this resource.



## FIRST AID REMINDER

We would like to draw your attention to the following points regarding First Aid at Newcastle High School:

- 1) Students must present the **student office** if they feel unwell during the school day. Administration staff and/or the First Aid Officer will take responsibility for the duty and care/ first aid of students presenting with an illness or injury. Depending on the circumstance, parents/carers will be contacted by administrative staff (not their child). Students **should not** contact their parents/carers to arrange to leave school due to illness or injury
- 2) The school **does not keep any medication** (including panadol, paracetamol, aspirin etc.) **on premises** and are unable to administer prescribed medication to students without written consent from parents/carers/medical practitioner.



## NHS Trivia Night

### "Get your geek on"

**Monday March 23 Wk 9**  
**@ the NHS Cultural Centre**  
**Bbq from 6pm**  
**Trivia and prizes 6:30-8:30pm**

**Teams of 8-10 people**  
**\$10/head to front office**  
**Register Team Names with Mr Carswell asap**  
**christian.carswell@det.nsw.edu.au**



# Careers

## Australian Defence Force Careers Information

Twenty students from various years participated in the ADF presentation recently at school. This informative talk provided students with up-to-date information about joining our armed forces and the opportunity to ask questions of the presenters.

Further news about events and information sessions organised by ADF recruiting will be sent to student email accounts throughout the year. Booklets and brochures are available at the Cottage Careers Room.

## Tax File Number Applications

A tax file number is a unique nine-digit number issued to administer tax when undertaking paid work. There is a new process for getting the tax file number! Students complete an online application form, print off the summary and then visit (within 30 days) an Australia Post Office outlet and have your identity verified. Apply and visit

[https://www.ato.gov.au/Individuals/Ind/Apply-for-a-TFN-on-the-web/?fb\\_locale=es\\_LA](https://www.ato.gov.au/Individuals/Ind/Apply-for-a-TFN-on-the-web/?fb_locale=es_LA)

Proof of Identity documents found at

[https://www.ato.gov.au/Individuals/Ind/Apply-for-a-TFN-on-the-web/?anchor=Proof\\_of\\_identity#Proof\\_of\\_identity](https://www.ato.gov.au/Individuals/Ind/Apply-for-a-TFN-on-the-web/?anchor=Proof_of_identity#Proof_of_identity)

## Senior NHS Horticulture Course and Garden Gym Project

This year's TVET Horticulture class has been working hard to finish the garden gym project, under the direction of TAFE teacher Paul Lane. The group has achieved the construction an attractive and useful landscaped gym area which will serve the school for many years to come. Some students are undertaking the 4 unit course while others continuing from last year are completing the 2 Unit extension course. Jordan Rimmington, who has been enrolled in the course from the start of last year, has just successfully gained a full time apprenticeship with Port Stephens City Council, while Caiden Brown has gained a School Based Traineeship in warehousing with Reece Plumbing, whilst continuing with horticulture in Years 11 & 12.

We wish all our horticulturists well this year.



# Careers



## Year 12 Class of 2014 Post-School Destination Data

Of the 122 students who completed the HSC in 2014, forty percent were offered a place in a university degree through the University Admissions Centre (UAC). Congratulations to the year group, for this outstanding result. Most offers came from the University of Newcastle but eight percent were to study at other universities. Eighty-two percent of the group undertook an ATAR pathway. This figure does not account for the three percent studying interstate or overseas in 2015. An additional ten percent of students have enrolled in the Newstep enabling program at University of Newcastle.

In addition to those opting for university study a number of our senior students have gained apprenticeships and cadetships in a highly competitive labour market. Congratulations Nathan Hills (Electrical), Reece Gladys (Engineering) Jacob Morrow (Carpentry), James Chaffey (Carpentry), Riley Dorman (Carpentry), Jon Debono (Engineering) and to the many other students who have gained employment, traineeships, apprenticeships or gained entry to a TAFE certificate or diploma course this year. We wish the 2014 Year 12 cohort success and happiness in the future.

## 2015 Year 12 Welfare Day - *Life after the HSC*

Year 12 students recently participated in seminars related to future career options. Students surveyed university and TAFE pathways, scholarships, bonus points, alternative entry schemes and other topics.

