

The Parkway



March, 2013

Parkway Edition No. 3

The next P&C Meeting will be held on Monday, 8 April at 5.30pm in the Staff House

ALL WELCOME

P&C email: nhspandc@mybiznetonline.com

PDHPE REPORT

2013 sees Mr Newman, Mr See, Mrs Dennis, Mrs Blatchford and me back on deck.

Mr See has already organised our competitors only Swimming Carnival with forty-three students qualifying to attend the City Zone Carnival. The students had a successful and fun day at Stockton Pool and all participated in a positive manner.

Mrs Blatchford is currently taking nominations for the competitors only school Cross Country trials. Students will be able to qualify in 12, 13, 14, 15, 16 and 17+ age groups to attend the City Zone Cross Country Carnival. The school event is an approximately 2.2km event and will be held on 27 March. The City Zone Carnival will be held on 10 April with the venue still to be announced.

The final carnival for the year will be the Athletics Carnival which will be organised by Mr Newman. This will be a full school carnival to be held at the Newcastle Athletics Track (next to the school) on 17 May. This carnival will give the students the opportunity to support their Sport House in a carnival atmosphere. Mr Newman's weather record still stands at an outstanding 100% sunny weather and so the pressure is on again for this year. What are the odds of another sunny day after nine sunny days over the past nine years (a little test for the maths students)? Students will be expected to wear colours to support their house whilst still being dressed in appropriate clothes to compete in their events. Questions are being asked as to whether Mr Bromfield is again "fronting up" for the "Newcastle Gift". He doesn't seem to be able to get the favour of the school's official handicapper. Maybe this is his year!

Mrs Blatchford and I will continue to coordinate the thirty-five teams that Newcastle High School enters in the NSW CHS knockout competitions and City Zone competitions. A band of approximately eighteen teachers are involved in coaching and managing these teams. The staff support these teams by doing additional teaching periods to cover the coaches' lessons while they are out of the school.



NEWCASTLE HIGH SCHOOL

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Without this support we would not be able to enter the teams in these competitions and I know that the 350 students who are members of these teams would be very disappointed if they did not get this opportunity. To represent in a sporting team, students must indicate that they would be a worthy representative of Newcastle High School. This includes performing well in their studies, treating other students and teachers with respect and wearing the school uniform.

Talented students are also given the opportunity to attend Hunter Region Sporting Team selection trials. If selected, these students attend the NSW CHS Championships as a member of the Hunter Region Team. In the previous edition of The Parkway, we included an outline of the Knockout Competitions and the relevant information as well as a list of the Hunter Region Sporting Trials for Term 1. I have included a list of the Hunter Region Sporting Trials for Terms 2, 3 and 4 in this edition of The Parkway.

Please be aware that sometimes these dates may change for various reasons. We keep students informed of these changes. If you have any questions regarding any of the abovementioned information, please feel free to contact Mrs Blatchford or me.

All PDHPE staff are involved in coaching one or more of the school representative teams as well as teaching the weekly PDHPE lessons.

Weekly PDHPE lessons

In 2013, Years 7-10 will continue to have three PDHPE periods in each two week cycle. Two of these periods are practical lessons and one is a theory lesson. I have included in the following pages the practical and theory outlines for the year. In the theory units a range of topics is included. These have been listed on the permission note that your child/ward should have had you sign and return earlier in the year. I have included a copy of this letter with the practical and theory unit outlines. If you have any questions in regard to these outlines please feel free to contact me at school.

All students will receive a half-yearly and yearly report for their PDHPE practical lessons. Due to the fact that PDHPE theory lessons occur once every two weeks, students will only receive a yearly report for these classes (as was the case in 2012).

Elective PDHPE classes

There are two senior courses offered in PDHPE. Both courses are available in Year 11 and Year 12. They are:

12 PDHPE	– 2unit
12 Sport Lifestyle and Recreation (SLR)	– 2unit
11 PDHPE	– 2unit
11 Sport, Lifestyle and Recreation (SLR)	– 2unit & 1unit



11 PDHPE – 2unit

My Year 11 class is busy studying the topic **Better Health for Individuals**. Soon they will begin an **Outdoor Recreation** topic. A feature of this topic is a two night/three day excursion to Myuna Bay Sport and Recreation camp early in Term 2. The students participate in a range of outdoor recreation activities. One of these activities requires them to prepare their own food and choose their cooking utensils for the second night. On this night they head out into the bush, stay overnight in tents and cook their own meals over an open fire. Past experiences have provided meals ranging from almost “gourmet”, to what could be described as almost “Bear Grylls” survival fare! Students are not permitted to take their phones to this camp. This is quite a challenge for them!



Later in the year, students will complete a First Aid unit of work. In this unit they complete a two day WorkCover approved First Aid Course. This certification is valid for three years and is a great opportunity for them to learn and develop their First Aid skills.

12 PDHPE – 2unit

Mrs Blatchford's Year 12 class have continued with their studies, maintaining a good work ethic (despite occasional interruptions from “The Muppets”). After completing the **Sports Medicine** topic at the end of last year, they have just concluded a difficult topic which involved **Energy Systems**. Later in the year they will complete units of work on **Improving Performance** and **Health Priorities in Australia**. With the HSC just over two terms away, study techniques and practising examination style questions are a continued focus.

11 Sport, Lifestyle and Recreation (SLR) – 2unit

Students in Year 11 SLR are currently working on their first unit - ‘**Fitness**’. In this unit they study the parameters of fitness assessment and measurement. This is done in both theory and practical settings. During the course, classes also study - ‘**Sports Coaching and Training**’, where they learn fundamental coaching and leadership skills. Practical application of these skills is emphasised in this module.

Their third module is - ‘**Games and Sport Application 1**’. In this module students develop knowledge, understanding and skills in a range of games and sports. As well as participating in these sports they are also involved in refereeing and umpiring of the activities. Sports covered include: basketball, hockey, netball, soccer and other recreational sports.

12 Sport, Lifestyle and Recreation (SLR) – 2unit/1unit

Students in Year 12 SLR will study – ‘**Resistance Training**’, ‘**Games and Sports Application 2**’ and ‘**Individual Games**’. During Term One the students have undergone a resistance training program over a ten week period. They have had the opportunity to demonstrate an understanding of resistance training, develop a training routine and record and evaluate their progress. They have visited Howzat Sports Centre on a fortnightly basis.

In Term 2, the focus will be on active participation in a range of invasive games.

In Term 3 they will complete the topic – '**Individual Games**'. In this topic they will participate in a number of sports such as badminton, table tennis, racquetball and tennis. The students will also visit venues outside the school to experience lawn bowls, golf, croquet and ten pin bowling.

In the junior school, the PDHPE elective course is Physical Activity and Sports Studies (PASS).

