

The Parkway

NEWCASTLE HIGH SCHOOL

“Remis Velisque”



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August, 2010

Parkway Number 7



The next P&C Meeting will be held on
Monday 23 August 2010 at 5.30pm.
Please meet in the Staff House.
ALL WELCOME.

PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION (PDHPE) REPORT

There has been a lot happening in PDHPE in 2010. All the students in Years 7-10 have 3 PDHPE periods each cycle (two weeks). They have 1 PDHPE practical (PE) period each week and 1 PDHPE theory (Health) period every 2 weeks. Included is an outline of the courses with the units of work that are covered during the year.

Games, Athletics and Gymnastics have been completed in the first semester and we have just finished the Dance units of work.

- Year 7 focused on folk dances – ask a Year 7 student to demonstrate the Cshebogar for you.
- Year 8 focused on Australian bush dances – ask for a demonstration of the Waves of Bondi.
- Year 9 focused on Latin American dancing – look out “Dancing with the Stars” – ask for a demonstration of the Cha Cha.
- Year 10 focused on formal/social dances. They should all be able to waltz – ask for a demo.

The rest of the year they participate in 3 games units of work after completing a 3 week CPR (Resuscitation) unit. In this unit all the students are taught basic cardiopulmonary resuscitation skills and should be able to administer this if necessary. Again, get them to give you a demonstration when they have finished the unit or even better, get them to teach you how to do it if you don't know.

Please note that we have PDHPE uniforms (red shirt/blue shorts) on sale for \$10 each, reduced from \$17.50 each. They are available from the PDHPE staffroom and students must get a signed note from the staffroom before they pay at the front office.

The topics in the theory lessons give you a hint of what is covered in class but if you would like more details please feel free to contact me at school. Many of the lessons do end up going off on a tangent when questions from the students take us that way. Some of the questions in some of the topics can be at times quite challenging. The students are quite frank at times and don't hold back, but it is pleasing to see that they are comfortable to ask the questions as the content we cover will have a big impact on their lives.



PD / Health / PE Program Outline

THEORY – 2010

Week No.	Year 7	Year 8	Year 9	Year 10
1 2 3 4 5 6 7 8 9 10	Be Healthy - Be Active	A Balanced Lifestyle	Healthy	Healthy
	Understanding Ourselves	Factors Affecting Our Health	Relationships	Food Habits
		END OF TERM 1		
1 2 3 4 5 6 7 8 9 10 11	Growth and Development	The Trouble With Smoking	Risky Business	Respectful Relationships
		END OF TERM 2		
1 2 3 4 5 6 7 8 9 10	Drugs Reality & Risk	Growing And Changing	Protective Strategies	Drug Use
		END OF TERM 3		
1 2 3 4 5 6 7 8 9 10	Family And Child Protection	Food Power	Rethinking Drinking	Risk, Choices and Staying Safe
	Healthy Habits			
		END OF TERM 4		

**PD / HEALTH / PE
Program Outline
Practical – 2010**

Unit No	Week No	Week Commencing	Year 7	Year 8	Year 9	Year 10			
Term 1	1	25/1	Games Unit 4 (Girls and Boys) Hitting Skills						
	2	1/2							
	3	8/2							
	4	15/2							
	5	22/2							
	6	1/3							
	7	8/3							
	8	15/3					ATHLETICS (Girls)	GYMNASTICS (Boys)	
	9	22/3							
	10	29/4							
END OF TERM ONE									
Unit No	Week No	Week Commencing	Year 7	Year 8	Year 9	Year 10			
Term 2	1	19/4	ATHLETICS (Boys) GYMNASTICS (Girls)						
	2	26/4							
	3	3/5							
	4	10/5							
	5	17/5							
	6	24/5							
	7	31/5							
	8	7/6					DANCE AND FIRST AID (3 weeks)		
	9	14/6							
	10	21/6							
	11	28/7							
END OF TERM TWO									
Unit No	Week No	Week Commencing	Year 7	Year 8	Year 9	Year 10			
Term 3	1	19/7	DANCE AND FIRST AID						
	2	26/7							
	3	2/8							
	4	9/8							
	5	16/8							
	6	23/8	GAMES UNIT 2 (Girls)		GAMES UNIT 2 (Boys)				
	7	30/8	THROWING & CATCHING SKILLS		KICKING SKILLS				
	8	6/9							
	9	13/9							
	10	20/9							
END OF TERM THREE									
Unit No	Week No	Week Commencing	Year 7	Year 8	Year 9	Year 10			
Term 4	1	11/10	GAMES UNIT 2 (Girls) Kicking Skills						
	2	18/10							
	3	25/10					GAMES UNIT 3 (Boys) Throwing & Catching Skills		
	4	1/11							
	5	8/11							
	6	15/11							
	7	22/11					GAMES UNIT 1 (Girls & Boys) Hitting Skills		
	8	29/11							
	9	6/12							
	10	13/12							

