

# The Parkway



February, 2014

Parkway Edition No. 02

## LOTE (LANGUAGES OTHER THAN ENGLISH)



The smallest but very vibrant faculty at Newcastle High School is led by three passionate teachers:

**Ms Meredith Engel, Mrs Elisa Biasiol and Mrs Sue Evans**

The two foreign languages presently on offer for study are Japanese and French. 2014 is looking like another busy and exciting year for LOTE.

## YEAR 7

All students must complete 100 hours of foreign language study according to the requirements set out by the NSW Board of Studies.

### 7 Parnell, 7 Empire and 7 Nesca - Japanese

Students study the Japanese writing script of Hiragana and learn to recognise the Katakana and Kanji scripts. They also study from the Text "Hai!" and its companion workbook, doing simple reading, writing and listening exercises in Japanese. A yearly calendar of Japanese festivals is followed and students also explore and learn about various aspects of Japanese culture: origami, songs, anime, martial arts, religion etc.



### 7 Gregson, 7 Civic, 7 Burwood – French

Students are using the Text "Touche" and most have purchased the companion workbook to use in class. Topics include: simple introductions of self and others, my family, my home and neighbourhood, my pets. Students are tested on the four skills of reading, writing, listening and speaking. French culture, history and geography are also studied. Students learn about La Fete Nationale (Bastille Day) and other important festivals on the French calendar.



## Elective subjects in LOTE

Students in Year 8 may study French and/or Japanese culture as an elective course for one semester. Work from Year 7 is briefly revised so it is possible for students to begin the language in Year 8 even if they were unable to study that particular language in Year 7.

Every year, Japanese and French are offered as two year elective subjects in Years 9 and 10. This year Japanese study is progressing in Year 10 elective class as they begin to learn the new scripts of Katakana and Kanji. They have all perfected a self-introduction in Japanese and are learning to communicate about various topics such as likes/dislikes, food, meals, time, hobbies, pets, family etc.

## Years 11 and 12

In the senior years it is possible to do either French Beginners or Japanese Beginners. These courses are available to students who did not choose the language as an elective in Year 9 or 10. They are 2 unit courses for the HSC exam and students finish with a workable knowledge of the language and the ability to converse in various useful everyday situations. HSC language courses receive bonus points for admission to many universities. At Newcastle University, two bonus points are awarded for a Band 5 or 6 in French or Japanese Beginners. In 2013, HSC French Beginners students, Grace Jamieson and Shaun Murray achieved outstanding Band 6 results!

In our globalised world, foreign language knowledge is useful not only in business and trade but also in hospitality and related industries.



Many Australians travel overseas and the experience is so much richer when you are able to speak even a little of the language. People who rely solely on English may not experience the rewarding social opportunities which are available when you are able to speak to someone in their native language. Nor will they be as empowered in the case of an emergency or other difficulty such as illness.

Many employers are impressed when they see that you have succeeded at foreign language study. It shows determination and the ability and discipline to stick to a goal.

Many people in Europe speak their own native language as well as English and often even a third foreign language. Learning a foreign language helps with grammatical and literacy skills in your own language.

Great exercise for your brain!

Finally, it's FUN!!! 楽しいよ！

et c'est très cool de parler le français.

## What's necessary to succeed?

Discipline and determination!

Regular practice and revision of all new work.

Patience and, of course, it helps to be interested in the country and its culture.





## Overseas Excursions

Every two years we arrange a ten day school trip to Japan for students of Years 8-11. We are due to go again in September, 2014. Mr Guy Hewitt of the English faculty will join Ms Engel as chaperone.

There are also opportunities each year for students to travel to France or New Caledonia with excursions organised by NAFT (NSW French Teachers Association) of which Ms Engel is a member. For enquiries, please see Ms Engel in the LOTE Staffroom.

### Japan 2012



## Hosting Exchange Students

As you are no doubt aware, Newcastle has a longstanding Sister City relationship with the city of Ube, Japan; 2011 marked the 30th Anniversary of this exchange between our two cities.

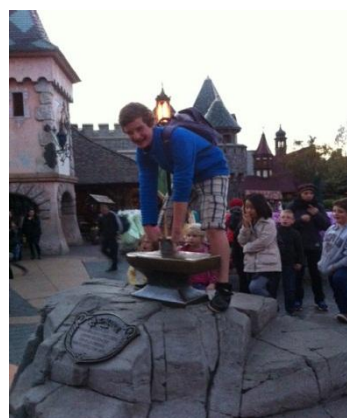
Newcastle High School, in conjunction with Newcastle City Council, hosted a group of students from Ube for one week in Term 3. If you are interested in providing home-stay for a Japanese student please contact Ms Engel. Hosting is a wonderful cultural experience for any family and past students have kept strong ties with the students they have hosted and made return visits.



### *Bonjour,*

*After spending 5 months in France, the different aspects of the Australian culture that I shared with my host family interested everyone and especially my host brother, Tanguy. He now wants to come and experience the Australian way of life for himself, first- hand from July- October this year!*

*He wants to come here to improve his English, experience our beautiful weather and beaches, see a kangaroo and pat a koala.*

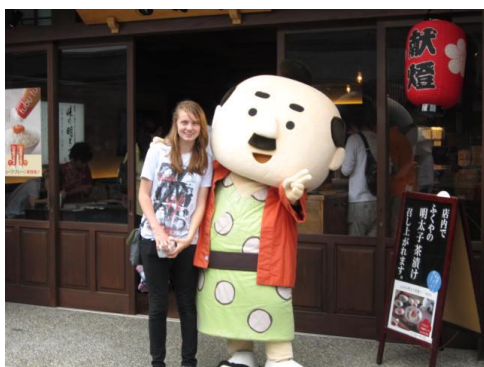


*Tanguy Gerber is a young boy of 15 who likes reading, comics, video games and having a laugh with friends. He is easy going, not fussy and eager to discover our way of living. He lives in Brittany in the west of France home to many traditions and customs, such as the French crepes and galettes. He is also keen to share his culture with us in whichever way that he can and maybe even teach some French.*

*As this stay is four months long we are looking for multiple host families if one isn't possible to find. We encourage those interested to notify us of how much host time is possible for them even if it is merely a two week period, please contact: 0477157663 or come to see Mrs Engel, Ms Wood or Mr Hewitt for further information.*

*Merci beaucoup!*  
*Lydia Corcoran*

## UBE –Newcastle Speech Competition



Every year students enrolled in a Year 9 or 10 Japanese course have the chance to participate in the Ube–Newcastle Cultural Exchange Speech Competition. If successful, four students from Newcastle high schools win the chance to travel to Newcastle's Japanese sister city of Ube in September to do Home Stay with a Japanese family, attend a Japanese school and do sightseeing. This is sponsored through the generosity of the Ube branch of the Ube-Newcastle Friendship society. All airfares, accommodation, meals and transport are included.

In 2013, Ms Engel was the chaperone for four lucky Newcastle students including Jacqui Sager from Year 10.

Please see Ms Engel if you are interested in entering the 2014 competition.



