

The Parkway



December 2015
Parkway Edition No. 10

PRINCIPAL'S MESSAGE

This has been another great month at the “best school on the avenue”. The school has had lots of interactions with our primary partner schools, which has been wonderful. Recently the school Executive attended a professional development afternoon attended by executives from all the partner schools. Thanks to Ms Wendy Cheek from The Junction Public School for organising this opportunity.

The school's P&C ran an information booth at the recent Junction School Fair. Thanks to Kylie Bennett, Susanne Cafe and Karla Karinen for their wonderful work in promoting the school from a parents' point of view. It was a pleasant day meeting so many potential parents and dispelling a few myths about the school. Thanks to the staff who committed their time on a Saturday to support this promotion.

Who missed out on a seat at *Make Some Noise*? What an amazing night was had by all who attended. This concert held in the City Hall was a combined concert with all our partner primary schools. Thanks to parents and staff from these schools for their support of the program. As I said on the night the concert highlighted the excellent education that local public schools offer students in this community. Well done to all connected with the performances.



Mr Nathan Towney has accepted the position of Principal at Newcastle High School.
Congratulations to Mr Towney and all the best for the 2016 year and beyond.
The school is in great hands.



Mr Towney is pictured with two of our student leaders, Abbie and Lucy

PRINCIPAL'S MESSAGE

A group of Year 10 music students also performed at the University of Newcastle as part of the Performing Technology in My Life Research Project. Well done to these students and thanks to Mr Lewis for his support of this project.

The school has been visited by lots of incoming Year 7 (2016) students recently. Aboriginal students were welcomed at morning tea recently and Ms Robinson and Mrs Durie have been hosting a number of students as part of the 7Up Program to assist students' transition to high school. This program was devised to provide additional support for students who may find high school a challenge. Thanks to Quinn Robertson and the primary school staff for the work with these students.

We have also held taster lessons for Year 5 students over recent Wednesday mornings. The Orientation Day for all Year 7 2016 students is on Thursday 3 December and I look forward to welcoming parents and carers to the start of the exciting high school educational journey at the "best school on the avenue". You have made a great choice.

A number of SRC students and the school captains played a key role in the local communities Remembrance Day Ceremony at Gregson Park on 11 November. Again Newcastle High played a key role in supporting this local community event along with our partner primary schools and several other local primary schools. Thanks to Mr Towney for organising this event.

The incoming Year 12 students held a Halloween out of uniform and cake stall on 29 October. This was really well supported by the student body and almost \$1500 was raised towards the 2016 Year 12 Formal.



Gilbert Harabakunzi has been in the media spotlight with his "Put the Boot In" campaign. Gilbert is collecting second hand soccer boots to distribute to children in remote Australia and in Africa, where Gilbert comes from. This campaign was initiated by Gilbert as part of the Youth Frontiers Leadership Program which 16 students participated in. Gilbert's project has been picked up by the Jets and Mariners Football Clubs and promoted as part of the M1 rivalry between these two clubs. Boots can still be left at the school. Gilbert has also received offers of footballs from Inspiration Paints and football shirts as well.



PRINCIPAL'S MESSAGE

This week the school held a morning tea to thank the many volunteers who have generously given their time during the year to support the students and staff. I was delighted to welcome representatives of the P&C, the canteen volunteers, the garden group, the Plan It Youth and the Youth Frontier mentors.

I am grateful to Ms Hines and the Stage 6 early commencement Hospitality students for their great work in catering for the morning tea. Yummo!!

The photographs tell the story!



As we move towards the end of the year, staff members are busy finalising the reports for Semester Two. These reports will also show the extra curricula activity that students have participated in, reports will be distributed by Friday 11 December.

Presentation Evening is on Tuesday 8 December in the Main Hall off National Park Street. This is a highlight of the year and with the move to the main hall we should be able to fit everyone in. As well as the academic awards to the high achieving students in each year, many community based awards are presented by the donors and representatives of organisations that have supported the school for many years. Please make an effort to attend this very important celebration of success at Newcastle High School.

The P&C Christmas raffle will be drawn on Presentation Evening, if you haven't got your tickets please contact a friendly P&C member or student leader. Tickets will be for sale at the door on the night. The school has been supported by many businesses with prizes for the raffle. Sponsors to date are Hoy and Steele Lewis Design – a custom made surfboard the major prize and gift vouchers from Lotus, Lavish Nails, Langdon Hair, ABBISS Hair, Next-Gen Physio, the Whairhouse of Wickham, Flip Out vouchers, Peak Hour Health and Fitness, James Law Horse Riding Stable, K Mart Kotara, Wickham Hotel, The Cricketers Arms Hotel, The Cove Bistro, Hunter Ice Skating, Cetnaj Lighting and Electrical and The Forum, as well as several Christmas hampers donated by P&C members. Thanks to all these businesses for supporting the school and the P&C, we really appreciate your commitment to our students.

