

The Parkway



January, 2014

Parkway Edition No. 01

PRINCIPAL'S REPORT

Welcome to 2014. I would especially like to welcome new parents/carers to the Newcastle High School community. I look forward to meeting you on Tuesday 11th February when the school hosts a Meet the Teacher BBQ commencing from 5.00pm. You will find your invitation on page three.

I would also like to introduce and welcome our new staff: Ms Naomi Durie has been appointed as the Learning And Support Teacher (LAST) and Ms Kim Rowland is teaching in the HSIE faculty. A number of casual teachers are covering for permanent staff who are currently on leave. Ms Biasiol (LOTE) returns to NHS two days per week and we welcome her back.



This year the Cooks Hill Campus (CHC) commenced operation in Laman Street, Cooks Hill. This facility is an annexe of Newcastle High School. Eight staff members have been appointed to this annexe and we welcome them as part of the Newcastle High team. CHC operates under the DEC policies but implements the

Big Picture Education principles and initiatives. 85 students in Years 9 and 10 (Stage 5) from across the broader Hunter Region are enrolled at Cooks Hill. Part of their learning involves internships where students undertake community-based projects. Many members of the Newcastle community will be approached to take on these students as interns during the year.

The Parkway is one of the ways that our school communicates with its community. *The Parkway* is published ten times during the year before each P&C meeting. P&C meetings are held on the second Monday of the month. A calendar of events for the term is included. A few events that are coming up soon are the School Swimming Carnival on Thursday, 13 February; please note that only competitors attend the swimming carnival due to the cost of transporting students to Stockton Pool. School Photos will be taken on Tuesday, 4 March and we have a visit by some Japanese exchange students between the 25th and 27th of February.



The school's Facebook page is also a great way to be updated on what happening at the school search Newcastle High School and look for our PBL logo.



This week the school has held Commencement Assemblies for all years. At these assemblies the school's expectations were explained.

Positive Behaviour for Learning (PBL) continues to be the basis of our behaviour and learning system.

Respect – care for all
Responsibility – own your actions
Participation – have a go

This term we are focusing on improving attendance, targeting all aspects of school attendance, especially late arrival. School commences at **8.45am** and students need to be here by that time. Arrival on time is a DEC focus this term and students who are repeatedly late, with no valid reason, will be placed on detention. It is an interesting observation that the closer students live to the school the later they arrive. Students in Years 11 and 12 will be permitted “late starts” if they have no morning timetabled classes.

Newcastle High School

Let us know your child is safe
PHONE: 02 4969 3177
FAX: 02 4961 2912
EMAIL: newcastle-h.school@det.nswedu.au
if your child is going to be absent from school



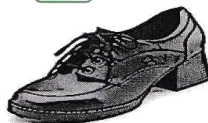
Last year sixteen students had 100% attendance in Semester Two and forty-seven students had attendance of over 95%, twenty-nine students in Year 8, thirteen students in Year 9, ten students in Year 10 and thirteen students in Year 11. Well done to these students who were awarded Certificates of Merit at the assemblies this week, we hope to work together to improve these figures 2014.

As the school has no resources to provide supervision after the last bus leaves at 3.25pm, it is imperative that students are collected from school by parents/carers prior to this time.

It has been wonderful to see the efforts families have gone to ensure that students are in the correct uniform for the start of the school year. Very few students are not wearing the uniform - just a reminder that students need to wear black leather shoes.

Acceptable Styles

The school expects that DEC students to wear closed in leather, lace-up style shoes. They must cover the top of the foot and have a small heel. It includes the following types: The full leather thick strap T-Bar Mary-Jane shoes are acceptable.



Unacceptable Styles

Students **MUST NOT** wear skate shoes, black soft ‘ballet’ style shoes, open styled ‘Mary Jane’ shoes, canvas shoes or any similar. It includes those shown below:

Note:

If you are unsure of what is appropriate footwear for school, please consult with the school before buying a new pair.



During the holidays, the 2013 HSC cohort received details of their university placements. It was very rewarding to hear that the highest ATAR was almost 94 followed by a number of scores in the high 80's. The students were awarded seven Band 6's and fifty-eight Band 5's. This was a great effort from students and staff, especially in French Beginners where two students were awarded a Band 6. Congratulations to Grace Jamieson, our Dux for 2013.