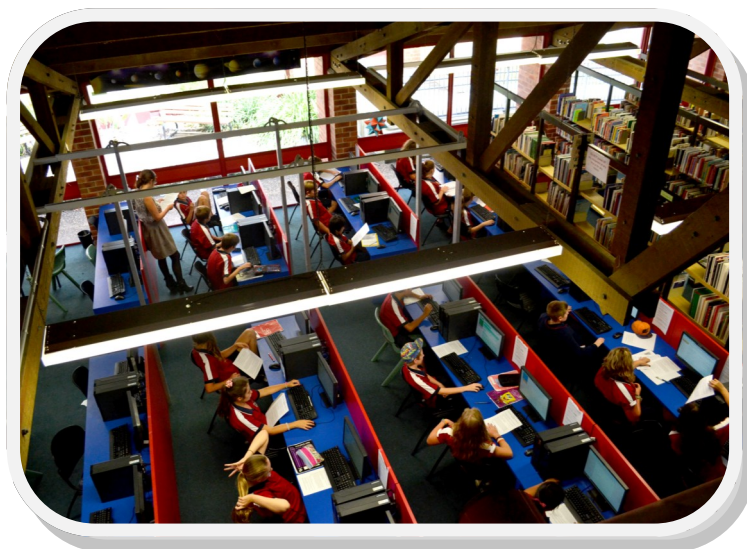
An electronic file containing relevant hyperlinks was sent to all Year 12 students and may be of particular interest to anyone who missed the seminar.

## White Card Course Term 1

Well done to students in Years 10, 11 and 12 on gaining this qualification.

There will be other White Card courses run during the year for students in Year 9 or for others who missed this course.

**Mr Chris Alexander**  
Careers Adviser





# Sports Update

## Representative Sport

Mrs Blatchford and Mr Wagner will be co-ordinating the NSW CHS Knockout Teams, Zone Gala Days and Hunter Region Representative Trials again this year. At this stage of the year there are only a few sporting results to report.

We have included in this bulletin a list of the NSW CHS Knockout Competitions that Newcastle High School will be entering in 2015 and the teachers who will be coaching these teams. We have also included information on the trials for Hunter Region Sporting Teams.

City Zone has a number of gala days that are played throughout the year. They offer the opportunity for our students in Years 7-9 to compete against other zone schools and represent Newcastle High School.

All of the above information is conveyed to the students via the red noticeboard outside the PDHPE Staffroom and at the weekly school assemblies. Students who play in these teams or attend Hunter Region Trials are expected to see their teachers to catch up on missed school work.

Students will only be permitted to represent in a school or regional team of they behave in a manner which is appropriate and acceptable in all areas of the school. Any enquiries can be directed to Mr Wagner or Mrs Blatchford at the PDHPE Staffroom.

## Newcastle High School Swimming Trials - 2015

The schools swimming trials were held at Stockton Pool on Wednesday 11 February. Fifty-six competitors took to the water and trialled to qualify to represent the school at the City Zone Carnival which was held at Stockton Pool on Thursday, 19 February. The NHS Age Champions for 2015 are:

Age Group	Girls	Boys
12 Years	Not Awarded	Lukas Frangos
13 Years	Cherish Wilson	Guy Hetherington
14 Years	Sophie Watson	Robert Stanley
15 Years	Natalie Cox	Kyle Ferguson
16 Years	Anna Easman	Kane Ramplin
17 Years	Kirra Zieleman	Not Awarded

Twenty-five students qualified to attend the Zone Carnival and a good day was had by all. Special thanks to the Year 10 girls who volunteered to be officials for the day.