On the last Friday evening of the term, 11 December, the school is holding the inaugural Festival of Art to coincide with the opening of our new studio and gallery from 4:00pm to 7:00pm, Keep on eye on Facebook or the website for more details. Students have enjoyed so much success this year in the creative arts, this is an opportunity for us to showcase some of their talents. Please drop in and have a look.

PRINCIPAL'S MESSAGE

I don't like to mention it but it is nearly 2016 and the start of the new school year. A calendar is included in this bulletin outlining key dates. Altinta the uniform shop have also included details of opening days and hours.

'And so the end is now and now I face my final curtain'..... the song goes on from here but as this is my last opportunity to write to the students, parents, carers and community of Newcastle High School. I would just like to say thank you for the trust you have placed in me as your Principal for the last eight years. Newcastle High School is a wonderful school doing a great job educating the young people who attend. I would particularly like to thank the hard working P&C, who over the years have provided loyal and continuing support to both me personally and the school community. It has been a privilege to work with the Presidents of the P&C Association, Marion Kerridge, Jenny Woodcock, Renee Smith, Melissa Milton and Kylie Bennetts. Please consider getting involved with the P&C Association and supporting the small hard working band of parents supporting your child's school and public education. The staff of this school has been amazing and over the last eight years there has been significant change and to all I say thank you, especially the Deputies and Head Teachers with whom I have worked closely and have journeyed through Newcastle High School over the last eight years. Interestingly, three are now Principals and two are Deputies in other schools. Finally, to the students - you have kept me young, you have enlightened me and taught me so much. I will miss you all. Remember our motto *Remis Velisque*, with hearts and oars, stay true to your passions, follow your heart but remember you need to work hard and use your strengths and talents to achieve. Farewell Newcastle High School.

GOING TO NEWCASTLE HIGH SCHOOL—A REVIEW BY A YEAR 5 HAMILTON SOUTH PUBLIC SCHOOL STUDENT

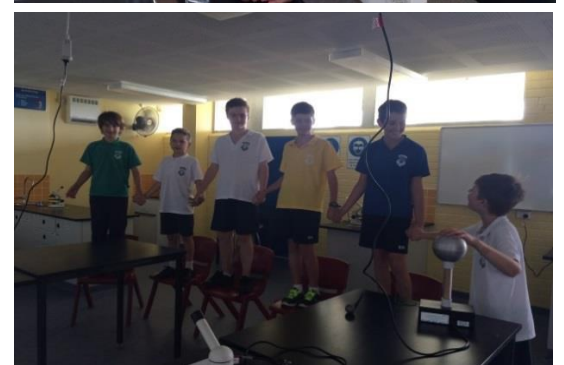
Written by Aiden F. et. al.

On Friday 13 November at 9am. Year 5 students walked to Newcastle High for a taste of what it would be like to go to High School.

The day began with Year 5 arriving at the Newcastle High School hall. We were split up into 5 groups and I was in Group C. We walked around the humongous school; it made me feel very small, I was very curious and looked in all the doors to see the high schoolers working hard as we walked past. Finally our group arrived in the music room. When we entered, the tables were covered in ukuleles. We were taught how to do a single chord and play in time. We even got to listen to some of the Year 12 students practise their duet and play the piano. They were actually pretty good.

Next, we went for recess where we had a selection of products including apples, water, cordial and various packages of food. It was quiet generous of Newcastle High to feed us—AGAIN! After that we went to the toilet (note: Like most school boys toilets it felt more like a dungeon that reeked of stinky socks—but, we survived and lived to attend another taster class). We were guided by some friendly Year 9 students to another large building called the science block. When we walked in, we saw the tables were covered in microscopes. It was really interesting seeing common, everyday objects magnified under the microscopes (Did you know glitter is made of perfect little hexagons?). After looking at all the magnified items we got to experience static electricity first hand. As we are conductors, electricity runs through us and our teacher demonstrated this by getting several students to stand on chairs hand in hand and zap people. It was pretty funny seeing everyone's hair standing on end—and we even got to give Mrs Foot an electric shock (she didn't like it much).

We all agreed the morning at High School was awesome. The teachers were really nice, the equipment was super fun and lots of people (who thought they might not go to Newey High) started to think that actually it's a pretty good school. Other groups went to drama, cooking and art—they all thought their groups were the best—but I am positive ours was. Music and Science—tick and tick!