Physical Activity and Sports Studies (PASS)

Year 9

This year, we have three Year 9 classes studying PASS. One class will complete the course at the end of Year 9, whilst the other two continue on to complete at the end of Year 10.

Units of work covered in Semester 1 include:

- 1) **Fundamental Movement Skills** – In this unit students study the relationship between the basic movement skills learnt as a child and a person's long term involvement in sport and physical activity.
- 2) **Body Systems and Energy for Physical Activity** – Students investigate the different body systems which particularly relate to our ability to exercise.
- 3) **Physical Fitness** – Students complete a series of tests designed to give an indication of their current fitness levels. These include agility, power, speed, strength and cardiovascular endurance tests. The unforgiving but popular "beep test" is performed. This will sort out our toughest and fittest competitors!

In Semester 2, students cover the topics: **Opportunities and Pathways in Physical Activity and Sports; Lifestyle, Leisure and Recreation; and Coaching.**

In all of these topics there is an emphasis on physical activity and participation.

Year 10

The Year 10 class, having already completed 100hrs of the PASS course in Year 9 are now on the "home stretch" and are preparing for the completion of the course to meet RoSA requirements.

In Semester 1, students will complete units of work on – **Australia's Sporting Identity.**

During practical lessons students will be completing a coaching session on – **World Games** by researching the history and rules of games that originated in countries other than Australia.eg. gridiron, softcross, cricket, soccer.

Term 3 will prove to be busy with two assessment tasks to complete. Students will study units on **Issues in Sport** – such as gender equity, violence, drug use and sponsorship as well as the concept of commercialisation in sport.

They will then present their findings to their classmates in the form of an IT-based presentation of their choosing ie: Glogster, PowerPoint etc.

PASS is an interesting mix of both theory and practical lessons. Students who choose this elective are generally our keenest and most enthusiastic PDHPE students who demonstrate an aptitude for physical activity and the theory concepts which complement our practical lessons. Mrs Dennis, Mrs Blatchford and Mr See look forward to a successful and enjoyable year with our very capable PASS students!



PDHPE/ Sport Uniform

Students enthusiastically accepted the new PDHPE uniform in 2012. The uniform looks very impressive when classes are participating in their lessons. However, there are still some issues with students wearing their PDHPE/Sport shorts on normal school days.

The navy blue shorts (with red/white piping) are **only** to be worn for sport and in their PDHPE practical (PE) lesson. Students must change in and out of these shorts at the start and end of the PE lesson. They are not allowed to wear these shorts as part of their normal school uniform.

In PDHPE practical lessons students can get very sweaty, muddy, dirty or wet and hence it is important that they change out of their PDHPE/Sport uniform and back into their school uniform at the conclusion of the lesson. To go to their next lesson for the remainder of the day in their PDHPE/Sport uniform is unhygienic and can be quite overwhelming in a classroom.

Students are allowed to wear their PDHPE/Sports uniform all day on the day that they have **sport** (Year 8 - Tuesday, Year 9 - Wednesday, Year 10 - Thursday, Year 7 on the day they have sport). They should also wear sports shoes that are suitable to participate in their PDHPE and sport lesson and provide appropriate support for their feet, whilst running, kicking and jumping. However, if their sport shoes are not suitable on that day for one of their other lessons, they will need to bring appropriate shoes to meet safety requirements for that subject.

*Mr P Wagner
Head Teacher PDHPE*

SPORT

Open Boys Basketball – Our Open Boys' Team won their Round 1 match against Callaghan College by four points. They then went on to play further rounds where they were unfortunately defeated by Warners Bay in Round 2. Mr Gill said that the boys improved throughout the match and outscored the opposition in the second half.

Open Boys Football – Our Open Boys' Team had a 4 – 2 win against Rutherford earlier this term in their Round 1 match. Mr Main said that the team played well. After leading 3–0 at half time, they had the pressure placed on them in the second half as they “relaxed” in the second half. Jack Mellick and Darcy Owens were selected as Mr Main's nominated best players on the day. Good luck for Round 2 against West Wallsend.

Congratulations to:

Thibaud Fraise (Year 12) who has been selected in the Hunter Region Open Boys' Basketball team who will travel to Maitland to play in the NSW CHS Championships in early April. Good luck Thibaud!

Tim Voigt (Year 10) for his selection in the Hunter Region CHS Baseball team who travelled to Wollongong to play in the State Championships in the middle of March.

Monique Collin (Year 8) who will represent Hunter Region at the NSW CHS Diving Championships in the 13yrs age group at Homebush at the end of March.

Patrick Langlois (Year 8) and **Clarence Playford** (Year 7) who have been selected to represent Hunter Region in U/15 AFL to play in the Northern Exchange to select a team to represent at the NSW CHS Championships in Broken Hill in Term 3.

Rhys Ramplin (Year 10) who, with **Natalie Cox** (Year 7), attended the Hunter Region Swimming Carnival. Rhys finished 2nd in the 16yrs 100m Breaststroke and 3rd in the 16yrs 100m Individual Medley. Well done Rhys. These results have enabled Rhys to qualify to attend the NSW CHS Championships to be held at Homebush on 4, 5 and 6 April. Good luck Rhys!

Luke Ferrier (Year 8) who, whilst only in Year 8, finished 10th overall in the Hunter CHS Match Play Championships for Golf. Luke was competing against all ages. The first eight were selected to represent Hunter Region at the NSW Championships. Luke won the Year 8 division and hopefully will be able to be selected in the Hunter Region Top 8 next year.

Cross Country – The Newcastle High School competitors only Cross Country Carnival will be held on the 27 March. Twenty eight students have nominated to trial to be selected in the Newcastle High School team to compete in the City Zone Competition on 10 April at Broadmeadow Race Track. We will publish the results in the next bulletin.

*Mr Wagner / Mrs Blatchford
Inter School Sports Coordinators*

PD / Health / PE Program Outline THEORY – 2013

Week No.	Year 7	Year 8	Year 9	Year 10
1 2 3 4 5 6 7 8 9 10 11	Looking After Myself and Others	A Healthy Balance	Healthy Relationships	Healthy Food Habits
END OF TERM 1				
1 2 3 4 5 6 7 8 9	Growth and Development	The Trouble With Smoking	Risky Business	Respectful Relationships
END OF TERM 2				
1 2 3 4 5 6 7 8 9 10	Drugs Reality & Risk	Growing And Changing	Rethinking Drinking	Drug Use
END OF TERM 3				
1 2 3 4 5 6 7 8 9 10 11	Healthy Me	Food Power	Personal Safety	Risk, Choices and Staying Safe
END OF TERM 4				

NEWCASTLE HIGH SCHOOL

Personal Development, Health & Physical Education

Dear Parent/Guardian

In our Personal Development, Health and Physical Education program we cover a number of topics each year. These topics cover a wide range of issues. The following are some of the topics that will be covered in Year 7, 8, 9 and 10 this year.