I have just received information regarding the University of Newcastle and DEC High Performing Students' program. The University runs semester-based first year university courses at Merewether High School. This Semester, courses in Globalisation and International Management, Introduction to 2D Studies, Introduction to Software Engineering, Foundations of Health and Disease and Introduction to Chemistry are being offered. At NHS we encourage talented and organised students in Years 10 and 11 to apply for these courses. There is a course fee of \$400. Students interested in applying should see their Year Advisor by Friday, 7 February. Applications close on Wednesday, 12 February.

Over the holidays, the repairs from last year's storms were completed and students and staff are now back in all rooms and staff areas. This has been a long process and I am thankful that things are now back to normal. Thanks again to staff for their flexibility in managing difficult circumstances and still delivering a great teaching program.

We are finalising the student numbers this week. Our final numbers determine our staffing and resource allocation for 2014 so there may be some minor changes to classes and courses offered. Currently, the numbers are looking solid, however lots of senior students are enrolled at TAFE and this has an impact on our staffing.

The year has commenced positively and I am confident that it will continue. Looking forward to meeting with you during the year.

Mark Hewitt
Principal



CHANGES TO STUDENT DETAILS

Some families have moved or changed contact details over the holiday break, or you may have new emergency contacts for when you are not available. If any of your contact details have changed please fill out the change of student details form attached and return to the student office in administration at your earliest convenience. Forms are also available at the front office. It is very important that our records are up to date regarding your child's medical requirements. If your child's medical records need updating please contact the school office on 49693177.

UNIFORM DONATIONS

We are accepting donations of all pre-loved Newcastle High School uniforms. These donations can be left with the staff in the front office.

Shannon Sager
Head Teacher Welfare

MEET THE TEACHER BBQ

Come along to our **BBQ** and meet your child's teachers for 2014.

When: 5pm – 6.30pm **Tuesday 11 February 2014**

Where: Newcastle High School outside the Cultural Centre

RSVP: Phone or email the office by 3pm **Monday, 10 February 2014**

TIPS FOR STARTING AT A NEW SCHOOL

Changing schools

Most people have to start at a new school at least once when they're young – going from primary to high school. Lots of people change more than once. Maybe it's because their parents moved, maybe they had problems with their old school, or maybe they or their family just decided they needed to change. Either way – at some point you have to go through starting at a new school.

A Rough Ride

It's normal to feel weird and different at a new place, and to miss your old friends. Other things that could bother you are:

- having to learn a different school layout
- missing your old friends
- feeling shy or nervous about talking to new people
- being drained from adjusting to all this new stuff



Making it easier

The first few weeks at your new school are probably going to be bumpy, just because you're new. But there are things you can do:

- Do what you like. Whether it's playing music, sports, writing, drawing or anything else, there'll be someone who's into the same things as you.
- Talk to people. They're curious about you anyway because you're new, so if there's someone you like, have a chat with them.
- Keep in contact with your old friends – just because you're not seeing them every day doesn't mean you can't stay close.
- Find an outlet. If you've got some way of expressing what's happening for you – a journal, writing songs, playing sports or talking to someone – it'll make the move easier.
- Be patient. It can be pretty annoying to have to learn all of the people, places, teachers and subjects again from scratch. But things will fall into place for you at your new school if you give them time.

Find an ally

If all of the changes are getting to you, find someone to tell about it. This person could be a friend from your old school, a family member, a counsellor or a doctor. Chatting with someone who's a bit more distant from your situation can help.

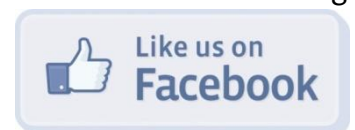
If you would prefer to talk to someone anonymously give Kids Helpline (1800 55 1800) or (Lifeline 13 11 14) a call. They have counsellors available 24 hours a day.

COMMUNICATION

Keep in touch with what's happening at school! Newcastle High School offers a variety of ways for parents/carers and students to keep up-to-date with what's happening at school!

Our school website provides the school community with up-to-date information including 'News and Announcements' and a Calendar of upcoming events.

<http://www.newcastle-h.schools.nsw.edu.au/>



Like Newcastle High School's Facebook Page! Support your school and receive regular updates of upcoming events and what's currently happening at school on your Timeline.