In other LOTE news, Lydia Corcoran, who has been a passionate and dedicated student of French since Year 7, realised a personal dream and travelled to France for five months at the end of last year. She was hosted by a French family in Bretagne (home of the crepe!), Northern France, attended a French school and experienced a French Christmas in Paris. She has returned home fluent in French and is now studying French Continuers for the HSC.

Finally, still on a French note, last year we were able to entice an excellent French Pastry Chef, Patrice, to create crepes at NHS. We held a French Crepe Day on the last week of Term 4. Patrice was exhausted by the end of the day but very grateful for the support. We look forward to inviting him back once again.





## WELFARE

It is hard to believe that it is Week 5 already. I hope that it has been a positive start for 2014 for everyone. I would like to welcome Year 7 to Newcastle High, and congratulate them on their first few weeks of high school. They have impressed all the staff and students in the mature way that they have fitted into our school community. I hope that they have enjoyed their start to the year.

We are very fortunate at Newcastle High to have a very active and supportive Welfare Team which is committed to providing a safe and resilient school environment. There are a number of people in the school who are available to students and parent/caregivers to talk to if they have concerns.

They include:

**Year Advisors** - are a great first point of contact. It can sometimes be a little confusing to determine who would be the best person to speak to. Year Advisors can help answer questions about what is happening in the school or help support students who may be experiencing difficulties. If you would like to speak to the respective Year Adviser of your student they can be contacted via the administration office. We endeavour to get back to people as soon as possible. If you would like an interview with a Year Adviser it is advisable to make an appointment time with them as they are often on class and are unable to see Parents/Caregivers if they just turn up at the office.



Deanna Longobardi

**YEAR 7**



Craig Main



Ms Joanna Myers

**YEAR 8**



Ms Glenyce Oswald



Mrs Karen Hines

**YEAR 9**



Mr Guy Hewitt



Mrs Bronwyn Lidden

**YEAR 10**



Mr Andrew Doherty



Mr Andrew Guinane

**YEAR 11**



Mr Sam Crichton



Ms Angela Queenan

**YEAR 12**



Mrs Debbie Ellis



**School Counsellor** - Mr Terry Sheetrum is our school counsellor who is at the school four days a week (not here Wednesdays). If you would like your child to see Mr Sheetrum please contact him during school hours to make an appointment.

**Student Support Officer (SSO)** - We are very lucky to have the services of Ms Amy King, five days a week. Only 35 schools in NSW were given the opportunity to have an SSO and this has been an invaluable resource that has been provided to Newcastle High. Amy supports students who may be having difficulties at home or school. She organises groups for identified students and co-ordinates youth services from the wider community. Of special note, Amy coordinates the Stealth Arts Group with a number of our creative and imaginative students to develop surprise activities and presentations.

*An Update from Amy:*

*This term we have already kicked off with outside service-providers running some great Group Programs for students from Newcastle High. Eight of our Year 9 girls are participating in the PCYC Step Up Challenge Program. They have already had a surf lesson, and will spend the rest of this term practising barista techniques, getting Save-A-Mate first aid certificates, visiting a drug rehabilitation centre, learning about safe online behaviour and creating a resume. Each Thursday they will be kept busy by the wonderful PCYC staff and will finish the term with a collection of certificates.*

*Our partnership with the Multicultural Neighbourhood Centre and Northern Settlement Services also continues this year. I will be assisting Dale and Tonkoh who will run a program this term for twenty of our students. These young people will participate in activities that explore cultural identity, responding to racism, safe partying and their rights and the law.*

*Are you a grandparent who cares full-time or part-time for one or more of your grandchildren? If you would be interested in meeting up with other grandparent carers and getting support and advice, please call the school and leave your contact details so I can contact you. :)*

*Look out next month for our Day of Action against Bullying activities & Volunteering for the Colour Run.*

*Amy King  
Student Support Officer (SSO)*

**School Chaplain** - Mrs Margaret Livingstone, or Mrs “Livo” as she is most affectionately known, has been an integral part of the Welfare Team for a number of years. This year she will continue to run some small groups and help students, however she is passionate about working with families who may be experiencing difficulties. Mrs Livo will be absent for four weeks this term as she travels around New Zealand as a keynote speaker at a number of women’s conferences. Mr David Gibson who is the chaplain from Carrington PS will be replacing Mrs Livo on Wednesdays and Fridays. Our resident school Grandma, Mrs June Went, also continues to be available to speak with students on Monday and Thursday mornings.

I am privileged to work with this dynamic, caring team and encourage students and parents to contact us if there is anything we may be able to assist with. If you are unsure about who may be the best person to contact, please speak to the relevant Year Advisor or contact me for some clarification.

**Healthy Schools Healthy Futures-** Our partnership with Hunter New England Health and the University of Newcastle finishes at the end of this year. The aim of the Healthy Schools Healthy Futures project is to increase resilience in students and help decrease risk taking behaviours. Students in Years 9 and 10 will be surveyed later in the year to determine the success of the program since its implementation. The focuses of the team for the coming year is to review the anti-bullying processes within the school, develop specific welfare days for each year group, provide teacher professional learning on mental health and co-ordinate a camp for Aboriginal students. Information regarding developing student resilience and other parent resources will continue to be published within *The Parkway*. I would like to take this opportunity to thank our Project Officer, Catherine Leane, for all her support in implementing this program; she has been a wealth of resources and great ideas.

### **Uniform- Can you help please?**

I would like to congratulate everyone on the fantastic uniform that is on display every morning. There are very few students who are out of uniform at the morning assembly. Presently the school is doing a blitz on footwear. It is important that all students have the correct shoes to ensure that they comply with the WH&S requirements for the site.

The Welfare Team is calling for any donations of uniforms that no longer fit or are no longer needed. Our uniform pool is pivotal to our ability to be able support all students wearing Newcastle High's uniform. Items for the uniform pool can be left at the Administration Office and all donations are greatly appreciated.

### **Year 7 Camp**

Year 7 students will be attending the Great Aussie Bush Camp at Tuncurry from Wednesday 12 March to Friday 14 March. We are looking forward to trialling this new venue and the new activities that it has on offer. Detailed information on what students are to pack and permission notes will be distributed shortly. If you have any medical or dietary concerns could you please ensure you contact me or one of the Year 7 Advisors so that we can ensure that appropriate plans are made.



### **Photos**

School photo day is scheduled for **Tuesday 4 March**. Students have been given individualised photo envelopes that can be returned to the school prior to the photo dates. Students who do not have an envelope can pick one up at the Administration Office. Those students who would like photos including those of other family members can also pick up an order form at the office. All students will have an individual photo taken on the day even if they do not wish to purchase the photography packs. These photos are used to help identify students and for administrative purposes. A catch up photo day will occur on the **Tuesday 18<sup>th</sup> March**.

### **Immunisations**

On **Wednesday 2 April** all students in Year 7 and boys in Year 9 will be having immunisations organised by NSW Health. These students will receive consent forms in the next week and are encouraged to return the consent forms to their Mentor teacher or the Administration Office. Only students who have returned their consent form can be immunised on the day. Further details about the program are included in this edition of *The Parkway*.