- Environmental Health
- Drugs – their use and abuse
- Safety
- First Aid
- Birth and the Reproductive Process
- Contraception
- Sexually Transmitted Diseases
- Divorce and Separation
- Child Sexual Assault
- Communication
- Lifestyle Diseases
- Women's Health Issues
- Pregnancy
- Family Relationships
- Peer Groups
- Consumerism

The topics involve teaching in such areas as self-esteem, inter-personal communications, assertiveness, feelings, values, decision making, gender stereotypes, sexuality and relationships.

If you have any enquiries about your child/ward being involved in lessons concerning these topics, please feel free to contact me at school.

Yours sincerely

Mr P Wagner
Head Teacher PD/H/PE

PD/H/PE – Theory Note

Please sign below and return to school with your child/ward.

I agree to my son/daughter/ward (name of child) in class
being involved in the PD/H/PE Theory Program.

Parent/Guardian.....

Date

Teacher's Name.....

Program Outline Practical 2013

Unit No	Week No	Week Commencing	Year 7	Year 8	Year 9	Year 10		
Term 1	1	28/1	GAMES UNIT 4 (Girls and Boys) Hitting Skills					
	2	4/2						
	3	11/2						
	4	18/2						
	5	25/2						
	6	4/3						
	7	11/3	ATHLETICS (Boys)		GYMNASTICS (Girls)			
	8	18/3						
	9	25/3						
	10	1/4						
	11	8/4						
END OF TERM ONE								
Unit No	Week No	Week Commencing	Year 7	Year 8	Year 9	Year 10		
Term 2	1	29/4	ATHLETICS (Girls) GYMNASTICS (Boys)					
	2	6/5						
	3	13/5						
	4	20/5						
	5	27/5						
	6	3/6						
	7	10/6						
	8	17/6						
	9	24/6						
DANCE AND FIRST AID (3 weeks)								
END OF TERM TWO								
Unit No	Week No	Week Commencing	Year 7	Year 8	Year 9	Year 10		
Term 3	1	15/7	DANCE AND FIRST AID					
	2	22/7						
	3	29/7						
	4	5/8						
	5	12/8						
	6	19/8	GAMES UNIT 3 (Girls) Throwing & Catching Skills		GAMES UNIT 2 (Boys) Kicking Skills			
	7	26/8						
	8	2/9						
	9	9/9						
	10	16/9						
END OF TERM THREE								
Unit No	Week No	Week Commencing	Year 7	Year 8	Year 9	Year 10		
Term 4	1	7/10	GAMES UNIT 2 (Girls) Kicking Skills GAMES UNIT 3 (Boys) Throwing & Catching Skills					
	2	14/10						
	3	21/10						
	4	28/10						
	5	4/11						
	6	11/11						
	7	18/11						
	8	25/11					GAMES UNIT 1 (Girls & Boys) Hitting Skills	
	9	2/12						
	10	9/12						
	11	16/12						

If interested in attending the trials to be selected in a
HUNTER REGION SPORTING TEAM
 You must see Mr Wagner (Boys) / Mrs Blatchford (Girls)
 Prior to the notification date.

Regional Trials – Term 2, 3 & 4 – 2013

Note: All events are OPEN unless specified

	Sport	Date of Trial	Venue	Notification Date
Term 2	Boys & Girls Squash	Mon 6 May (Week 2)	Cardiff Squash Courts	Tues 30 April
	Lawn Bowls	Tues 7 May (Week 2)	Wallsend Bowling Club	Wed 1 May
	Boys & Girls Cross Country	Selected from Zone 10 May (Week 11) & Regional Carnival (Newcastle Race Course) Fri 10 May (Week 2)		
	Girls & Boys Artistic Gymnastics	Thurs 6 June (Week 6)	Blackett's Gymnastics Gateshead	Wed 22 May
	Boys Touch	Fri 27 April (Week 1)	Lakeside Sporting Complex	Tues 24 April
	Girls Tennis	Tues 18 June (Week 8)	District Park Cts	Fri 12 June
	Boys Softball	Wed 19 June (Week 8)	Stevenson Oval Mayfield West	Fri 14 June
	Rhythmic Gymnastics	Fri 21 June (Week 8)	Kahibah Public School	Wed 29 May
Term 3	Boys & Girls Athletics	Selected from Zone 6 June & Regional Carnival 24 & 25 July (Week 2)		
	Boys & Girls Trampoline	Tues 1 Aug (Week 3)	Belmont High	Wed 21 July
	Boys Tennis (16 yrs & under)	Tues 27 Aug (Week 7)	District Park Cts	Wed 21 Aug
Term 4	Boys Baseball (to compete in 2014)	Wed 13 Nov (Week 6)	Stevenson Oval Mayfield West	Wed 6 Nov
	Girls Softball	Wed 20 Nov (Week 7)	Stevenson Oval Mayfield	Fri 15 Nov
	Girls Cricket (to compete in 2013)	Thurs 21 Nov (Week 7)	Wallsend Cricket Oval	Fri 15 Nov
	Boys Cricket (to compete in 2013)	Wed 28 Nov (Week 8)	Indoor Cricket Centre	Wed 22 Nov

PRINCIPAL'S REPORT

Welcome to this bumper Easter issue of The Parkway. The very size of the newsletter is an indication of how busy the school has been and we are getting busier as we move to the end of the term.

Parent/Teacher Afternoons have been organised for Years 7, 11 and 12 on Tuesday, 26 March and for Years 8, 9, and 10 on Wednesday, 3 April. Please take advantage of these times and come and speak with your child's teacher. However, please remember interviews need to be kept short, to about five minutes, so the greatest number of parents/carers can see the greatest number of teachers. If matters need more than five minutes please arrange for a formal meeting with your child's teacher.

The Annual General Meeting of the P&C Association is on Monday, 8 April commencing at 5.30pm in the Staff House. Please come along and assist the small band of parents who do such a wonderful job in providing parent input and support to the school. All very welcome.

Over the last few weeks we have had many activities occur at the school. The school photos were taken recently. The photographer commented on how many kids were in school uniform and how good they looked. Thanks to parents and students for the great effort with uniform. Following a tender process in which staff and parents had an input, the new photographer appeared to be very friendly and well organised. I look forward to seeing the finished product. Any comments from parents on the photography company would be welcome.

The new sport house system was formally launched at a recent assembly. I was delighted to be able to welcome to the school, ex-student and gold medal winning Para Olympian, Prue Watt. Prue spent a morning at the school speaking to students and staff. Students wore the colours of their house for the day. More details further in The Parkway, but thanks Prue for your time and effort.