<https://www.facebook.com/pages/Newcastle-High-School/254419001356940>



NEWCASTLE HIGH SCHOOL

CHANGE OF STUDENT DETAILS & AUTHORITY TO PUBLISH IMAGES

Do you want to change guardianship for this child?

If Yes, you will need to complete a new enrolment form and provide supporting documentation.

Students Name: _____ Year: _____

Ensure all students
attending NHS that
these changes refer to
are listed here

Year: _____

Year: _____

Address: _____

Home Phone Number: _____

Name Parent/Carer (1): _____

Work number: _____ Mobile number: _____

Email: _____

Name Parent/Carer (2): _____

Work number: _____ Mobile number: _____

Email: _____

Emergency Contact

(2 emergency contacts other than listed parents/carers are required and must have current contact phone numbers listed these people will be called upon if parents/carers are not available):

Contact 1

Contact 2

Name: _____ Name: _____

Telephone: _____ Telephone: _____

Mobile Number: _____ Mobile Number: _____

Business Number: _____ Business Number: _____

Relationship to Child: _____ Relationship to Child: _____

**PLEASE RETURN THIS FORM TO THE STUDENT OFFICE IN THE
ADMINISTRATION BUILDING**

Transport:

All transport enquiries should be directed to the school's office. If you are changing your address, you are required to complete a new Transport Application as well as this form. Transport application forms are available from the office.

Medical Details:

Doctor's Name: _____ Phone Number: _____

Address: _____

Medicare Number: _____

1. Allergies: _____

2. Other Medical Conditions: _____

3. Medication –

Please specify here any medication to be taken by each student
(Authority to Administer required to be signed at admin office)

Other Information: (Please Specify):

Name of parent/carer: _____

Signature (parent/carer): _____ Date: _____

AUTHORITY TO PUBLISH IMAGES

Newcastle High School seeks your permission to obtain and publish content that may identify your child/you in school communication. Content examples include, but are not limited to photographs, text and illustrations/graphics. Videos, sound recordings and examples of student work. Our school communications include, but are not limited to:

- Newcastle High School's Facebook Page
- School's public website
- School Parent Bulletin (in electronic form – online and in hard copy)
- Annual School Report
- Local community newspaper / magazine
- Media promotions and advertising activities
- Electronic and print promotional material

Newcastle High School will make every effort to protect the identity of your child/children/you, however, the Department of Education and Communities cannot guarantee that your child/you will not be able to be identified from the content. Please complete the advice/consent authority below.

(please tick appropriate consent option below)☐

I have read this Authority to Publish and CONSENT to Newcastle High School obtaining and publishing content related to my child/children/me in school communications. I am over the age of eighteen years of age. The undersigned permission remains effective until I advise the school otherwise.









☐

I have read this Authority to Publish and DO NOT CONSENT to Newcastle High School obtaining and publishing content related to my child/children/me in school communications. I am over the age of eighteen years of age. The undersigned permission remains effective until I advise the school otherwise.

Name of Parent/Carer: _____

Signature (Parent/Carer): _____ Date: _____

IMPORTANT DATES FOR THE DIARY

	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
January	1 27 Public Holiday 	2 28 	3 29 Years 7, 11 and 12 Return 	4 30 Years 8, 9 and 10 Return 	5 31 	
	6 3 	7 4 	8 5 	9 6	10 7	
February	11 3 10 5.30pm P&C Meeting	12 4 11 5pm – 6.30pm Meet the Teacher BBQ	13 5 12 9am – 12am Year Assemblies	14 6 13 Swimming Carnival	15 7 14	
	16 4 17	17 5 18 City Zone Swimming Carnival	18 6 19	19 7 20 Surfest – Newcastle Teams Challenge	20 8 21 Surfest – Newcastle Teams Challenge	
March	21 5 24	22 6 25 Japanese Exchange Students	23 7 26 Japanese Exchange Students	24 8 27 Japanese Exchange Students	25 9 28	
	26 6 3	27 7 4 School Photos	28 8 5	29 9 6	30 10 7	
April	31 7 10 P&C AGM	1 8 11	2 9 12 Year 7 Camp	3 10 13 Year 7 Camp	4 11 14 Year 7 Camp	
	36 8 17	37 9 18	38 10 19	39 11 20	40 12 21	
May	41 9 24	42 10 25 3.30pm – 6pm Parent Teacher Afternoon	43 11 26 Year Assemblies	44 12 27	45 13 28	
	46 10 31	47 11 1	48 12 2 Year 7 and Year 9 Immunisations 3.30pm – 6pm Parent Teacher Afternoon	49 13 3	50 14 4	
June	51 11 7 P&C Meeting	52 12 8	53 13 9 Merit Assemblies	54 14 10 Merit Assemblies	55 15 11	