***Other immunisation dates for the year are:***

***Wednesday 11<sup>th</sup> June 2014***

***Wednesday 29<sup>th</sup> October 2014***

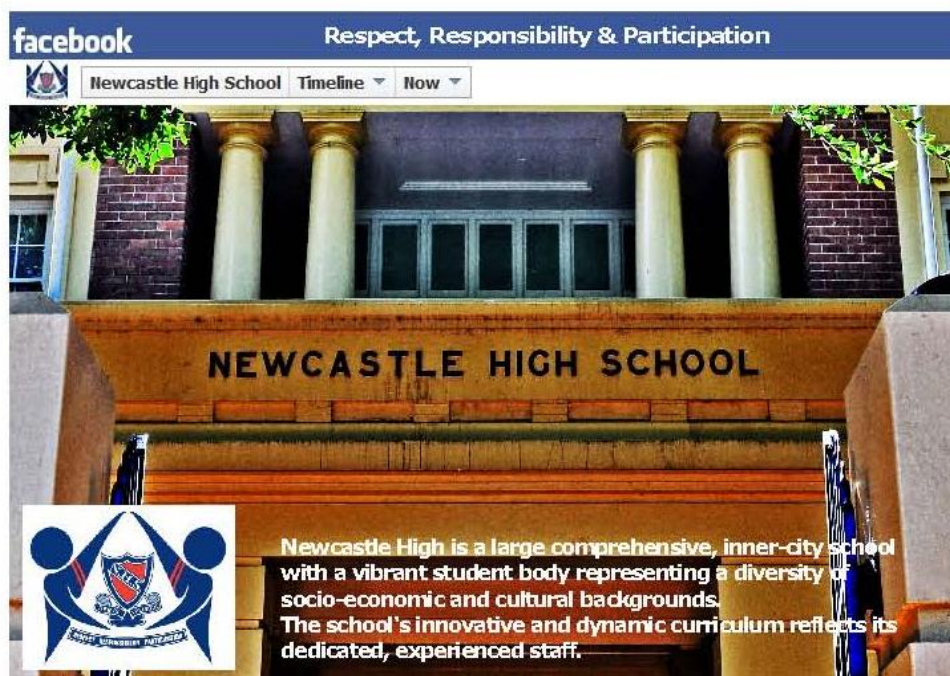


## Year 6 Expression of Interest 2015

The Year 6 to 7 transition process has already started for 2015. Year 6 students need to submit an Expression of Interest (EOI) form for the high school they would like to attend next year. The EOI is due to their primary school by 21 March 2014. For those who know of students that may be going to high school next year, please spread the word on the great things that are happening at Newcastle High School. There will be an open night on **Monday 3 March from 6pm to 7.30pm** for anyone who would like to take a tour of the school and meet some key personnel involved in transition. Any questions regarding the transition process for 2015 can be directed to me or Ms Outram (Year 7 Deputy Principal 2015).

## Facebook

Half way through last year NHS embraced social media and developed an official Newcastle High School Facebook page. This has been a great way to instantly share the fantastic achievements of students and our school community. It has also been an invaluable tool in distributing information to students and parents instantly. We are currently just short of 500 followers and would love to see this increase. If you have any good news stories or activities occurring in the school that you would like to promote or celebrate please contact me.



## The LAST

I would like to welcome Mrs Naomi Durie to Newcastle High. Mrs Durie was appointed by merit selection to the position of LAST (Learning and Support Teacher) at the end of last year. We are lucky to have her as part of the NHS community and she brings a wealth of experience from a range of diverse settings. The LAST is responsible for helping students who may have literacy/numeracy issues, mental health concerns, autism and behaviour difficulties. We are trialling an Alternative Learning Space – called KICK Start every Friday in the Tutor Room. Students will have the opportunity to work with the LAST and some volunteer tutors to work on class work, assessment tasks or specific areas that students may be experiencing difficulty with. Students can nominate themselves to spend time in the KICK Start program or conversely teachers or parents can recommend students to attend. If you have any questions please don't hesitate to call or make an appointment to see me.

*Mrs Shannon Sager  
Head Teacher Welfare  
Learning and Support Teacher (LAST)*



# NSW SCHOOL VACCINATION PROGRAM 2014

Each year NSW Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2014 the following vaccines will be offered:

## Year 7 students (males and females)

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) one dose
- varicella vaccine (chickenpox) one dose
- human papillomavirus (HPV) vaccine in a three dose course

## Year 9 students

- HPV vaccine in a three dose course, **male students only**

*The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.*

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to read all the information provided and return the form to their child's school

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation)

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11<sup>th</sup> number beside the child's name) on the consent form, as this is required to record the student's information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

**A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.**

## IMPORTANT POINTS

- **Tick the coloured boxes on the front of the consent form for each vaccine/s you would like your child to receive**

**4. Consent** Please tick the vaccines you wish your child to receive.

I have read and understood the information provided regarding the benefits and possible side effects of the HPV vaccine, the dTpa vaccine and the Varicella Vaccine.

☐ I hereby give consent for my child, named above to receive a 3 dose course of HPV vaccine, and for their health information to be shared with the National HPV Register and linked to the National and State Cervical Screening Program Registers.

☐ I hereby give consent for my child, named above to receive a single dose of Diphtheria, Tetanus and Pertussis (dTpa) vaccine.

☐ I hereby give consent for my child, named above, to receive a single dose of Varicella vaccine.

I declare to the best of my knowledge, that my child:

1. Has not had an anaphylactic reaction following any vaccination
2. Does not have an anaphylactic sensitivity to any of the vaccine components listed in the information for you and your child in the Parent Information Kit.
3. Is not pregnant,

Signature of Parent/Guardian

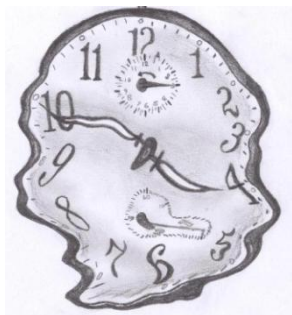
Date

- **ensure your child has eaten breakfast the morning of the clinic**
- **ensure your child is wearing clothing that enables the upper arm to be exposed**
- **ENSURE FORM IS COMPLETED CORRECTLY, AND SIGNED**
- **COMPLETE CONSENT FORMS IN BLUE OR BLACK PEN ONLY**
- **Ask your child for the record of vaccination when they arrive home on the day of the clinic – keep this record in a safe place (eg. babys' blue book), ideally notify your GP for their records.**

## PRINCIPAL'S REPORT



The year is well and truly off and running. It has been a very successful start to the year with students engaged in learning and lots of extra activities taking place. One of the highlights so far has been the school swimming carnival that was held at Stockton Pool. As you will read later in this bulletin over two thirds of the competitors were selected to participate in the Zone Swimming Carnival. It was great to see a number of students from Cooks Hill Campus participate in the carnival as well. Well done to the age champions, great effort everyone. You can find the results on page 14 of this bulletin.