Earlier in the month, the school hosted a visit from Mr Niels Marquardt, the US Consul General and Ms Karen Choe-Fichte, from the consulate staff. These two distinguished career diplomats spoke very openly to a group of senior students, including the prefects.

Thanks to Mr Shadwell for his work in organising this event.

Last week, hospitality students and Ms Hines prepared and catered for an evening meal at Ronald McDonald House. The event was a huge success. It was the biggest meal that had been provided at the house for many months! We are very grateful to the generosity of Newcastle Rotary Club who made a sizable donation to the school to pay for the food that the students prepared. We are planning several more evenings later in the year.



The big storms earlier in the term did significant damage around the school. A large tree came down on the basketball court and major flooding occurred in one of the music rooms and a computer room. After several weeks, most of this damage has been repaired, however the computer room is still not functioning. The leak in the music room was disappointing as a new roof was put in this part of the school only last year. Thanks to Mr Gill for his patience and flexibility in coping with the disruption to his teaching space.

Several students have enjoyed success in a range of events. Many students, Tim Voigt and Rhys Ramplin among them, have been selected for combined high school (CHS) representation. Aemelia McComb was successful in winning a UBS Young Women's Leadership scholarship which will allow her to travel to Sydney in the upcoming break and meet with several very successful business women. Four students have recently been awarded one of these scholarships.

Whilst all this is good news, we have had to manage some not so good news. The behaviour of a small group of students at Marketown shopping centre each morning is badly impacting on the reputation of all students. Often these unfortunate events are triggered by community members, but students join in and add to the mess. On several occasions, the police have brought these students to school for the school to discipline. In future, the police will be asked to take the students home and parents/carers will need to exercise their authority and responsibility to ensure that their children get to school on time and without creating incidents in the local area.

This year the number of students at the school is almost 90 below what was expected at the end of 2012. As a result we have had to reduce both teaching and administrative staff. We have not permanently replaced four teachers who have left. As a result, these temporary teachers' positions have been abolished and the school has had to reduce classes. From next term there will be one less class in the core area in Years 8 and 9 and small classes in Year 12 that have less than 9 students have been reduced by a period. At the end of this term the school will farewell Mrs Shields and Ms McKay who have been filling temporary positions in English and HSIE. Thank you for your commitment to our students and school.

Year 7 2014 parents are making choices about high school now and we all must speak up about Newcastle High School if we are to retain the breadth of curriculum that students enjoy. We are the local school for local students and achieve great results. The Year 7 2014 Year Advisors, Mrs Longobardi and Mr Main along with Mr Southward, are visiting primary partner schools now.

From 14 May to 16 May, students in Years 7 and 9 will be undertaking their NAPLAN tests. I would encourage all students to attempt these tests as they provide excellent information to teachers to tailor their programs to address student learning needs. A letter outlining NAPLAN is included in this bulletin.

The first two days of Term 2, 29 and 30 April, are both Staff Development Days. As such, classes do not commence until **Wednesday, 1 May**. These two days have been granted to enable teachers to program for the new National Curriculum that commences in 2014.

Remember that the school sells the Entertainment Book as a fundraiser. Entertainment Books are available for purchase from the school's administration office.

Finally, I would like to acknowledge the commitment from Jane Barlas who has been the voluntary Canteen Treasurer for over seventeen years. This is an amazing effort and all students have benefitted from Jane's energy and expertise.

Mark Hewitt
Principal

P & C UPDATE

It was fantastic to hear of wonderful work done by our school welfare team at Newcastle High. Those of us who were at the last P&C meeting were inspired by the stories that the team: Shannon Sager, Amy King, Margaret Livingstone and Terry Sheetrum shared with us. We were also encouraged to hear about the time given to our students by Mrs June "Grandma" Went when she visits our school twice a week just to provide a kind and listening ear. We are very fortunate to have such a dedicated and cooperative team looking out for the wellbeing of our students here at Newcastle High.

This will probably be my last update for The Parkway as I will not be seeking renomination at the Annual General Meeting. It has been a real privilege to serve with such a dedicated team of parent volunteers and I'd like to thank Mark Hewitt for his encouragement in the past year. Please ensure that you come along to our AGM on Monday, 8 April where all positions will be declared vacant and open for nominations.

We meet in the Staff House at 5.30pm.

Rene Smith
President

Science News

Success in Stage 4 ESSA Examination

Students at Newcastle High have achieved excellent results in the ESSA examination, sat in November 2012. The online examination assesses students' understanding of the Stage 4 (Years 7 and 8) science syllabus. Students scored results in the top two performance bands and we had no students in the bottom two performance bands. Student results will be given to current Year 9 students to take home to parents within the next week.

Mad Scientists

We have successfully begun a new science elective course in Year 10 called Mad Scientists. Students have been researching, designing and performing experimental work that focuses on an area of science they find interesting. Students will be presenting their results to their peers in Week 11 this term.

Laptops in Science

We are pleased to announce that we have outfitted a science lab with a computer laptop bank of thirty computers. This resource will enhance the teaching of science, particularly for students without access to a DER laptop. We would also encourage students to check the Science Moodle pages which have content, links and tasks for many of our subjects and year groups.

Science Events

[Voyager leaving the solar system](http://www.abc.net.au/science/articles/2013/03/21/3720837.htm) <http://www.abc.net.au/science/articles/2013/03/21/3720837.htm>

[The Higgs is a Higgs](http://www.abc.net.au/science/articles/2013/03/15/3716389.htm) <http://www.abc.net.au/science/articles/2013/03/15/3716389.htm>

[Asteroid Close call](http://www.abc.net.au/news/2013-02-16/asteroid-in-close-call-with-earth/4522798) <http://www.abc.net.au/news/2013-02-16/asteroid-in-close-call-with-earth/4522798>

[Try a Chemistry Quiz](http://www.abc.net.au/science/games/quizzes/2010/chemistry/) <http://www.abc.net.au/science/games/quizzes/2010/chemistry/>

Sean Bromfield
Head Teacher Science

EEE

On 4 March, Miss McKay's EEE class had a visit from Ellie Ryan and Michael Giels from the Hunter Community Legal Centre. Ellie and Michael delivered a presentation on the laws associated with 'sexting' and the legal implications 'sexting' can have upon one's life. All students appreciated the effort Ellie and Michael put in to delivering the information and gained a lot of new knowledge.

Thank you to the Hunter Community Legal Centre!

Erin McKay
HSIE

HAVE YOU RECEIVED THE SCHOOLKIDS BONUS?

Do you know about the Schoolkids Bonus? It is a new cash payment to help eligible families and students with the costs of primary and secondary school studies. Around 1.2 million families have already benefitted from the first wave of payments in January 2013 – *have you?*

If you receive a family or income support payment, including Family Tax Benefit Part A, you could be eligible to receive \$410 a year for each primary student and \$820 a year for each secondary student, with half paid in January and half paid in July.