Important Dates Term 1 - 2016

Week	Date	Event
Week 1	27 January 28 January 29 January	School Development Day Years 7, 11 and 12 return Years 8, 9 and 10 return
Week 2	2 February 4 February 10 February	Commencement Assembly <i>Parkway No 1</i> Swimming Carnival
Week 3	8 February 9 February	P&C Meeting Meet the teacher BBQ
Week 4	17 February 19 February	Stage 6 (Year 11) Information Meeting Zone Swimming Carnival
Week 5	23 February 24 February	Primary School Open House Meeting Year 7 Vaccinations and Year 8 HPV catch up
Week 6		
Week 7	7—11 March 10 March	Year 7 Camp <i>Parkway No 2</i>
Week 8	14 March 16 March	P&C Annual General Meeting Parent Teacher Years 7, 11 and 12
Week 9	22 March 25 March	Parent Teacher Years 8, 9 and 10 Good Friday
Week 10	28 March 21 March	Easter Monday <i>Parkway No 3</i>
Week 11	6 April	Year 12 Reports Distributed



School students

Tap into



The smarter way for students to travel to and from school.



Visit transportnsw.info/school-students or call 131 500



Newcastle High School Uniform Shop

Term 4, 2015 Trading Hours

Tuesdays & Thursdays 8am–10am
Saturday, 12 December 9am–2pm
(Saturday, 12 December by appointment only)

January 2016 Trading Hours

Tuesday, 12 January 9am–1pm
Friday, 15 January 9am–1pm
Tuesday, 19 January 9am–1pm
Friday, 22 January 9am–1pm
Wednesday, 27 January TBC

Normal hours of trade resume
Thursday, 28 January 2016



<https://www.alintaapparel.com.au>
Phone enquiries & appointments:
02 4321 0433 / 0434 626 009

Sport Report

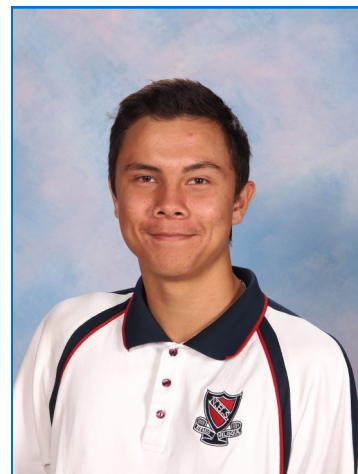
Regional Sport Blue

Congratulation to Timothy Studdert who will receive a Hunter Region Sporting Blue in Cricket, on Friday 11 December, at the Hunter School Sports Association Regional Sports Awards.

Timothy was selected in the Hunter Region Open Boys Cricket Team, whilst representing in this team at the Inter Regional Carnival, held in Bathurst, Timothy was named "Player of the Tournament". As a result of his outstanding performances Timothy was named the NSW Combined High Schools Open Boys Cricket Team. Timothy's Regional Sporting Blue recognises these achievements.

Congratulations to Timothy on this wonderful achievement

Mr Wagner / Mrs Blatchford
Interschool Sports Organisers



Newcastle High Rebels U/16 Rugby Union 2015

Champion squad defeating Merewether High in the annual battle for the Challenge Cup.

In a team overflowing with natural talent, hyper-aggression and colourful personalities selecting the player of the year was always going to be problematic. In the end, Tahne Baker took away the coveted Robertson-Carswell Trophy for Outstanding Female Rugby player.

Well done to all champion Rebels!

Mr Carswell
No 1 fan of Rebels Rugby



Sport Report

Year 5 Gala Day



Newcastle High School finally hosted the annual Year 5 Gala Day on Friday of week 8.

After the disappointment of the week 3 cancellation, 265 bouncy and bubbly 11 year olds from 7 different partner primary schools, descended on National Park excited by the prospect of competing against each other, under the banner of Newcastle High School's codes of Respect, Responsibility and Participation.

Members of Years 9 and 10 cohort ran the entire day, taking on and owning multiple roles such as; Team Leader, Referee, Chef and Photographer.

In short, our kids dominated and were truly wonderful poster children/young adults for our community.

Well done Team Legend

House Sports Crew



Student Reports



LETTER: Offer homeless youth an oasis

By Shelbi Hunt,

Nov. 20 2015 9:30 pm

I BELIEVE that youth homelessness is a majorly overlooked issue in today's society and that more needs to be done. These poor, broken kids have hardly any support networks to create foundations for their futures.