The numbers of students overall in attendance is slightly below what we had expected but we have more students than anticipated in Year 11. This means there will be some changes made to the timetable in the coming weeks but we are hoping to limit them. I appreciate the patience and cooperation of staff and students as we work through these changes. I feel it will be necessary to move a small number of Stage 6 classes to a before school period, commencing at 7.45am. This is common practice in many schools.

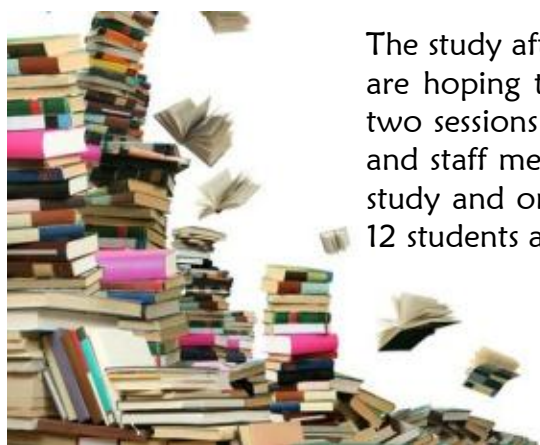
One of our targets for 2014 is to improve on-time arrival at school. School commences at 8.45am and all students are expected to be at school for morning assembly and roll marking then. Senior students with flexible starts are exempt. Please read the enclosed article about school attendance on page 20.

I was delighted to hear excellent reports from community members about the behaviour of the Year 10 students who attended the English excursion to Maitland Goal recently. I had a call from a shopkeeper in East Maitland and a comment from a rail employee acknowledging the positive image our students projected in the community. See what the students got up to at Maitland Goal and read the student report on page 12.

This week we will welcome a small group of Japanese students and their teachers to Newcastle High School. Thanks to the families who are hosting these students.

Year 11 students are now enrolled in their Higher School Certificate subjects. Unfortunately, a small number of students have not completed the compulsory All My Own Work requirement; unless this is completed immediately and signed off these students will not be awarded their Preliminary HSC. Ms Kadarusman is working very hard to assist these students to meet this deadline.

On Monday 3 March the school will be open to all local families for an Open Night to allow us to show the facilities at the school to Year 5 and 6 parents. Year 6 parents have to lodge Expression of Interest for placement into Year 7 2015 soon, so we all need to talk of the positive things Newcastle High School does serving its local community. I have already met with the Principals from the partner primary schools to plan our transition program for Year 6.



The study afternoons for Year 12 students commence again this week. We are hoping to run one session per week in Term 1 and build this up to two sessions per week in Terms 2 and 3. These sessions run from 3-5pm and staff members volunteer their time to assist students to improve their study and organisation. Mr Southward has provided information to Year 12 students about the program.





The school has again offered to play a key role in the local Anzac Day Dawn Service in Gregson Park, Hamilton. All members of the school community are welcome to join in the short march along Tudor Street and to participate in the service. Anzac Day this year falls on the last Friday of the school holidays. Prefects and SRC members will play a key role in representing the school.

The next P&C meeting is the AGM and it is vital for the school that a full P&C executive be elected at this meeting. As we move toward more local autonomy is important that the P&C be fully functioning and can represent the views of parents. My sincere thanks to the outgoing Executive who have done a fabulous job in supporting the operation of the school during 2013; my thanks to Melissa Dial, Susanne Cafe, Karla Karinen, Jacque Collin, Christine Burdell, Caroline Smith and many other parents who support the P&C.

One of the many jobs the P&C does is to participate in merit selection of staff. The school is very pleased for Mr Southward who has been appointed to Merewether High School, but saddened that we are losing such a skilled and hard-working Deputy Principal. Mr Southward will commence at Merewether High at the commencement of Term 2, so I am hoping that we will be able to go to advertisement for this position before the end of this term.

The P&C hosted the very successful Meet the Teacher BBQ earlier this term. Over 90 families attended and it was lovely to meet so many new parents/carers and to hear how well the transition to Newcastle High School was occurring for many students.

As university commences, a number of former students have popped in to say goodbye. I wish all former students all the best as they commence their tertiary studies.

*Mark Hewitt*  
*Principal*



## SCIENCE NEWS

The Science Faculty at Newcastle High is ready to teach. They have been polishing their safety glasses, washing their lab coats and testing their Bunsen burners. With a new curriculum to teach for Years 7 and 9, we are looking forward to working closely with the students and parents of all our classes.



We have two staff members to farewell. Michelle Manhood has retired after a long and distinguished career. Aurelia Nowak has accepted a position at the Cooks Hill Campus, the new Big Picture Opportunity linked to Newcastle High. We wish Michelle and Aurelia all the best in the future. Bronwyn Cooper has joined the Science team for this year and has already made positive contributions to the school.

The Science team is looking to provide extended opportunities for our students. We have excursions, academic competitions and experimental challenges for students to participate in and develop scientific acumen. Our NASA excursion to Orlando Florida will depart at the end of June.

The Cows are coming again this year to the udder excitement of our Year 8 students. Our Year 11 Biology and Senior Science students will be going to the Wetlands and our Year 12 Biology class will head to the Museum of Human Disease in Sydney later in the year. Our Physics and Chemistry classes will be undertaking university and TAFE visits and will also visit local chemical industries.



## MAITLAND GAOL EXCURSION



Newcastle High School's Year 10 students set off last Friday on an adventure to the prison once known as 'Australia's toughest gaol'. We boarded the Telarah Express and sat for 20 minutes busting to get off the cramped carriage until we arrived at Victoria Street, East Maitland. Within five minutes of walking our eyes were met with huge sandstone walls, and large amounts of barbed wire.

Once the tour kicked off our year divided into three groups and went our separate ways into the endless maze. The tour guides were great for helping us see what actually went on in the prison in the past and didn't leave any details out. Hearing stories from guards almost getting their throats cut or prisoners smuggling tobacco along with other things. The Maitland Gaol was a great and exciting place to see with its 'colosseum' like structures being so big and old.



Once the tour had ended we set off to the Maitland city centre where the kids got lunch and relaxed after a few hours of walking. All summed up, the day was a great experience and we would just like to thank the tour guides and the English department.

*Milan Lettau  
10E*



## REPRESENTATIVE SPORT

Mr Wagner and Mrs Blatchford will be co-ordinating the NSW CHS knockout teams and Hunter Region representative trials this year. At this early stage of the year we do not have any sporting results to report. We have included in this bulletin a list of the NSW CHS Knockout Competitions that Newcastle High School will be entering in 2014 and the teachers who will coach these teams. We have also included information on trials for Hunter Region Sporting Teams for this year.

City Zone has a number of gala days that are played throughout the year. They offer the opportunity for our students in Years 7 – 9 to compete against other zone school and represent Newcastle High. All of the above information is conveyed to the students via the red notice board outside the PDHPE Staffroom and in the daily notices that are read out on assembly.

Students who play in these teams or attend trials are expected to see their teachers to catch up on missed school work.