## Zone Swimming Carnival

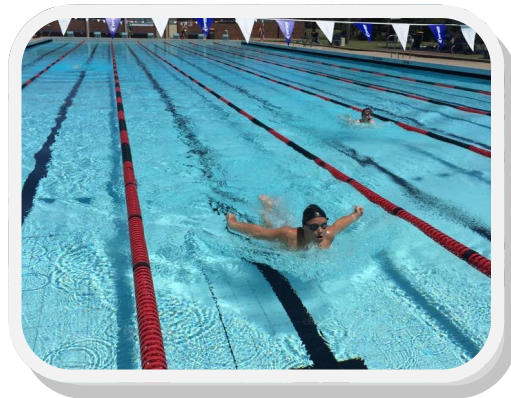
Congratulations to the following students who had success at the City Zone Swimming Carnival on the 19 February at Stockton Pool. These students have qualified to represent

<b>Cooper Blumel (Year 7)</b>	<b>Lachlan Brown (Year 7)</b>	<b>Guy Hetherington (Year 7)</b>
<b>Lukas Frangos (Year 7)</b>	<b>Patrick Johansen (Year 8)</b>	<b>Cherish Wilson (Year 8)</b>
<b>Natalie Cox (Year 9)</b>	<b>Monique Collin (Year 10)</b>	<b>Zoe Miller (Year 10)</b>

(15yrs Age Champion)

Good luck to these students!

**Mr P Wagner and Mrs N Blatchford**  
Inter School Sports Organisers





If interested in attending the trials to be selected in a  
**HUNTER REGION SPORTING TEAM**  
 You must see Mr Wagner (Boys) Mrs Blatchford (Girls)  
 prior to the notification date  
**Term 1 - 2015**

**NOTE:** All events are **OPEN** unless specified.

SPORT	DATE OF TRIAL	VENUE	See Mr Wagner / Mrs Blatchford by Notification Date
Boys & Girls Golf	Mon 23 Feb (Week 5)	Stonebridge Golf Club, Cessnock	Tue 10 Feb
Boys & Girls Diving	Tues 24 Feb (Week 5)	Lambton Pool	Tues 17 Feb
Boys Volleyball	Wed 25 Feb (Week 5)	Newcastle Basketball Stadium	Fri 20 Feb
Girls Volleyball	Thurs 26 Feb (Week 5)	Newcastle BBall Stadium	Fri 20 Feb
Boys & Girls Swimming	Selected from Zone & Regional Championship 19 Feb (Week 4) 3 Mar (Week 6)		Selected at school carnival
Boys U'16 Touch	Fri 6 Mar (Week 6)	Lakeside Raymond Terrace	Mon 23 Feb
Girls U'16 Touch	Fri 6 Mar (Week 6)	Lakeside Raymond Terrace	Mon 23 Feb
Boys Basketball	Mon 9 Mar (Week 7)	Maitland Basketball Stadium	Wed 4 Mar
Girls Basketball	Tues 10 Mar (Week 7)	Maitland Federation Centre	Wed 4 Mar
Rugby League U'15 Zone Trials – Must attend this trial to qualify for Regional trial Wed 25 Mar	Wed 11 March (City Zone Trials)	TBC	See Mr Wagner if wishing to go to Zone Trails
Aust. Rules Football (15 and under)	Tues 17 Mar (Week 8)	Tulkaba Park, Teralba	Wed 11 Mar
Boys Football (Soccer)	Wed 18 Mar (Week 8)	Hunter Sports High Gateshead	Wed 11 Mar
Girls Football (Soccer)	Thurs 19 Mar (Week 8)	Adamstown Rosebud Grounds	Wed 11 Mar
Boys & Girls Water Polo	Thurs 19 Mar (Week 8)	Lakeside – Raymond Terrace	Fri 13 Mar
Girls Netball	Fri 20 Mar (Week 8)	National Park	Wed 11 Mar
Boys & Girls Hockey	Tues 24 Mar (Week 9)	Hockey Centre Broadmeadow	Wed 18 Mar
Rugby League (Regional) U'18s	Wed 25 Mar (Week 9)	Lakeside – Raymond Terrace	Fri 6 Mar
Boys Rugby Union	Wed 1 Apr (Week 10)	Dangar Park Mayfield	Mon 23 Mar
Girls Open Touch	Thurs 2 Apr (Week 10)	Lakeside – Raymond Terrace	Wed 25 Mar
Boys Open Touch	Thurs 2 Apr (Week 10)	Lakeside – Raymond Terrace	Wed 25 Mar

If interested in attending the trials to be selected in a  
**HUNTER REGION SPORTING TEAM**  
 You must see Mr Wagner (Boys) Mrs Blatchford (Girls)  
 prior to the notification date  
**Term 2,3 &4 - 2014**