Boomerangs

Baseball Club

Are you interested in playing Junior Baseball?
Baseball is a great non-contact team sport where everyone gets a fair go. We play from April to September.
Age divisions start at U/8 & U/10 (T-Ball) with U/12, U/14 and U/16's playing modified rules to suit their level of development.
Baseball with **Boomerangs** is one of the **least expensive** sports you can play; we supply almost all you need to play.
For more information: Visit www.boomerangsbaseball.com.au
Contact Blair 0438 483 154 or Wayne 0420 928 557
Registrations and Training February 9th, 16th, 23rd
March 2nd, 9th, 16th 9.00am -11.00am Boomerang Field, Industrial Drive, Mayfield West

NEWCASTLE CITY BLUES JUNIOR AFL CLUB



Newcastle No.1 Sportsground, Newcastle West

2014 Registration Dates at No.1 Sportsground

Sunday 16th February 9am - Noon

Sunday 23rd February 9am - Noon

NAB Auskick - 5 Years to 8 Years
\$95 (\$85 for extra family members)
Includes 2014 Auskick Pack

Juniors - 8 Years to 17 Years
\$130 (\$120 for extra family members)

Youth Girls - 12 Years to 15 Years
Introductory offer \$60 per player, includes shorts and socks

***** NO WEEKLY FEES *****

For further information please contact Simon McCauley on 0408474847



STOCKTON SHARKS JUNIOR RUGBY LEAGUE FOOTBALL CLUB

IF YOU WISH TO PLAY THE GREAT GAME OF RUGBY LEAGUE, THEN COME AND PLAY WITH THE STOCKTON SHARKS. WE HAVE THE LOWEST FEES IN THE NEWCASTLE AREA AND ARE LOOKING FOR PLAYERS IN ALL AGE GROUPS BOYS AND GIRLS.

Registrations will be held on Wednesday 5th February 4pm to 6pm at Lyn Oval.

All re-registrations must register online, please see contact details below to get your username and password.

A computer will be available at registration days for online registrations.

UNDER 6-12 \$65.00

UNDER 13-16 \$85.00

INC SHORTS/SOCKS AND ALL REFEREE FEES

All new players must bring along Birth Certificate/Passport for Identification

We will be having a **BBQ/Registration Day on Wednesday 12th February from 4.30pm** at Rawson Park (behind Bowling Club).

We would like to see all players and their families.

Anyone interested in coaching/managing/ helping in any way please let us know ASAP.

Further information please see our Facebook Page

or email stocktonjr@hotmail.com or 0415 290 485

After school tutoring for students preparing for the HSC

Subjects: English Advanced, English Extension 1, English Extension 2

Attended Abbotsleigh Boarding School in Sydney from Years 10-12

Achieved ATAR of 97

What can I offer?


Substantial improvements in your grades

understanding essay structure

confidence walking into exams

\$20/hour

Contact: Jacqueline Smith Ph: 0421243988



PLAY RUGBY
Southern Beaches wants players in 2014
Southern Beaches Junior Rugby Union
Allen Davis Field, Garswood
All ages during 6-18 years
Registrar: Paul Meagher 0401 507 849

Waratah Mayfield JRLFC is looking for new footballers to join our club.



We register players from 5 – 18 years.

For more information please contact

Joanne on 49 688 430 or 0431 700274

or jo.paul.andboys@optusnet.com.au

Great fun, Great exercise, Great mates!!!



South Newcastle Junior Rugby League



Registrations are now open for all new and returning players. In 2014, registrations will be 100% completed on-line. Registration links can be found on the South's Facebook page or website.