Students will only be permitted to represent in a School Team or Regional Team if they behave in a manner which is appropriate and acceptable in all areas of the school. Any enquiries can be directed to Mr Wagner or Mrs Blatchford at the PDHPE staffroom.

*Mr P Wagner / Mrs N Blatchford*  
*Interschool Sports Coordinators*

## NEWCASTLE HIGH SCHOOL SWIMMING CARNIVAL 2014



The School Swimming Carnival was held at Stockton Pool on Thursday 13 February. Sixty competitors took to the water and forty-four of those qualified for the City Zone Carnival which was held at Mayfield Pool on Wednesday 19 February 2014.

The NHS age champions for 2014 are:

Age	Girls	Boys
12	Sunny Ward	Patrick Johansen
13	Sian Cowley	Robert Stanley
14	Natalie Cox	Kyle Ferguson / Caleb Scullion
15	Abbie Gray	Jackson Blyth
16	Shumani Tuckwell	Michael Tuckwell
17+	Jess Plumstead	Rhys Ramplin



A great day was had by all with thanks to Mr Wagner and Mrs Blatchford for their help at the Carnival and Mr See for his "Guest Appearance" as starter. Also to those students who gave up their time to be timekeepers.

*Mrs A Dennis*  
*Carnival Organiser*



## KNOCKOUT COMPETITIONS – 2014

Sport	1 <sup>st</sup> round to be played by:	Week	Teacher
Basketball – Boys Open – Craig Shield	19.02.14 Rd 1	Week 4, Term 1	Mr Gill
Basketball – Girls Open	19.02.14 Rd 2	Week 4, Term 1	Mr Gill
Surfest	20.02.14	Week 4, Term 1	Mr Guinane/Mr Prior
Cricket – Boys Under 14 – Baker Shield	28.02.14 Rd 1&2	Week 5, Term 1	Mr Doherty
Golf – Hunter Stroke Play/Match Play	28.02.14	Week 5, Term 1	See Mr Wagner (Noms due 14/02/14)
Cricket – Boys Open – Jim De Courcy Shield	07.03.14 Rd 1	Week 6, Term 1	Mr Hewitt
Lawn Bowls – Team of 3 (Mixed/Same Sex)	07.03.14 Rd 2	Week 6, Term 1	Mr Oprea
Netball – Girls Open (zone gala day)	12.03.14 Rd 1	Week 7, Term 1	Mrs Longobardi
Touch Football – Girls Open (zone gala day)	21.03.14 Rd 2	Week 8, Term 1	Ms Harris
Football – Boys Open	21.03.14 Rd 2	Week 8, Term 1	Mr Main
Softball – Girls Open	21.03.14 Rd 2	Week 8, Term 1	Mrs Dennis
Rugby League – Buckley Shield (U14)	03.04.14 Rd 1	Week 10, Term 1	Mr Newman
Football – Girls Open	04.04.14 Rd 1	Week 10, Term 1	Mrs Sager
Rugby League – University Shield (Open)	10.04.14 Rd 1	Week 11, Term 1	Mr Newman
Touch Football – Boys Open	11.04.14 Rd 2	Week 11, Term 1	Ms Harris
Tennis – Girls Open – Floris Conway Cup	11.04.14 Rd 1	Week 11, Term 1	Mrs Dennis
Tennis – Boys Open – Stan Jones Trophy	11.04.14 Rd 1	Week 11, Term 1	Mrs Dennis
Hockey – Boys Open	09.05.14 Rd 1	Week 2, Term 2	Mr Crichton/Mrs Wells
Hockey – Girls Open	09.05.14 Rd 1	Week 2, Term 2	Mrs Dennis
Aust. Football – Boys U/15 Swan Shield	11.06.14 Rd 1	Week 7, Term 2	Mr Doherty
Basketball – Girls U/15	15.08.14 Rd 1	Week 5, Term 3	Mr Gill
Basketball – Boys U/15	15.08.14 Rd 1	Week 5, Term 3	Mr Gill
U/15 Netball	TBA	Term 3	Mrs Longobardi
Football – Girls U/15 – Bill Turner Trophy	TBA		Mrs Sager
Football – Boys U/15 – Bill Turner Cup	TBA		Mrs Wells
Rugby League - Knights K/O	TBA		Mr Newman
Boccia	TBA	Term 2-3	Mrs Sager
Surfing	TBA		Mr Guinane/Mr Prior
Rugby Union	TBA		Mr Carswell
School Swimming Carnival	13.02.14	Week 3, Term 1	Mrs Dennis
School Athletics Carnival	TBA		
School Cross Country Carnival	TBA		Mr Wagner/ Mrs Blatchford

**NB: Students will only be permitted to represent in a Regional Team if they behave in a manner which is appropriate and acceptable in all areas of the school.**



If interested in attending the trials to be selected in a  
**HUNTER REGION SPORTING TEAM**  
 You must see Mr Wagner (Boys) Mrs Blatchford (Girls)  
 prior to the notification date  
**Term 1 - 2014**

**NOTE:** All events are **OPEN** unless specified.

SPORT	DATE OF TRIAL	VENUE	See Mr Wagner / Mrs Blatchford by Notification Date
Girls Basketball	Mon 24 Feb (Week 5)	Maitland Federation Centre	Wed 19 Feb
Boys & Girls Diving	Tues 25 Feb (Week 5)	Lambton Pool	Wed 19 Feb
Boys Volleyball	Tues 25 Feb (Week 5)	Newcastle BBall Stadium	Fri 14 Feb
Boys Basketball	Mon 26 Feb (Week 5)	Maitland Basketball Stadium	Wed 19 Feb
Girls Volleyball	Thurs 27 Feb (Week 5)	Newcastle BBall Stadium	Fri 21 Feb
Boys & Girls Golf	Fri 28 Feb (Week 5)	Hawks Nest Golf Club	Fri 12 Feb
Boys & Girls Swimming	Selected from Zone & Regional Championship 19 Feb (Week 4) 4 Mar (Week 6)		Selected at school carnival
Boys U'16 Touch	Fri 7 Mar (Week 6)	Lakeside Raymond Terrace	Mon 24 Feb
Girls U'16 Touch	Fri 7 Mar (Week 6)	Lakeside Raymond Terrace	Mon 24 Feb
Rugby League U'15 Zone Trials – Must attend this trial to qualify for Regional trial Wed 26 Mar	See Mr Wagner Fri 8 April		Hunter Region - Lakeside Complex - Raymond Terrace
Girls Football (Soccer)	Tues 18 Mar (Week 8)	Macq Fields Speers Point	Wed 12 Mar
Aust. Rules Football (15 and under)	Tues 18 Mar (Week 8)	Tulkaba Park, Teralba	Wed 12 Mar
Boys Football (Soccer)	Wed 19 Mar (Week 8)	Hunter Sports High Gateshead	Wed 12 March
Boys & Girls Water Polo	Thurs 20 Mar (Week 8)	Lakeside – Raymond Terrace	Thurs 13 Mar
Girls Netball	Fri 21 Mar (Week 8)	National Park	Wed 12 Mar
Rugby League (Regional) U'18s	Wed 26 Mar (Week 9)	Lakeside – Raymond Terrace	Thurs 6 Mar
Boys & Girls Hockey	Tues 1 April (Week 10)	Hockey Centre Broadmeadow	Wed 26 Mar
Boys Rugby Union	Wed 2 Apr (Week 10)	Dangar Park Mayfield	Tue 25 Mar
Girls Open Touch	Fri 4 Apr (Week 11)	Lakeside – Raymond Terrace	Wed 26 Mar
Boys Open Touch	Fri 4 Apr (Week 11)	Lakeside – Raymond Terrace	Wed 26 Mar