**NOTE:** All events are **OPEN** unless specified.

	SPORT	DATE OF TRIAL	VENUE	See Mr Wagner / Mrs Blatchford by Notification Date
Term 2	Boys and Girls Squash	Mon 4 May (Week 3)	Cardiff Squash Courts	Mon 27 April
	Lawn Bowls	Tues 5 May (Week 3)	Wallsend Bowling Club	Wed 29 April
	Boys and Girls Cross Country	Selected from Zone 30 April (Week 2) and Regional Carnival (Newcastle Racecourse) Fri 8 May (Week 2)		
	Girls and Boys Artistic Gymnastics	Thurs 28 May (Week 6)	Gateshead Indoor Sports Centre	Fri 15 May
	Girls Tennis	Tues 16 June (Week 9)	District Park Courts	Wed 10 June
	Boys Softball	Fri 19 June (Week 9)	Stevenson Oval Mayfield West	Fri 12 June
	Rhythmic Gymnastics	Fri 19 June (Week 9)	Kahibah Public School	Wed 27 May
Term 3	Boys and Girls Athletics	Selected from Zone 1 June and Regional Carnival 22 and 23 July (Week 2)		
	Boys and Girls Trampoline	Thurs 30 July (Week 3)	Belmont High School	Wed 22 July
	Boys Tennis (16 years and under)	Tues 25 Aug (Week 7)	District Park Courts	Wed 19 August
Term 4	Boys Baseball (to compete in 2015)	Wed 11 Nov (Week 6)	Stevenson Oval Mayfield West	Wed 4 Nov
	Girls Softball	Wed 18 Nov (Week 7)	Stevenson Oval Mayfield West	Fri 13 Nov
	Girls Cricket (to compete in 2015)	Thurs 19 Nov (Week 7)	Ford Oval, New Lambton	Fri 13 Nov
	Boys Cricket (to compete in 2015)	Thurs 26 Nov (Week 8)	Maitland Indoor Cricket Centre	Fri 13 Nov

**NB: Students will only be permitted to represent in a Regional Team if they behave in a manner which is appropriate and acceptable in all areas of the school.**



## KNOCKOUT COMPETITIONS – 2015

Sport	1 <sup>st</sup> round to be played by:	Week	Teacher
Surfest	19.02.15	Week 4, Term 1	Mr Guinane/Mr Prior
Golf – Hunter Stroke Play/Match Play	23.2.15	Week 4, Term 1	See Mr Wagner (Noms due 13/02/15)
Basketball – Boys Open – Craig Shield	4.3.15 Rd 1	Week 6, Term 1	Mr Oprea
Basketball – Girls Open	4.3.15 Rd 1	Week 6, Term 1	Mr Oprea
Netball – Girls Open (zone gala day)	4.3.15 Rd 1	Week 6, Term 1	Ms Lister
Cricket – Boys Under 14 – Baker Shield	6.3.15 Rd 1&2	Week 6, Term 1	Mr Doherty
Cricket – Boys Open – Jim De Courcy Shield	06.03.15 Rd 1	Week 6, Term 1	Mr Hewitt
Touch Football – Boys Open	19.3.15 Rd 1, 2	Week 8, Term 1	Ms Harris
Football – Boys Open	20.03.15 Rd 2	Week 8, Term 1	Mr Main
Tennis – Boys Open – Stan Jones Trophy	20.3.2015 Rd 1	Week 8, Term 1	Mrs Dennis
Touch Football – Girls Open (zone gala day)	27.03.15 Rd 2	Week 9, Term 1	Ms Harris
Rugby League – Buckley Shield (U14)	22.4.15 Rd 1	Week 1, Term 2	Mr See
Rugby League – University Shield (Open)	22.4.15 Rd 1	Week 1, Term 2	Mr See
Hockey – Boys Open	1.5.15 Rd 1	Week 2, Term 2	Mr Crichton
Football – Girls Open	8.5.14 Rd 2	Week 3, Term 2	Ms Jones
Tennis – Girls Open – Floris Conway Cup	8.5.15 Rd 2, 3, 4, 5 Gala Day	Week 3, Term 2	Mrs Dennis
Hockey – Girls Open	22.5.15 Rd 2	Week 5, Term 2	Mrs Dennis
Aust. Football – Boys U/15 Swan Shield	10.06.15 Rd 1, 2, 3 Gala Day	Week 8, Term 2	Mr Doherty
Basketball – Girls U/15	14.08.15 Rd 1	Week 5, Term 3	Mr Oprea
Basketball – Boys U/15	14.08.15 Rd 1	Week 5, Term 3	Mr Oprea
U/15 Netball	5.11.15	Term 4	Ms Lister
Football – Girls U/15 – Bill Turner Trophy	TBA		Ms Jones
Football – Boys U/15 – Bill Turner Cup	TBA		Mr Kondov
Rugby League - Knights K/O	TBA		TBA
Boccia	TBA	Term 2-3	Ms Robertson
Surfing	TBA		Mr Guinane/Mr Prior
Rugby Union	TBA		Mr Carswell
Oz Tag	TBA		Ms Harris
School Swimming Carnival	11.2.15	Week 3, Term 1	Mr See
School Athletics Carnival	8.5.15	Week 3, Term 2	Mr Oprea
School Cross Country Carnival	TBA		Mr Wagner/ Mrs Blatchford