The film *The Oasis* was an eye opener for how big of an issue homelessness is. More than 22,000 kids in Australia are homeless each night, sleeping on the streets and roaming around early hours of the morning. All of these kids are turning to drugs as they have nowhere else to turn.

We blame them for choosing to live the life they live but in reality we aren't doing anything to help them.

In order to help them more accessible support networks need to be made Australia wide. Networks that provide shelter, food and blankets, even job opportunities – just like at the Oasis.

These kids can't control the lives they were born into, but they can change their futures if we provide them the opportunity to do so.

Shelbi Hunt

10N Newcastle High

OSCAR BALTUSSEN—STUDENT REPORT

Hello, my name is Oscar Baltussen and I am a Year 8 student at Newcastle High School. I want to introduce myself as I am going to be writing articles for each edition of *The Parkway*. I will be giving a student's perspective of the things that are happening in the school, world issues and current events. I have great interest in things like conflict, poverty, controversy, fitness, journalism and reading. I moved to Newcastle in early 2012 from a small town in South Australia near Adelaide. Some of the things I plan to write about in 2016 include: advice to the new Year 7 students, tips for coping with hot weather, PBL, the school canteen and any community events that I think young people should know about. I hope everyone enjoys reading my articles and I would like to wish you all a safe and Happy Christmas.



Oscar Baltussen

Year 8

Careers

Even though the year is drawing to an end, there is plenty happening in Careers and Vocational Education. Congratulations to those students who have gained apprenticeships or have gained early entry to university courses, and all the best to those applying for TAFE or university courses. Well done to students who have successfully undertaken work experience, and completed White Card and other courses. This has enabled some students to gain part time employment, while for others it has given them insights into future career possibilities.

Year 11 Rotary Job Ready Program 2015

During December, a group of Year 11 students will be undertaking the simulated job interview with “employers” as Rotary has done for the past two years. Students have prepared resumes and covering letters as part of the preparation process of applying for an advertised job. The “job interview” and mentoring provides valuable experience and guidance for the participating students. Thank you to Ted Lewis and Bob Urry from Newcastle Rotary for their time, expertise and enthusiasm in conducting the interviews again this year.

Update on the Yeyaiba Indigenous Horticulture Greenhouse and Outdoor Learning Centre

Following the successful completion of the garden gym, the school was successful in gaining funding from the Community of Schools Initiatives in Aboriginal Education for the construction of a greenhouse to grow bush tucker and build a pizza oven. In addition students in the Year 9 LINKED class have been working hard to make a smoking ceremony/outdoor learning centre by grouping large boulders in a circular formation. Many thanks to Timothy Mullaney from Woodbury’s Haulage and Earthmoving for the generous donation of the spectacular boulders. Students have been working hard on this project that will enhance the school environment with a professional greenhouse, concrete base, metal roof and ground landscaping. The group has again demonstrated great team work and achieved excellent results. The course has been approved to continue in 2016.



Horticulture BBQ provided by Bunnings
in front of the learning centre.



Horticulturalists in front of the
new partially built greenhouse

Resume Writing Workshops

Congratulations to those students who have undertaken the resume writing workshop this year. The workshop involves using careers counselling, scaffolds and examples to develop high quality resumes to recommend students to future employers. Students from Years 9 - 12 are able to make an appointment at the cottage to develop their resumes.

Careers

Links to Learning – NHS Year 10 Hairdressing and Horticulture Courses

Selected students from Newcastle and Hunter River High Schools have been engaged in a pilot Links to Learning project this year. Year 10 students participated in either hairdressing or in construction. At the completion of the course they gained a Certificate of Attainment, First Aid Certificate and Certificate of Merit (outlining skill competencies achieved) at a recent ceremony. The successful students in Hairdressing from Newcastle High School were: Misty-Lee O'Brien-Shelton, Joanne Costigan, Indiah Ballard, Angelique Gil, Jade Malone, Rachel Williams and Olivia Hammerton. The Newcastle High School students in Construction were: Elih Collins, Samuel Lumley, Dominic Casey, James Barnes, Ben Petherbridge, Harry Merritt. Thanks to Kim Moore Newcastle High School Industry Liaison Officer and the industry teachers and all those who assisted.



Graduating students in the Links to Learning project in Hairdressing and Construction.



Chris Alexander
Careers Adviser

Student Support

Term 4 has been an action packed term here in the SSO office. I have coordinated 5 groups this term:

Year 7 Boys Drum team – A group of energetic Year 7 boys have been meeting each Wednesday to learn and practise their skills on the Djembe drums. They are currently practicing drumming to “Uptown” funk which we will perform for a few staff members towards the end of term. **Year 7 Girls Shine** - This group of 10 girls has learned about their personal Worth, Strength and Purpose. This group has developed from a shy group of girls, to a group able to communicate with greater confidence, and the girls have been so encouraging to one another.