If interested in attending the trials to be selected in a  
**HUNTER REGION SPORTING TEAM**  
 You must see Mr Wagner (Boys) Mrs Blatchford (Girls)  
 prior to the notification date  
**Term 2,3 &4 - 2014**

**NOTE:** All events are **OPEN** unless specified.

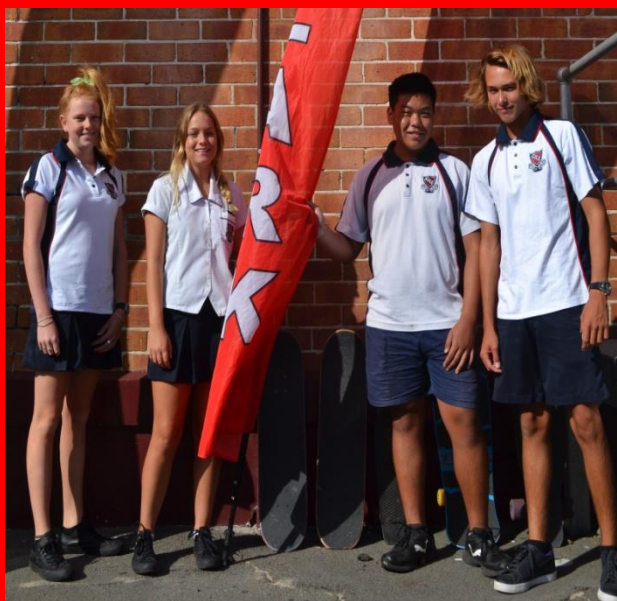
	SPORT	DATE OF TRIAL	VENUE	See Mr Wagner / Mrs Blatchford by Notification Date
Term 2	Boys and Girls Squash	Mon 5 May (Week 2)	Cardiff Squash Courts	Mon 28 April
	Lawn Bowls	Tues 6 May (Week 2)	Wallsend Bowling Club	Thurs 1 May
	Boys and Girls Cross Country	Selected from Zone 1 May (Week 1) and Regional Carnival (Newcastle Racecourse) Fri 9 May (Week 2)		
	Girls and Boys Artistic Gymnastics	Thurs 5 June (Week 6)	Gateshead Indoor Sports Centre	Wed 21 May
	Girls Tennis	Tues 17 June (Week 8)	District Park Courts	Thurs 12 June
	Boys Softball	Wed 18 June (Week 8)	Stevenson Oval Mayfield West	Fri 13 June
	Rhythmic Gymnastics	Fri 20 June (Week 8)	Kahibah Public School	Wed 28 May
Term 3	Boys and Girls Athletics	Selected from Zone 2 June and Regional Carnival 23 and 24 July (Week 2)		
	Boys and Girls Trampoline	Thurs 31 July (Week 3)	Belmont High	Wed 23 July
	Boys Tennis (16 years and under)	Tues 26 Aug (Week 7)	District Park Courts	Wed 20 August
Term 4	Boys Baseball (to compete in 2015)	Wed 12 Nov (Week 6)	Stevenson Oval Mayfield West	Wed 5 Nov
	Girls Softball	Wed 19 Nov (Week 7)	Stevenson Oval Mayfield West	Fri 14 Nov
	Girls Cricket (to compete in 2015)	Thurs 20 Nov (Week 7)	Wallsend Cricket Oval	Fri 14 Nov
	Boys Cricket (to compete in 2015)	Thurs 27 Nov (Week 8)	Maitland Indoor Cricket Centre	Fri 21 Nov

**NB: Students will only be permitted to represent in a Regional Team if they behave in a manner which is appropriate and acceptable in all areas of the school.**

## HOUSE SPORTS – INCOMING AND OUTGOING CAPTAINS

Newcastle High School's 2014 House Captains have been announced. The batons were passed from last year's Leaders to our incoming Year 10 Captains. Congratulations and good luck to each House for 2014.

### CLARK



KAITLIN DUCK, MARLII CARROLL, DERRICK DINH & TRE CARSON

### FEARNLEY



ALEX HILLS, OLIVER HENDRIKS, SOPHIE FARMER & MIMI ELLICOTT

### WATT



ISABELLA SOFIANOS, MERCEDES WILDSCHUTT, JARROD SANSON & JORDY TOBY

### RICHARDS



LUCY MAHER, JAEGER COLLINS (RING IN), MILAN LETTAU  
ABSENT: DYLAN NOBLE & HAILEIGH MANGOVSKI



## Congratulations to NHS's 2014 House Captains



Clark House: Kaitlyn Duck & Tre Carson  
Fearnley House: Sophie Farmer & Oliver Hendricks

Richards House: Lucy Maher & Milan Lettau  
Watt House: Isabella Sofianos & Jordy Toby

## WHICH IS YOUR CHILD'S HOUSE?

**A-D:** become members of CLARK House (RED)  
named in honour of former NHS student, Australian cricketing legend and current AIS general manager, BELINDA CLARK.

**E-K:** are aligned with FEARNLEY House (BLUE)  
named in honour of local paralympian, marathon-man, adventure guru and Newcastle High Patron, KURT FEARNLEY.

**L-Q:** join RICHARDS House (YELLOW)  
named in honour of four time world surfing champion and Newcastle icon, MARK RICHARDS.

**R-Z:** link with WATT House (GREEN)  
named in honour of former NHS student and one of Australian's most successful paralympian swimmers, PRUE WATT.





2014 is already shaping up as a busy and eventful year. Thank you to the many businesses, organisations and individuals who volunteered their time to assist our students last year in training, work experience and workplace learning placements. A warm welcome to Arron Stevens who is the Careers Adviser at the Cooks Hill Campus.

## Communication

Students will be informed about career opportunities through their school email, on assembly, through this newsletter and via parental email. "CTL weekly jobs & Training Ads" are emailed to all Year 10, 11 and 12 students on a weekly basis, while the "NHS Careers News" is emailed once a term. Students are always welcome to visit the Cottage if they have any questions relating to careers.

## YEARS 8 AND 9

**Tax File Number Application forms** may be collected from and returned to the Careers room located in the Cottage. This is a simple two page form.

## YEAR 10

**Careers lessons** with Year 10 commenced Week 4. Students will be undertaking a vocational Career Interest Test and a careers survey. They will then investigate career options and pathways that are related to their career interest. Using NHS's Moodle web links, students will research careers through various online websites, such as *Ace Day Jobs*, *Jobguide Online*, *My Future*, *UAC Online* and *A life*. There is also a resume scaffold for students to develop or update resumes.