**NB: Students will only be permitted to represent in a School Team if they behave in a manner which is appropriate and acceptable in all areas of the school.**

# Mentoring kicks off for 2015



Noreen Fleming, on behalf of the Union of Australian Women, accepting our token of appreciation



Please welcome our mentors!  
Peter, Judith, Michelle, Vina and Noreen

Firstly, a massive thankyou to the Union of Australian Women – Newcastle Branch, who made a generous donation to our Mentoring Program. These funds will help keep our program running smoothly and we offer our sincerest thanks.

Our second mentoring group is about to kick off! Selected Year 10 students will start with a “Jitters Day” Thursday, 12 March where they will meet, greet and match up with their mentor for the following ten weeks. Students meet with their mentors once a week to discuss their goals, future directions and career options. The program will end next term with a Celebration Event, showcasing the students’ achievements throughout the program.

The program will run twice a year, targeting Year 10 in Semester 1 and Year 9 in Semester 2.

For further information regarding this program or if you, or someone you know, have a few free hours a week and is interested in becoming a mentor, please contact me, or find further details on our information sheet.

**Ms McNeilly**  
**Head Teacher English**



**Health**  
Hunter New England  
Local Health Network

## **REMINDER:** **Student Immunisations**

### **Year 7**

Wednesday 18 March, 2015

### **Year 11 & 12**

Wednesday 20 May, 2015

## **NSW SCHOOL VACCINATION PROGRAM** **WHAT VACCINE SHOULD MY CHILD RECEIVE?**

### **YEAR 7**

**dTpa vaccine** includes protection against diphtheria, tetanus and whooping cough and **is your child's first adolescent booster**. This dose is in addition to the DTPa vaccines given during childhood.

**HPV vaccine** is only offered in Year 7.

**Varicella vaccine** (against chickenpox) is for children who have not been previously vaccinated or had the disease. However, 2 doses of varicella vaccine can be safely administered.

### **YEAR 11-12 students**

A single dose of measles-mumps-rubella (MMR) will be offered – please check how many doses of MMR vaccine (called MMRII or Priorix) your child has received by checking their baby vaccination book (blue book) or contacting Medicare on 1800 653 809. **DO NOT COMPLETE THE CONSENT FORM** if they have evidence of two previous doses.

Please direct any further questions to  
**Hunter New England Population Health**  
Phone: (02) 49246477



# Mentors Needed

## to work with young people .....



- Do you have some spare time during the week?
- Are you a good listener?
- Would you like to help a young person?
- Could mentoring be for you?
- Like to hear more?

The Plan-it Youth Mentoring Program is a well-established mentoring program working in many high schools throughout the Hunter. This is a 10-12 week program where a group of mentors meet weekly with selected students to help them determine how their future could look, to help them learn about career pathways, and to work out a strategy for their highschool years.