On-line registration assistance days will be held at South Newcastle Leagues Club (Llewellyn Street, Merewether) on Sunday 2nd February 2014 from 1pm – 4pm and Thursday 6th February 2013 from 6pm – 8pm for those who may not have access to "on-line".

On Sunday 16th February 2014, a meet the team/coach day will be held at South's Leagues for final registrations from 1pm – 4pm

Mini League age groups from under 6's to Under 8's, Mod League age groups from Under 9's to Under 12's and International from U13's to U18's

Enquiries: Please contact Scott Hallett at scotthlitt@yahoo.com.au or

Graeme Fitzgerald on 0407 093 662.

 **AUSTRALIAN
AIR FORCE CADETS
CADET RECRUITING**

The Australian Air Force Cadets is one of the Premier Youth Organisations of Australia. We are currently recruiting for 2014.

Do you want to:

- Learn to fly
- Develop your leadership and communication skills
- Participate in adventure training and field craft activities
- Meet new people and make life long friends
- And heaps more

If you:

- Are an Australian resident
- Have good general health
- Are between 13 and 18 years old
- Can attend weekly activities
- Have permission from your parent or guardian

Become a Cadet in the Australian Air Force Cadets

EDUCATES • CHALLENGES • EXCITES

For more information, find your nearest Australian Air Force Cadet Squadron by visiting our website at:
www.aafc.org.au

321 (City of Newcastle) and
316 (City of Lake Macquarie)
Squadrons Australian Air Force Cadets,
both located at Bullecourt Barracks
Military Road, Adamstown
are about to undertaking its 2014 intakes.
The Australian Air Force Cadets is a federally
funded youth development organisation for
13-19 year olds.

321 Squadron parades on Wednesday
evenings during the school term from
6:30pm - 9:30pm.

316 Squadron parades on Friday evenings
during the school term from
6:00pm - 10:0pm.

The dates of the information nights for 2014
are

321 Squadron, Wednesdays the 5th and 12th
of February 2014 at 7:00pm

316 Squadron, Thursdays 30th Jan and the
6th of February 2014 at 7:00pm

 **HORNSBY
GREEK FESTIVAL**

SUNDAY FEBRUARY 23RD 2014

FOOD - DANCE - BANDS *Celebrating 4 years*
BOUZOUKI - ART - CULTURE

Fagan Park 11am - 7pm
38-48 Arcadia Road, Galston

**JOIN US...as we attempt the
Largest Greek Zorba Dance!** **FREE ENTRY**

Sydney's Biggest Greek Celebration!

 **WIN A
MAZDA 2**

- Souvlakia - Haloumi - Loukoumades - Frappe
- Gourmet Coffee - Cheese & Spinach Pastries
- Gelato - Greek Delicacies - Carnival Rides - Art
- Raffle Prizes - Jewellery - Memorabilia - Camels

Hosted by
Greek Orthodox Church & Parish of St Therapon
Under the Greek Orthodox Archdiocese of Australia
Po Box 304, Thornleigh, NSW 2120, Phone: (02) 98753142
www.HornsbyGreekFestival.com.au

Proudly Supporting
 **Eslia Foundation of Australia**
Caring for people with special needs

★Girlstarz **★Princess**



Toronto
Valentine
Edgeworth
Charlestown
Warners Bay
Speers Point

(Ages 7—12yrs)
*Hip Hop *Funky Jazz
*Street Tap

**ALL 3 classes
for \$17.00 TOTAL!**
Be FUNKY. Be COOL.
Be a GIRLSTAR!

Learn the coolest dance moves
to the latest dance grooves!

**★Breakaway
dancers**
PH: 4959 5754
www.breakawaydancers.com.au

(Ages 3—6yrs)
*Baby Ballerinas®
*Jumpin Jazz
*Tiny Tappers

**ALL 3 classes
for \$14.00 TOTAL!**
FUN, creative and energetic!
PERFECT for your little princess!

**★Breakaway
dancers** **BREK
DANCERS**



**SUPER
STARZ**
(Teens to Adults)

Get together with your FRIENDS and learn the
BEST and freshest dance styles from around
the world!
Feel like SUPER STARZ in our new Hottest Hip
Hop, Modern Jazz, and Street Tap classes.
Choose your favourite Superstarz class OR do
ALL 3 classes for \$26.00 TOTAL!