The **Safety Construction Induction Certificate (White Card)** course is being offered later this term, depending on demand. Construction induction training provides people entering the construction industry with a basic knowledge of WH&S requirements. WorkCover requires that everyone working on a building site in NSW complete an accredited safety training (White Card) course. Students, particularly those interested in work experience or an apprenticeship in the construction industry, should speak to Mr Alexander and put their name on the list. This course is subsidised by the school and will cost students \$50.

The **Newcastle and Lake Macquarie Careers Expo** will take place in Term 2 on Thursday, May 22<sup>nd</sup>. This is an extremely important event as it provides students with an opportunity to view exhibits, collect brochures/ information and talk to training organisations, universities, TAFE, employers and apprenticeship providers. As it is considered so important, NHS is subsidising this event and so there will be a nominal cost of \$5 for students to attend. The excursion consent, including medical information form, needs to be completed and returned to the school.





## New 4 Unit TAFE Horticulture course at Newcastle High



An exciting new course in horticulture is being introduced at the school this year. The course was inspired by our Community Liaison Officer, Kim Moore. The teacher, Paul Lane, is an experienced and passionate horticulture teacher from TAFE who will be teaching at our school every Friday, creating landscaped gardens in the school grounds.



## YEARS 11 AND 12

### Newcastle Rotary Club and Newcastle High School Job Ready Program



Late last year NHS in conjunction with the Newcastle Rotary Club undertook the Job Ready Program. Thank you to the Newcastle Rotarians, Ted Lewis, Chris Boswell and Bob Urry who generously gave their time and expertise to conduct simulation employment interviews and give excellent feedback and advice to our students. Without exception, our students found the experience extremely useful, constructive and informative.

Left to right: Rotarians, Chris Boswell and Ted Lewis and NHS student Elsie Crockett

Year 12 students who took the opportunity to be involved in the pilot program were Rhianna O'Reagan, Sarah Milliken, Lauren Redriff, Genna Prudius, Elsie Crockett, Bhargavi Sharna, and Joanna Simonovic.

Year 11 students who participate this year will: gain a Rotary International Certificate of Achievement; participate in an employment simulation interview; respond to a job advertisement; produce a resume and covering letter; and receive useful panel interview employer feedback. Interested students should collect enrolment forms from Mr Alexander.

*Mr Chris Alexander*  
*Careers Advisor*



# ATTENDANCE

## ***Regular attendance at school is essential for successful student learning***

Students are required to attend school every day of the school year, unless there are circumstances which make this impossible. These circumstances include sickness, accident or family crisis.

Where possible, family holidays should be planned during school vacation time and appointments should be made outside of school hours. Parents should complete an 'Exemption from School Attendance' form (available from the front office) if they know in advance that their child will have a prolonged absence.

An attendance rate of 85% or above is expected. Families will be notified if their child's attendance falls below this level. If a child's attendance is of serious concern, the DEC's Home School Liaison Officer may become involved.

## ***Arriving at school on time and attending all lessons demonstrates respect, responsibility and participation.***

Students must be at school by 8:45am for roll call/assembly.

Rolls are marked at the commencement of the school day and at the beginning of every lesson. Teachers mark the class roll electronically.

If students are late to school they must sign in at the Roll Room. A slip is issued at this time if a note is not provided. If there is a valid reason for the late arrival, parents can provide an explanation and have their child return it the next day.

Parents will be notified via SMS if their child arrives late or is absent from school. Please ensure that the school has the correct mobile phone number for contact.

Any absence from school must be explained within 7 days of the student returning to school. Absences can be explained by:

- responding to the SMS message received (you cannot send a direct SMS)
- contacting the school via phone (4969 3177)
- sending an email (Newcastle-h.school@det.nsw.edu.au)
- sending in a written note

Students are expected to remain at school for the whole day and attend all time-tabled lessons.

Students who have a valid reason to leave early, must submit a note during roll call and collect their "early leavers pass" from the Roll Room at recess.

Senior Students (Years 11 & 12) are permitted to:

- leave school at 1:30pm on Mondays and Wednesdays if they don't have a timetabled class
- sign in after 8:45am if they don't have a timetabled class Period 1

Senior Students are not permitted to leave the school during the day if they have a 'free' period. These periods should be used for study within the school grounds.

Please contact the school if you need support regarding your child's attendance.

***Students who have regular, punctual attendance achieve the best results possible and have better future prospects.***



## **In Summary:**

- ✓ School starts at 8:45 am and finishes at 3:00pm
- ✓ Attend every day unless there is a valid reason
- ✓ Arrive on time
- ✓ Attend all lessons
- ✓ Do not leave the school grounds during the day
- ✓ Absence must be explained within 7 days.
  - ⇒ Respond to the SMS
  - ⇒ Phone 49693177
  - ⇒ Send a note
  - ⇒ Send an email
- ✓ Organise appointments outside school hours
- ✓ Organise holidays during vacation time
- ✓ Submit an Exemption form for prolonged absences
- ✓ Encourage and support full attendance and participation in all school activities
- ✓ Contact the school if you need support
- ✓ Questions regarding attendance should be directed to Ms Kadarusman



# IMPORTANT DATES FOR THE DIARY

	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
January	1 27 Public Holiday	28	29 Years 7, 11 and 12 Return	30 Years 8, 9 and 10 Return	31	
	2 3	4	5	6	7	
February	3 10 5.30pm P&C Meeting	4 11 5pm - 6.30pm Meet with Teacher BBQ	5 12 9am - 12am Year Assemblies	6 13 Swimming Carnival	7 14	
	4 17	5 18 City Zone Swimming Carnival	6 19	7 20 Surfer - Newcastle Team Challenge	8 21 Surfer - Newcastle Team Challenge	
March	5 24	6 25 Japanese Exchange Students	7 26 Japanese Exchange Students	8 27 Japanese Exchange Students	9 28	
	6 3	7 4 School Photos	8 5	9 6	10 7	
April	7 10 P&C AGM	8 11	9 12 Year 7 Camp	10 13 Year 7 Camp	11 14 Year 7 Camp	
	8 17	9 18	10 19	11 20	12 21	
April	9 24	10 25 3.30pm - 6pm Parent Teacher Afternoon	11 26 Year Assemblies	12 27	13 28	
	10 31	11 1	12 2 Year 7 and Year 9 Immunisations 3.30pm - 6pm Parent Teacher Afternoon	13 3	14 4	
11	7 P&C Meeting	8	9 Merit Assemblies	10 Merit Assemblies	11	

## WOULD YOU LIKE TO HOST AN OVERSEAS STUDENT?

Learn about another culture, learn a new language or perhaps improve your culinary skills

### Hosting – An Experience for Life

Student Exchange is looking for host families across Australia to welcome overseas students into their home



**student exchange**  
AUSTRALIA NEW ZEALAND

[www.studentexchange.org.au](http://www.studentexchange.org.au)  
1300 135 331 (cost of local call)