If you are interested in becoming a mentor and would like to have further information about the Plan-it Youth program, or register for a mentor training program, please contact :

**Judith Wood, email: [jr.wood@bigpond.com](mailto:jr.wood@bigpond.com), ph: 4969 3358, or**  
**Maryka Gibson, email: [marykagibson@bigpond.com](mailto:marykagibson@bigpond.com), ph: 0447 834601.**

Dungog High School

Toronto High School

Kotara High School

Belmont High School

Morriset High School

Warners Bay High School

Callaghan College Waratah Technology Campus

West Wallsend High School

Newcastle High School

Lake Macquarie High School

Irrawang High School

Singleton High School

Maitland Grossmann High School

Rutherford Technology High School

Glendale Technology High School

### WHAT CAN MENTORS DO?

- Listen to students
- Assist students with goal setting
- Help students to recognize their strengths
- Be a sounding board for ideas and problems.
- Make contact with employers and local business.
- Suggest possible courses of action

### WHAT IS PLAN-IT YOUTH?

Plan-it Youth is a school-based mentoring program for young people who are likely to leave school early,

It aims to link community members with young people who may need extra support to continue at school or prepare for the transition from school to work or from school to further education and training.

### WHAT IS MENTORING?

Mentoring is the development of a one-on-one relationship where a more experienced person helps a less experienced person achieve their goals.

Plan-it Youth offers young people the opportunity to plan for their next step into education, training or employment. A mentor can assist this process by offering their experience, support and guidance on a one-on-one basis.



*I found mentoring both challenging and rewarding, but above all I found it so enjoyable - way beyond my expectations.*

**Wendy, mentor**

*I have always found that I learnt as much from students as I think the students learnt from us. It has been a very rewarding experience.*

**Alan, mentor**

Plan-it Youth Hunter Inc.

Secretary: Maryka Gibson, email: [marykagibson@bigpond.com](mailto:marykagibson@bigpond.com); ph: 0447 834601

# NHS Spartans!

## Rugby Union



Another glorious rugby season beckons for Newcastle High School's Spartan and Rebel Legends.

Yes!! Another glorious season for NHS to stamp their tribal brands across the Hunter's heartland; another glorious season to earn the titles 'Spartan Warrior' & 'Rebel Royalty'; another glorious season of the game they play in Heaven.

Last season, NHS Spartans swept all before them, winning Hunter Champs in Under 16's and sharing in 14's. Our First XV had the most successful year in recorded history, only to be denied the right to play old foes Merewether High at the death in controversial circumstances. The 16's Girls Rebels also got in the act with a powerhouse display against rival St Pius.

Looking ahead, three brave Spartans have earned selection in the CHS 18's tour of South Africa in April. Massive congratulations to Leroy Bartlett, Hayden Thompson and school Vice-Captain, Jaeger Collins.

In order to celebrate their epic achievement and Tim Studdert's selection in the CHS cricket tour of England, Newcastle High School is preparing for a week of revelry and fundraisers during school hours throughout Week 9.

A Trivia Night and BBQ for family and friends is also being organised for **Monday the 23rd of March from 6pm** (see page 5).

All enquiries for those interested in booking a table to Mr Carswell in the English faculty:  
[christian.carswell@det.nsw.edu.au](mailto:christian.carswell@det.nsw.edu.au).

## Hamilton ANZAC Day Dawn Service



### 100<sup>th</sup> ANZAC Day Anniversary Invitation

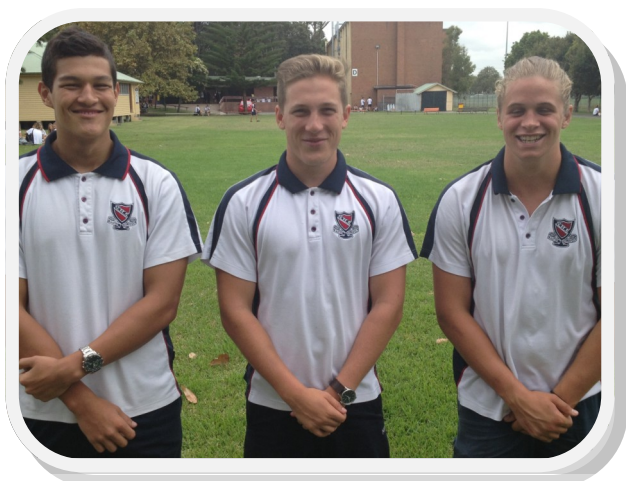
Merewether-Hamilton RSL Sub Branch would like to invite students, parents/carers and staff to attend the 100<sup>th</sup> Anniversary of Anzac Day at the Hamilton Dawn Service at Gregson Park on 25 April, 2015. Anzac Day Dawn Services have been held in Gregson Park, Hamilton since 1922.