(Ages 7yrs to Adult)
Our Break/Hip Hop
classes create a fun
challenge for those
wishing to tackle and
master the cool and
EXTREME moves of
Breakdancing!
Cost: \$120 Term
(10 weeks)

Warners Bay/Speers Point
Ph: 4959 5754
or TXT your email address to
0412 291 704
www.breakawaydancers.com.au

NEWCASTLE HIGH SCHOOL CANTEEN PRICE LIST 2014

SANDWICHES & ROLLS

Salad	4.50
Ham Salad	5.00
Corn Beef Salad	5.00
Chicken Salad	5.00
Salmon Salad	5.00
Ham	2.50
Corn Beef	2.50
Chicken	3.50
Salmon	3.00
Cheese	2.20
Cheese & Tomato	2.50
Cheese & Ham	3.00
Egg	3.00
Egg & Lettuce	3.50
Corn Beef & Pickle	2.60
Chicken Lettuce & Mayo	4.00
Vegemite	1.50
Peanut Butter	1.50
Buttered Roll/Sandwich	0.80

LAVASHES

Salad	3.50
Chicken Lettuce & Mayo	3.50
Chicken Salad	4.50
Ham Salad	4.50

SUSHI

	3.50
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VITA WHEATS

Cheese	0.80
Vegemite	0.80

SALAD TUBS

Small Tossed	4.50
Large	5.50
Chicken	6.00
Ham	6.00
Salmon	6.00
Caesar Salad	4.50

SALADS (terms 1 and 4 only)

Fresh Fruit	4.50
Pasta	4.50
Chicken Pasta	5.00

SPECIALS

Chicken Wedges	2.50
Curried Chicken	5.00
Homemade Soup B/Butter	5.00
Pizza Slabs	2.50

SPECIALS CONTINUED

Homemade Pasta	3.50
Chicken Burgers	4.00
Chicken Fillet Burger	4.00
Homemade Spaghetti Bol	5.00
Chicken Schnitzel Burger	5.50
Cheese Burger	3.50
Char Grilled Burger	4.00
Homemade Hamburger	4.50
Doner Kebabs	5.50
Meatball Sub	5.00
Chicken Tortilla	5.50
Chicken Wrap	3.50
Butter Chicken	5.00

ICE BLOCKS

Ice Cream Cup	1.00
Billabong	1.30
Paddle Pop	1.30
Frozen Yoghurt	2.00

DRINKS

Hot Milo	1.00
Small Water	1.50
Medium Water	2.00
Flavoured Water	1.50
300ml Plain Milk	1.70
600ml Plain Milk	2.20
375ml Flavoured Milk	2.50
600ml Flavoured Milk	3.50
Poppers	1.20
Up and Go Breakfast Drink	1.70
375ml Juices	2.00

HOT FOOD

Lean Meat Pies	2.50
Lasagne	3.00
Sausage Roll	2.00
Veggie Roll	2.50
Rounders	2.50
Spinach Fetta Roll	3.00
Garlic Bread	2.00
Fruit Yoghurt	2.50
Yoghurt	2.50
Small Chip	1.00
Mousse	2.50
Low Fat Muffin	2.00
Finger Bun	2.00
Fruit	0.60

BREAKFAST MENU

Raisin Toast – 2 slices	\$1.50
Toasted Cheese	\$2.50
Toasted Ham and Cheese	\$3.00
Toasted Ham, cheese and Tomato	\$3.50
Toast with Vegemite – 2 slices	\$1.50
Toast with Jam – 2 slices	\$1.50
Toast with Peanut Butter – 2 slices	\$1.50
Crumpet or English Muffin	\$1.00
Hot Chocolate	\$1.00
Cheese Rolls	\$2.50
Cheese and Bacon Rolls	\$2.50
Hash Browns	\$1.50
Pancakes with Maple Syrup	\$3.00





NEWCASTLE HIGH SCHOOL

“Remis Velisque”

Parkway Avenue, Hamilton 2303

Telephone: (02) 4969 3177

Facsimile: (02) 4961 2912

e-mail: newcastle-h.school@det.nsw.edu.au

Website: www.newcastle-h.schools.nsw.edu.au