# Boomerangs

## Baseball Club

Are you interested in playing Junior Baseball?  
Baseball is a great non-contact team sport where everyone gets a fair go. We play from April to September.  
Age divisions start at U/8 & U/10 (T-Ball) with U/12, U/14 and U/16's playing modified rules to suit their level of development.  
Baseball with **Boomerangs** is one of the **least expensive** sports you can play; we supply almost all you need to play.  
For more information: Visit [www.boomerangsbaseball.com.au](http://www.boomerangsbaseball.com.au)  
Contact Blair 0438 483 154 or Wayne 0420 928 557  
Registrations and Training **February 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>**  
**March 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>** 9.00am - 11.00am Boomerang Field, Industrial Drive, Mayfield West



**Port Hunter Basketball Club Registration Day**  
**Friday 28th February 5.00 pm – 7.00 pm**  
**Newcastle Basketball Stadium**  
**Direct enquiries to Nicole 0431 486 080**

## International Women's Day Cocktail Function

In conjunction with Timeless Textiles, Zonta Club of Hunter Newcastle are pleased to invite you to the International Women's Day Cocktail Function.  
This event will follow the Timeless Textiles Stitch-a-thon and proceeds will aid the White Ribbon campaign. Proceeds will also assist women & children locally & internationally through the Zonta Club of Hunter Newcastle.

**Date and Time :** 8th March 2014, between 6:30pm – 8pm

**Entry by donation.** A glass of wine or champagne on arrival with finger food throughout the evening.



Contact and enquiry details: Helen Blackburn, Charter President via email: [helenbb1@aanet.com.au](mailto:helenbb1@aanet.com.au) or telephone 0409 975 392

**ZONTA says 'NO' to violence against women**



## PARKS WEEK

Celebrate with us at  
**Glenrock State Conservation Area**



**SUNDAY 9TH MARCH 2014 – FROM 10AM – 2PM - FREE OF CHARGE**

Gateway to Glenrock is a community open day that will give you a taste of many of the experiences offered in National Parks. With activities for both adults and kids, there will be something for everyone. Let a Discovery Ranger

take you on a guided tour of Glenrock SCA or let the kids imaginations run wild in a WilderQuest activity. For the more adventurous, bring your mountain bike and take part in our Ranger Guided Two Wheel Trek or visit the various

exhibitions from National Parks and our partners. Entertainment will run throughout the day including performances from local indigenous artists. Bring your own food and drink or grab some light refreshments on site.

**FOR MORE INFORMATION**  
VISIT [WWW.NATIONALPARKS.NSW.GOV.AU](http://WWW.NATIONALPARKS.NSW.GOV.AU) OR CALL 1300 PARKS (1300 72757)





## ENGAGING ADOLESCENTS™ PARENT COURSE



*Parenting skills for resolving teenage behaviour problems*

**A three-session program for parents and carers held at Firstchance, The Special Education Centre**

**The Sessions will be held on the following dates between the hours of 10.00-12.30pm: 12/3/14, 19/3/14 & 26/3/14. A booster session will be held between 10.00-12.30pm 30/4/14**

### Learn:

- ✓ Some common ground shared by parents & reasonable expectations to hold about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self check-in, first - for parents.
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

### Registration Fee

The course costs \$15 (Includes booklet and morning tea) for families who are registered with our service and not in receipt of NDIA funding. For parents who are registered themselves with NDIA (National Disability Insurance Agency) or have a child registered with NDIA please see below for more information \*. Registrations close by 28<sup>th</sup> February, 2014

To register, or find out more information, please contact **Kim Talbot** at **Firstchance** by email [kim.talbot@newcastle.edu.au](mailto:kim.talbot@newcastle.edu.au)

\*We are now happy to say that this program can also be accessed by our families living in the **Newcastle** area who are receiving an NDIA package or whose son or daughter are **receiving NDIA funding**. However, it would be best to contact your NDIA planner to find out if this program can be accessed by you or your son or daughter's planner. Please RSVP by our RSVP date, the 28<sup>th</sup> February,

😊The trainers for this course are Kim Talbot and Cristy Elizabeth. Kim Talbot has a background in Welfare Work (Associate Diploma), Early Childhood Specialising in Special Education (Bachelor Degree) and has worked in various programs and settings that support young people with special needs (0-18yrs). Cristy Elizabeth is a Firstchance case manager and family worker with a background in Social Work (Bachelor Degree).

the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a ParentsShop® licensed practitioner. [www.parentshop.com.au](http://www.parentshop.com.au)

# AN INVITATION TO PARENT/CARERS

***Do you provide care and support to a Child/Young Person  
who is aged Pre-School to School Years with a Disability,  
Mental Illness or Chronic Condition?***

***You are Invited to attend our  
FREE Parent/Carer Information Sessions***

**Where:** Club Macquarie, 458 Lake Road, Argenton  
**Time:** 9.30am — 2.00pm  
**Cost:** FREE — Morning Tea & Light Lunch Provided  
**RSVP:** Thursday 24<sup>th</sup> April – For Catering Purposes  
Ph: 4921 4895 or 1300 887 776  
or [Educare-Admin@hnehealth.nsw.gov.au](mailto:Educare-Admin@hnehealth.nsw.gov.au)

**When:** **Wednesday 30<sup>th</sup> April 2014**

- The Impact of being a Parent/Carer – HNE – Carer Education & Support Program – Hunter
- Building Parent Resilience – Jackie Currey, First Chance

**When:** **Wednesday 7<sup>th</sup> May 2014**

- Siblings – HNE – Carer Education & Support Program - Hunter
- National Disability Insurance Agency – Suzanne Punshon
- Using Assisted Technology – Ben Coombe, Samaritans

**When:** **Wednesday 14<sup>th</sup> May 2014**

- The Importance of Support Groups – Bronwyn Thoroughgood - Families Supporting Families
- Child Behaviour that Challenges Us – Craig Moore, Clinical Psychologist
- Anti-Discrimination Board of NSW

Respite may be available  
by contacting  
Commonwealth Respite &  
Carelink Centre on  
1800 052 222



**Health**  
Hunter New England  
Local Health District



 Hunter Animal Rescue

# 8TH ANNUAL 10AM PETS PICNIC 2-3PM 16.03.14 - SPEERS POINT PARK

SPONSORED BY:

**PETQuarters**  
It's a pets life



BBQ

PRIZES

RAFFLES

EXHIBITORS

COMPETITIONS

MARKET STALLS

ENTERTAINMENT FOR KIDS

DOGS WELCOME (ON LEADS)

DISCOUNTED ENGRAVED ID TAGS



## Free Family Event / Fun For All Ages



## NEWCASTLE HIGH SCHOOL

*“Remis Velisque”*

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Telephone: (02) 4969 3177

Facsimile: (02) 4961 2912

e-mail: [newcastle-h.school@det.nsw.edu.au](mailto:newcastle-h.school@det.nsw.edu.au)

Website: [www.newcastle-h.schools.nsw.edu.au](http://www.newcastle-h.schools.nsw.edu.au)