The Schoolkids Bonus replaces the Education Tax Refund (ETR) and is a much simpler system. You no longer need to collect receipts and payments are made automatically so you don't have to wait months to make a claim via your tax return. Unlike the ETR you can choose how you use the payment to best support your children's education – whether it be school books, stationery, uniforms, school fees, or excursions.

Check your eligibility by visiting australia.gov.au/schoolkidsbonus and if you think you might have missed out on the January payment, contact Centrelink – either in person at a Centrelink-Medicare Office or by calling 132 468.



National Assessment Program – Literacy and Numeracy 2013

LETTER TO PARENTS

In May 2013 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by all students in Years 3, 5, 7 and 9 in all government and non-government schools. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy learning of students in all Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimum standard.

Background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student's right to privacy is maintained.

The tests will be conducted across Australia for all students from 14–16 May 2013.

TUESDAY 14 MAY	WEDNESDAY 15 MAY	THURSDAY 16 MAY
Language conventions (Spelling, Grammar and Punctuation) Writing	Reading	Numeracy (Number, Algebra, function and pattern; Measurement, chance and data; and Space)

In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 17 May – A 'catch-up' day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if:

- they are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- they have significant intellectual disability and/or significant co-existing conditions that severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments that reflect the student's normal level of support in the classroom may be provided. Large print, braille and black and white versions of the tests are available for students with vision impairment.

Access to disability adjustments or exemption from the tests must be discussed with the school principal, and a parent or carer consent form must be signed. Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents and carers in consultation with the principal. If you wish to withdraw your child from the tests, you must sign a parent/carers consent form. Consent forms are available at your child's school.

Please make an appointment with the school principal if you would like further information about your child's participation in NAPLAN.

Additional information about NAPLAN can be found at:
<http://www.nap.edu.au/naplan/parent-carer-support.html>

**Any queries regarding NAPLAN at Newcastle High School, please contact Valerie Kadarusman
(Head Teacher Administration - Students) on 4969 3177 during school hours**



STAFF V STUDENTS: THE FINAL WORD



Keira-Lee Sarapik, Tom Duck & Prue Watt

NHS House Sports Launch climaxed at lunch on Thursday, 7 March with the quarterly battle between Staff and Students on the school's very own soccer Field of Dreams. Both teams were clearly inspired by the words of **Paralympian, Prue Watt**, and ripped into each other with a passion usually reserved for professional pie-eating contests. Given the wealth of physical limitations and delusions of grandeur amongst the teachers, there were some truly remarkable displays of athleticism and sportsmanship.

Indeed, **'The Special One' Southward** took away the gong for Best Touch of Class and/or Deliberate Miskick in a major fixture. **Defensive Juggernaut Mr Crichton** aka **'The Wee Welsh Wizard's'** presentation in goals was impeccable; despite the fact he clearly had no idea what he was doing. Crichton's genuine lack of knowledge was only matched by **'The Magic Dwarf' Mr Main's** total commitment to bludgeoning every available shot over the Parkway Ave tree-line.

God, alias Mr Gotzy put in another heavenly performance proving again his personal motto for life: "half-man, half-myth, all Federation". However, he was allegedly observed channelling the essence of Liverpool great, Ian Rush, moments before sending the Student's stopper, **Lennie "the Wall that moves" Mckessar**, to the right with a deft head fake and then driving home a scintillating volley from 25 ft with several wood-bee tacklers hanging off him like random Science groupies, not to mention lifting at least half the teachers team on his broad Atlas-like back for most of the match. Indeed one of those he transported, **'Atomic Mozart' Doherty**, was later heard blubbering hysterically to his Head Teacher, **El Nino Bromfield**: "Tell Rudy to stop doing that – he's been carrying me for years!!".

In the end, positive participation was the unanimous winner. The score itself was far too controversial to print – here at the Final Word, we hate to see friendships lost, ATAR's affected, perfectly edible apples thrown, and of course, unprecedentedly high levels of tension across handball courts throughout the Lower Hunter Valley at least, until the next Titanic Battle for School Sport supremacy in Term 2.

NHS was honoured by the return of one of its finest products when Gold Medallist, Prue Watt addressed the school in Week 6. The champion breaststroker gave an inspiring speech on positive participation and the significance of school sports in her career.

In front of over 900 students, Prue also awarded our new Year 10 House Captains their sports badges, before embarking on a royal tour with accompanying members of Team SAC (Sports Action Committee). The Multi-Cat class, and particularly, Siobhan Daley getting a huge buzz from meeting our celebrated former student and wearing one of her London 2012 gold medals.

Prue proved to be a smash hit and her mantra 'anything is possible' can only be richly rewarding for high school pupils. In fact Prue Watt, herself, is living testament to the truth in those words.

Apart from her rousing speech, which rallied Watt House to victory during the Year 7 Gala Day the following Friday, Prue confessed under cross-examination from School Captain Tom Duck and Vice-Captain Angelica Binos: "I may have 'missed' the odd lesson and 'accidently' found myself at Marketown once or twice". Tom, never one to miss an opportunity, quickly added in sardonic authoritarianism: "In no way do we condone 'whopping' at NHS" Thanks Prue for a great day!

Mr Carswell
Sport Co-ordinator

SURFEST 2013

Surfest is the City of Newcastle's Premier International Sporting Event.

The annual Festival of Surfing presents amateur and professional surfing contests over twelve days.

Newcastle High School was proud to enter three teams in the Newcastle NOW High Schools Teams Challenge. This event was held over two days, starting Thursday, 21 February. The team members were: Abe Carroll, Tre Carson, Harrison Godden, Oliver Hamilton, Noah Hamilton, Leo Hamilton, Oliver Lewis, Will Mansfield, Dylan Noble, Jye Pascoe, Thomas Smailes and Gabe Vial.



A few of the team members



Vanuatu team members holding their national flag

Day one took place at Bar Beach. However, due to wild surf conditions, the event concluded at Stockton Beach on Friday. The event attracted teams from all over Newcastle as well as entries from several Sydney schools, Port Macquarie and Vanuatu. In total there were fifty-six boys' teams and sixteen girls' teams. Since each team had at least three surfers this means there were well over 200 competitors.

Newcastle High students surfed well in their heats and two teams only missed out on making the final sixteen by a couple of points. They deserve the congratulations of the school community for their courageous efforts.

A special mention should also go to Jake Sylvester, the winner of the Burton Toyota Pro Junior for the second year in a row. Jake is an ex student and was a proud participant in the school teams events when he attended Newcastle High School. *(Photograph of Jake courtesy of RedMonkey)*



Jake Sylvester, former student and current Junior Champion.