Yea 7 Girls Connect, Year 9 Girls Connect, Year 9 Girls RACR

These three groups of students have looked at strategies for communication and understanding their own responses in conflict. The picture here from the girls’ journals shows them learning to observe characters in media and identify their responses to conflict. These girls have had some wonderful in-depth discussions and they all sound like little sociologists! Some feedback from the students so far has been that the girls have found themselves identifying and changing their response to a disagreement mid-argument with sibling/friend. Another student expressed that she has found herself being a little more assertive and confident in communicating her priorities to others.

A group of students from Years 8-11 have participated in the **Youth Arts In Recovery** day at Newcastle Art Space. Students enjoyed moving at their own pace, learning new skills and using new media through the various creative workshops offered. Students learned to weave dream catchers, upcycled records into a works of art with spray paint and markers, created macramé plant holders and drew designs on ceramic vases and plates ready to take home and bake. A host of youth services are involved in running the day, and our students had a wonderful experience, it was great to see them experiencing flow as they absorbed themselves in a new practice and also to watch the persistence they demonstrated when mastering some difficult techniques. Thank you to Astrid Gearin at the Community Youth Development Project for organising the event.

Amy King
Student Support Officer



Student Support

Sydney Sailing Excursion

On Monday 16 November students from Rooms 3, 4 and 20 travelled to Sydney to participate in the Sailors with Disabilities program. Students were up early to catch a train to Sydney where we split into two groups. Mrs Steedman and Ms Miller took an eager group of students across Sydney Harbour Bridge. The weather was spectacular.

Ms Harris and Miss Gibson took another excited group of students to Darling Point in preparation for sailing in the harbour. We met our crew and our skipper, Susan, got kitted out in our lifejackets and hopped on board the Kayle.

The weather was perfect. A slight wind, sunshine and not a cloud in the sky.

We headed out of the marina and into the harbour. Garry took the wheel and steered us toward the heads. We passed ferries and smaller sailboats. On the way back Sam, Sophie, Codie, Corey, Sally and Timothy had turns skippering the boat while Corey, Sam and Andrew hoisted and lowered the sails.

The smiles on the faces of our students made the very early start worthwhile. They demonstrated teamwork and confidence and we cannot wait to do it all again next year. Thank you to Sailors with Disabilities and congratulations to our sailors who conquered the sea and to our adventurers who conquered the bridge.

Ms Harris
HT Special Education (Rel)



Items for sale by tender

Newcastle High School is offering a Stockman ride-on lawn mower and cement mixer for sale by tender. Please contact the School Principal, Mr Mark Hewitt, by Friday 11 December 2015 on 4969 3177, for enquiries and offers.



BREAKTHROUGH TRAINING
AND DEVELOPMENT
PRESENTS

ASSERTIVENESS TRAINING FOR TEENS

Including:

Standing up for Your Rights
Bully Proofing
Thought Control
Accepting Compliments
Accepting Criticism
Goal Setting
Stress Management

Cost
\$300 PER PERSON

PAYMENT PLANS
AVAILABLE

3 DAY PROGRAMME

Courses begin January 2016

Sydney, Newcastle and the Central Coast

Places are limited. Book online
www.breakthroughtraining.net.au or email
admin@breakthroughtraining.net.au

Arrendell

secondary education centre™

Summer Holiday School

CONTACT US
NOW FOR MORE
INFORMATION

Mon 18 – Thur 21 Jan 2016

HSC 2016 Prep

Year 12 students, with HSC specialist teachers
Get the best start to the year with some extra help!

Senior Writing Workshop

Year 10 - 12 students, with Dr Rob Reil

Creative Writing Workshop

Year 9 - 11 students, with Dr Rob Reil and Jason Newell

Writing For Future Experts

Year 5 - 8 students, with Jason Newell and Lynley Brennan

40 years of helping Newcastle students succeed

☎ 4929 2522 🏠 11 Scott St Newcastle 2300

arrendell@ozemail.com.au | www.arrendellsecondaryeducation.com.au



NEWCASTLE HIGH SCHOOL

"Remis Velisque"

Parkway Avenue, Hamilton 2303

Telephone: (02) 4969 3177

Facsimile: (02) 4961 2912

e-mail: newcastle-h.school@det.nsw.edu.au

Website: www.newcastle-h.schools.nsw.edu.au