Everyone is welcome to participate in the march from Beaumont Street to Gregson Park.. Those wishing to march will need to form up on the corner of Tudor and Beaumont St at 5.00am. Marshalls will be in attendance to assist.

If you just wish to attend the service, please make your way to Gregson Park prior to 5.15am. The service commences at 5.30am and is completed just on sunrise.

At the completion of the service, a sausage sizzle with tea and coffee will be served at Hamilton Public School (just across the road from Gregson Park). Cost: gold donation

If you have any queries, please contact David Jack on 0447902352.





## National Assessment Program – Literacy and Numeracy 2015

### LETTER TO PARENTS

In May 2015 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student's right to privacy is maintained.

The NAPLAN tests will be conducted from 12-14 May 2015.

TUESDAY 12 MAY	WEDNESDAY 13 MAY	THURSDAY 14 MAY
<b>Language Conventions</b> (Spelling, Punctuation and Grammar)	<b>Reading</b>	<b>Numeracy</b>
<b>Writing</b>		

In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

**Friday 15 May** – A 'catch-up' day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:

- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student's normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the Principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child's participation in NAPLAN.

Additional information about NAPLAN can be found at [www.nap.edu.au/NAPLAN/Parent\\_Carer\\_support/index.html](http://www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html).

## 2014-2015 Family Energy Rebate

Apply before Midnight  
16 June 2015

### WHAT IS THE FAMILY ENERGY REBATE?

The Family Energy Rebate helps to cover the cost of energy bills for NSW households with dependent children. In 2014-2015 the rebate gives:

- Up to \$150 credit on electricity bills for eligible applicants who hold an account with an electricity retailer
- Up to \$165 direct payment to nominated bank accounts for eligible applicants who live in a residential community (caravan or mobile home park) and receive electricity from the park operator.

### AM I ELIGIBLE FOR THE REBATE?

To be eligible you MUST:

- Be a NSW resident; and
- Have been assessed by the Federal Department of Human Services (DHS) as being eligible for the Family Tax Benefit (FTB) A or B at any time during the 2013-2014 financial year, and have received an FTB payment in respect of that eligibility; and
- Be an account holder of an electricity retailer, or a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.

**\$150\***  
TOWARDS  
ENERGY  
BILLS



**2 MINUTES TO FILL IN A FORM**  
<https://applications.fer.trade.nsw.gov.au/>  
\* eligibility criteria apply

### WHAT DO I NEED TO DO BEFORE I APPLY?

- Before you apply, here's a quick checklist. Have you:
- Lodged your tax return for 2013-2014 with the Australian Taxation Office or informed the Department of Human Services (DHS) if you are not required to lodge a tax return?
- Received confirmation from DHS as to your eligibility for Family Tax Benefit A or B for 2013-2014?

**APPLY  
ONLINE  
NOW!**

### HOW TO APPLY

- **ONLINE** – it takes just two minutes to submit an application. Processing starts immediately.
- **PAPER** – download a form from the website, complete and submit by email, fax or post. Use this form if you receive your electricity from the operator of the residential community where you live.

### FOR MORE INFORMATION & ASSISTANCE

**PHONE** Service NSW 13 77 88  
**EMAIL** [fer.program@trade.nsw.gov.au](mailto:fer.program@trade.nsw.gov.au)  
**WEB** [www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate](http://www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate)



## NEWCASTLE HIGH SCHOOL

*"Remis Velisque"*

Parkway Avenue, Hamilton 2303

Telephone: (02) 4969 3177

Facsimile: (02) 4961 2912

e-mail: [newcastle-h.school@det.nsw.edu.au](mailto:newcastle-h.school@det.nsw.edu.au)

Website: [www.newcastle-h.schools.nsw.edu.au](http://www.newcastle-h.schools.nsw.edu.au)