On Friday, 15 March our school participated in the National Day of Action Against Bullying and Violence.

We sought students' ideas for song lyrics which promoted a positive response to bullying, and worked with Tess from The Loft to use the lyrics to create twelve giant posters which were put up throughout the school.

Students also came up with the idea of "Complimentary Wristbands". Students were asked to bring a friend along to the booth and tell them something they appreciate, admire or are thankful for in their friend. They received a wristband in return for focussing on good characteristics in their friends. This activity aimed not merely to reduce bullying but to promote positive relationships.

Teachers also promoted a great anti-bullying phone app for students, and staff coordinated class discussions following a brief video during PBL lessons.

If you would like to find out more about the Day of Action Against Bullying you can visit the website <http://bullyingnoway.gov.au/>

Since then, two of our Year 8 boys decided they were going to compliment every person who came through the front door at school on Friday. It is wonderful to see our students taking initiative and choosing to speak encouragement to one another!

Amy King
Student Support Officer



Creative and Performing Arts (CAPA)

As usual, the Creative and Performing Arts faculty are off to a busy start this year. We have already provided the students with a number of exciting opportunities and have many more planned throughout the year. We also congratulate our 2012 CAPA students on some excellent results. In particular, Josie Jordan and Sebastian Winter, who had artworks selected to be displayed at Lake Macquarie Art Gallery for the annual First Class Exhibition.

We have already been out and about on some fantastic excursions including three trips to Sydney. On Tuesday, 5 February Year 10, 11 and 12 Drama students travelled by train to The Seymour Centre in Sydney to see the 'best of the best' Group and Individual Performances and Individual Projects from the NSW HSC 2012 cohort.

Renae Burgess (Year 12 2013), presents her reflections upon the day:

Silence echoes through the crowd, then lights flare up and illuminate the stage; an array of impossible characters and situations, a stunning and different story, life, world, plays out in front of you, and every now and then, you must remember to remind yourself that this is 2012's most highly ranked HSC participants performing before you.

From the great literary geniuses of old, to a sailor stumbling down memory lane, to the story of a girl whose life was books, rhythm and rhyme, to a scorned women learning the truth of happiness, to an eccentric mother clad in a fluoro pink jumpsuit, to three middle-men dreaming of a leading role, this years On Stage production was witty, hilarious, soulful, and questioning, and the talent outstanding to the highest degree, and without a doubt, extremely daunting for the current HSC Drama students watching in the audience.

Awed expressions could be found on almost everyone's faces, and avid conversations discussing the characters, plots, props, techniques and talent erupted between every performance. Amid the laughter, sorrowful and moving moments, stunned silences and roaring applause, you could see the same thought shining out of everyone's eyes: this is the standard we all dream to meet come the end of this year.

Only one question remained: could we do it?

Renae Burgess

Visual Arts students have been to the NSW Art Gallery, on two separate occasions, to see the Francis Bacon exhibition and Art Express. Year 10 photographers snapped away in Sydney city centre and, as usual, both were great days out. Plenty more in store for 2013.

Mathematics Faculty – Breakfast Club!

The Mathematics faculty has commenced a Breakfast Club to support students in their learning. Every Wednesday morning from 7.45am students are welcome to come along to Room 25 for a piece of toast and some juice, and get some help with any class maths work they are unsure of. The Breakfast Club is available for all students, both junior and senior. There is no cost to attend.

Visit from the US Consul General

To coincide with the visit from the US Consul General, we were fortunate to have the loan of an American flag, to display in honour of our visitors.

The flag is a very special flag, loaned to Newcastle High School from Jerry and Chris Prietto who are now Australians, formerly from the United States of America. Jerry's father, Dr Cesar Augustus Prietto was a Lieutenant in the United States Navy and served as the ship's dentist on the Aircraft Carrier Kwajalein during World War II.

In December 1992, Dr Prietto passed away and the flag was presented to his family in appreciation for his service to his nation. The plaque on the flags case reads, "Presented to the Prietto family on behalf of the United States and a grateful nation for a job well done."

Jerry said his father would be honoured to have his flag displayed at the high school that his grandchildren attended in Australia, to commemorate a visit from the American Consul.

Thank you, Jerry and Chris for the loan of your family's flag.

CAREERS

I'd like to thank staff and students for their warm welcome to Newcastle High. Just to introduce myself, my name is Chris Alexander, the newly appointed Careers Adviser. I come to the school with extensive experience and qualifications in careers and am keen to give useful and practical career advice and information to students and their parents.

Years 8 and 9

Tax File Number Application forms may be collected and returned to the Careers room located in the Cottage. This is a simple two page form.

Year 10

Careers lessons with Year 10 commenced mid-term and will continue through to Week 11. Students will be undertaking a vocational Career Interest Test and a careers survey. Students will then investigate career options and pathways that are related to their career interest. Using NHS's Moodle web links, students will research careers through various online websites such as, *Ace Day Jobs Jobguide Online*, *My Future*, *UAC online* and *A life*. There is also a resume scaffold for students to develop or update resumes.

The **Year 10 Work Experience** program is open to all Year 10 students. Information regarding this opportunity is advertised on the school's website (www.newcastle-h.schools.nsw.edu.au). Students are encouraged to take advantage of this great opportunity and learn through experience about a career that interests them. For further information contact Mr Alexander.

The **Newcastle and Lake Macquarie Careers Expo** will take place in Term 2 on Friday, May 24. This is an extremely important event as it provides students with an opportunity to view exhibits, collect brochures/ information and talk to training organisations, universities, TAFE, employers and apprenticeship providers, just to mention a few. There is no cost to Year 10 students to attend this worthwhile excursion as it is being subsidised by the school. The excursion consent, including medical information form, needs to be completed and returned to the school.

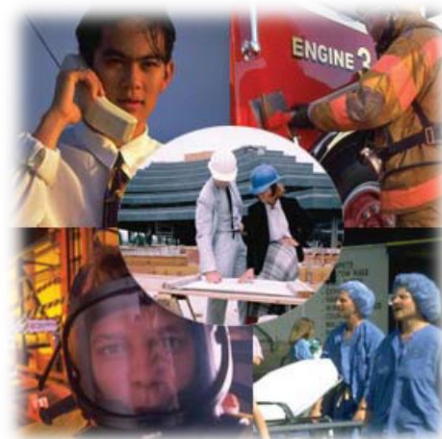
The **Safety Construction Induction Certificate (White Card)** course is being offered this term during Week 10. Construction induction training provides people entering the construction industry with a basic knowledge of WH&S requirements. WorkCover requires that everyone working on a building site in NSW complete an accredited safety training (White Card) course. Priority for the first course may be given to Year 11 and 12 students engaged in Newcastle High School VET courses, whilst another White Card course is planned for Term 2, allowing all interested students to gain this qualification. Students, particularly those interested in work experience or in an apprenticeship in the construction industry, should speak to Mr Alexander.

All Years

Weekly **employment opportunities** are advertised on the **careers noticeboard** in the cottage. These usually include full-time apprenticeships and traineeships, full-time positions and casual part-time jobs. Employers are always welcome to call the school if they are looking to offer traineeships, apprenticeships or part-time casual or full-time positions.

Newcastle High School's website has a careers section to assist students with work experience, VET courses, post-school options and TAFE/University information. There are a number of external links to websites that may be of assistance.

Congratulations to Bella Jordan (Year 11) on gaining a School Based Traineeship in Allied Health.



Year 12

Joint University of New England/University of Newcastle Medical Program

Three applications need to be made:

1. UMAT registration – **Open early April and closing early June, 2013**
2. Apply directly to UNE or Newcastle universities – Applications close 27 September, 2013 (No late applications accepted)
3. Lodge an application with University Admissions Centre by 27 September, 2013

The **Newcastle and Lake Macquarie Careers Expo** will take place on Friday, May 24 in Term 2. This event takes place at the Newcastle Jockey Club, a short distance from the school. While Year 12 students will not attend this event in school time, they have been allocated time after school between 2pm – 4pm to visit the expo at a cost of \$5 per person.

Careers and Transition News

The Careers and Transition Team includes, the Principal, Deputy Principals, Welfare, Vocational and Special Education Head Teachers, Year Advisors, other interested teachers and the Careers Adviser. A number of exciting programs are running this year, catering for students transitioning from school to work or further study. Each program is designed to target the specific needs of students. There will be more information on these innovative projects throughout the year.

Chris Alexander
Careers Adviser

Healthy Schools, Healthy Futures Program

Healthy Schools, Healthy Futures is a joint research project between Hunter New England Population Health and The University of Newcastle. We are working with a selection of schools to examine whether building resilience in adolescents leads to a reduction in smoking and alcohol consumption. At Newcastle High School the staff has been working to enhance the resilience of students both in and out of the classroom and this will continue in 2013.

One of the factors of resilience is the ability to have high expectations and goals and use these aspirations to plan and focus on the future. The start of a new school year brings an opportunity to reflect on past challenges and successes and set new goals for the coming year. In setting new goals it is important to be realistic and establish goals that are achievable. It is also important to be specific and have goals that are measureable and definite. A goal such as *“I’d like to achieve at least 60% on each English assessment this year”* is more specific than *“I’d like to get better in English”*. Being specific makes it easier to work out the smaller steps that need to be taken to achieve the goal.

Technology can be a handy tool in tracking goal progress. There are numerous handy apps designed to assist with setting, tracking and achieving goals. Some of these include *Way of Life*, which uses a colour-coded system for tracking multiple goals, and *43 Goals*, a social goal-making site that also connects to Facebook.

Whatever your goals may be this year, make them realistic, achievable and specific and work out how you will track your progress. And remember to celebrate your achievements along the way as well as at the end. These are the positive experiences and skills that help to build meaning, maintain motivation and develop greater resilience. Good luck!

Catherin A. Leane
School Project Officer
Healthy Schools Healthy Futures Project



Health
Hunter New England
Local Health District

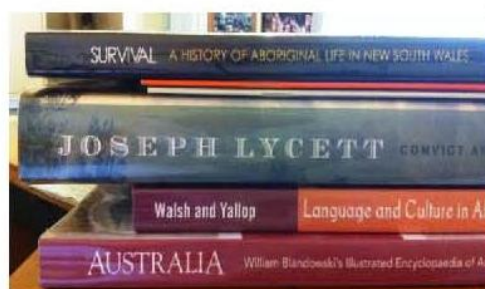


NEW CULTURAL RESOURCES

We would like to thank the Muloobinba AECG for their recent contribution of \$700 to Newcastle High and Carrington Public School. Both Newcastle High and Carrington Public School's recently purchased a range of local Awabakal Language Resources from Miromaa Language and Resource Centre which is based here in Newcastle.

Aboriginal Language Centres such as Miromaa help provide our students with a range of tools and resources to help them learn about our Language, Culture and our Community.

As part of our ongoing commitment to providing Aboriginal Languages, Culture and Education in our schools Newcastle High School purchased a number of resources which could be used by our staff and students as part of the National Curriculum 7-12 and used by our students in our Norta Norta tutoring program at our school.



Attendance

Our new SMS service is now operational

From Thursday, 21 February parents/carers will receive SMS messages to advise of whole day and partial student absenteeism.

Parent/Carers can utilise this SMS service to **reply** to an absentee SMS notification received from the school to provide explanation of an absence.

Important points to note:

- explanation of an absence should be provided to the school within a period of seven days;
- if you are unable to reply to the school using the SMS service, a written note of explanation should be provided;
- if you anticipate that your child will be absent for more than five days, depending on the circumstances, you will either be required to provide a Doctor's Certificate (ie. for illness/injury) or make application to the Principal for exemption from attendance (eg. family holiday).

Alternate options:

There are a number of alternate options available to advise of your child's absence from school:

- Call administration on 0249693177 and information can be taken over the telephone;
- Provide a handwritten letter of explanation; or
- Email the school at newcastle-h@school.nsw.edu.au

Please contact the school's administration office if you have further queries relating to attendance or our new SMS service.

Newcastle High School Website

Keep in touch with what's happening at school! Our website provides the school community with up-to-date information including "News and Announcements" and a Calendar of upcoming events.

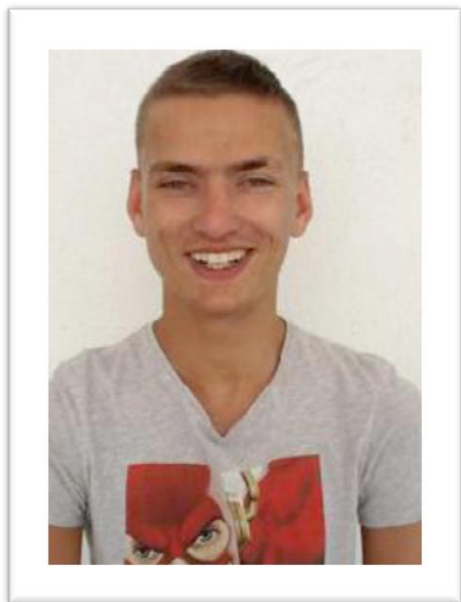
<http://www.newcastle-h.schools.nsw.edu.au/>

UPCOMING DATES Term 2, 2013

Parent Teacher Afternoon Years 7, 11, 12	26 March 2013
Good Friday	29 March 2013
Easter Monday	1 April 2013
Parent Teacher Afternoon Years 8, 9, 10	3 April 2013
NSW CHS Swimming Carnival	4-6 April 2013
Term 1 Concludes	12 April 2013
Term 2 Begins – Staff Development Days	29 & 30 April 2013
Term 2 All students return	1 May 2013
Myuna Bay Year 11	8 – 10 May 2013
NAPLAN	14 – 16 May 2013
Athletics Carnival	17 May 2013
City Zone Carnival	6 June 2013
Queen's Birthday Holiday	10 June 2013
Trial HSC commences	17 June 2013
Term 2 Concludes	28 June 2013

the world in your home

Hopefully you have met Timothee. Timothee is a French student on AFS exchange at Newcastle High School this year. Timothee has been welcomed to Newcastle by a family for 4-6 weeks, so is looking for a host family, hopefully from the Newcastle High area. Here is a little about him.



Name:	Timothee RATTE
Age:	17
Country:	France
English:	Fairly Good
Arrival:	February
Duration:	11 Months
Program:	School Program
Interests:	Music - Rap - song writing (not angry), football, swimming, snowboarding, kite surfing, meeting with friends

At home Timothee goes swimming, to the ice rink, plays football with his friends, and snowboards in the mountains. When on holidays he likes to practise kite surfing, water skiing and fishing. At home he likes to go regularly to a studio to record songs, and enjoys going to the cinema with friends.

Timothee has a younger sister, of whom he is very protective. He likes to tease and enjoys a sense of humour. His parents commented that he is a generous friend and relates well with adults.

Why I want to come to Australia?

The need to see other things. In a way, to cut the umbilical cord which binds me to my parents, but especially to perfect my English. In 2011, I took a language study trip of one week in England. I feel the need to discover another school system where the student is more an actor of his course. I am expecting from my participation to this program to win autonomy, in maturity and to succeed in being fluent in English.

If you can host Timothee, or know someone who would be interested, please contact his current host parents on 0417231542 or AFS volunteer Jenny on 0414426353.

If you can't host then please make yourself known and welcome him to your school. You may like to practise your French, while he practises his English, or take him somewhere interesting, or just become friends.

FREE LEGAL WORKSHOPS FOR THE COMMUNITY

Topic	Audience	Date	Time
Rent Smart	Students	Monday 18 March 2013	12.00pm - 1.30pm
Tenancy	General-for everyone	Thursday 4 April 2013	12.30pm - 2.30pm
Sexually Transmitted Debt	Women	Thursday 18 April 2013	12.30pm - 2.30pm
Tenancy	Indigenous people	Thursday 2 May 2013	12.30pm - 2.30pm
Family law	Separated mothers	Thursday 16 May 2013	12.30pm - 2.30pm
Tenancy & Credit and debt	Youth	Thursday 30 May 2013	12.30pm - 2.30pm
Family law	Separated fathers	Thursday 20 June 2013	12.30pm - 2.30pm
Tenancy & Anti-discrimination law	Refugee's and migrants	Thursday 4 July 2013	12.30pm - 2.30pm

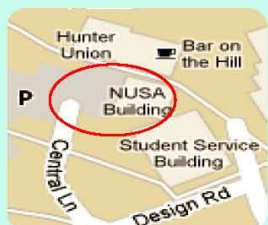
BOOKING

- **Booking is essential.** Please call **49798555** or email administration@jesmond.org.au to register.
- **Free Childcare** service will be provided if requested while registering.
- **Limited Free Transport** will be provided if requested while registering.
- **Free Afternoon Tea** will be provided.
- You will be able to ask legal questions about your situation with the workshop provider.

VENUE

RENT SMART Workshop for students will be held at

**NUSA Building,
University of Newcastle
University Drive Callaghan**

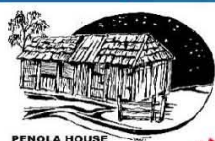


All other workshops will be held at

**JESMOND NEIGHBOURHOOD CENTRE
44 Mordue parade
Jesmond**



PARTNERS



WEP Student Exchange - Memories and Skills for Life!

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Scholarships & Early Bird Specials

This year WEP is awarding 22 scholarships to motivated students, wishing to live and study in Argentina or China in 2014. Early Bird discounts for programs starting in Jan-Mar '14 are also available for the following destinations: Brazil, Belgium, France, Germany, Italy, Mexico, The Netherlands, Poland, Spain, Norway, Thailand and the USA.

Find Out More! Request a Free Info Pack!

Find out everything you need to know about your opportunity to experience life as an overseas teenager. Choose from over 20 countries and make new friends from around the world. Speak to WEP staff and get in touch with returned WEP students to help you make this important decision.

Visit: www.wep.org.au

Call: 1300 884 733

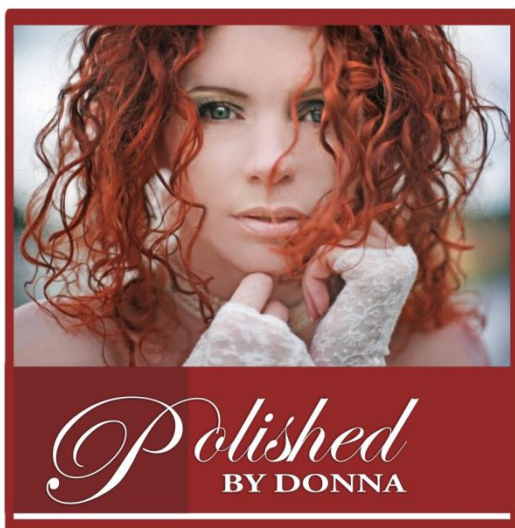
Email: info@wep.org.au



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our hearts are uplifted by love...*

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THE AUSTRALIAN MUSEUM OF CLOTHING & TEXTILES
Cordially invite you to our latest exhibition

“TO HAVE AND TO HOLD”

16 MARCH – 13 JULY 2013

Lt. Governor’s Residence, John Street, East Maitland

Admission: \$3 {Concession: \$2.50}

Thursday, Friday, Saturday 10.00am - 3.00pm

For Out of hours & group bookings, call Lynette McDowell 02 4930 9051

All other enquiries, please call 0458 505 280.

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TIME OF HOPE FOR
THE FUTURE.
PREPARATIONS ARE
EXCITING, OFTEN
FRAUGHT WITH
MISHAPS OR
DOWNRIGHT
DISASTERS &
TODAY, OFTEN
QUITE EXPENSIVE.



“TO HAVE AND TO
HOLD” TRACES
THE CUSTOMS
SURROUNDING
WEDDINGS
THROUGH THE
DECADES, HOW
FASHIONS HAVE
CHANGED, OFTEN
IN RESPONSE TO
AN EVENT,
SOCIETY’S RULES
OR HISTORICAL
CIRCUMSTANCES.





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