JUNIOR ELECTIVES

Year 8 – **Human Movement** – A semester course which is a basic introduction to the Year 9 and 10 Elective courses (PASS)

- RECREATIONAL GAMES like table tennis and ultimate Frisbee.
- FITNESS components and testing – the BEEP Test (always a challenge for the best) and lots of other individual fitness test.
- TEAM AND INDIVIDUAL GAMES – volleyball and tennis AND there is some theory notes in there as well on these topics and drugs in sport and nutrition in sport and a balanced lifestyle.

Year 9 – **Physical Activity and Sports Studies (PASS)**

There are currently two year 9 classes studying PASS at Newcastle High School. One class will complete their study of the course at the end of the year; the other will continue on to Year 10 and study the PASS course for their School Certificate.

Some of the units of work that have been covered in Semester 1 include:

Fundamental Movement Skills

Students study the relationship between the basic movement skills learnt as a child and a person's long-term involvement in sport and physical activity. They assess their own level of skill in the accepted skill areas of kicking, jumping, running, throwing, catching and striking.

Students also undertake the task of learning to juggle in order to investigate the manner in which we learn new skills and the various methods which can be utilized to learn more effectively.

Body Systems and Energy for Physical Activity

Students investigate the different body systems which particularly relate to our ability to exercise. The respiratory system, muscular system and skeletal system all interrelate to allow for efficient functioning of the body during activity.

Australia's Sporting Identity

Students investigate the historic beginnings of Australia's obsession with sport and discover some of the successes that have become part of our Australian Sporting Identity. Students complete a research task on an Australian sports person or team of their choice.

Physical Fitness

Students complete a series of tests designed to give an indication of their current fitness levels. These include agility, power, speed, strength and cardio-vascular endurance tests. The unforgiving 'beep' test is performed which sorts out our toughest competitors.

Year 10 – (PASS)

Our Year 10 class, having already completed 100 hours of the PASS course in Year 9, are now on the home stretch and preparing for the completion of the course and their School Certificate. In Semester 1, students completed units of work on *Australia's Sporting Identity* and *Technology in Sport*.

Term 3 will prove to be busy with two assessment tasks to complete. Students will study a unit on *Issues in Sport* – such as gender equity, violence, drug use and sponsorship as well as the concept of 'commercialisation' in sport. They will then present their findings to their class mates in the form of an ICT based presentation of their choosing i.e. A Glogster, Powerpoint, Video, etc

During our practical lessons, students will be presenting a 'coaching' session on **"World Games"** by researching the history and rules of games that have originated in countries other than Australia e.g. gridiron, softcross, cricket, soccer.

Mrs Dennis

SENIOR ELECTIVE COURSES

Year 11 2unit PDHPE

This class has been working diligently all year and is in the final stages of the year 11 course. They have a busy term ahead, with Core 2 – The Body in Motion being the focus at the present time. This core combines theoretical components such as skeletal, muscular, respiratory and circulatory systems and their relationship to physical activity. It also focuses on fitness components and testing as well as biomechanics and movement performance. The end of Term 3 will involve the class participating in a two day Senior First Aid course conducted by the Royal Lifesaving Society. After completing this course the students receive a WorkCover Approved First Aid Certificate,

Last term was also very eventful, with our annual 3 day camp to Myuna Bay being the highlight of the term. The course implements the Outdoor Recreation option. We have included a "students' perspective" of the excursion as well as some great photos.

Mrs Blatchford

YEAR 11 PE CAMP AT MYUNA BAY

On the 28th of April the year 11 PDHPE class took a trek out to Myuna Bay Sport and Rec camp to see if we could survive out in the wild "Bear Grylls" style, along with the experienced campers Mrs Blatchford and Mr Wagner and with the help of Pete from the Sport and Rec Camp.

During the camp we participated in heaps of activities that tested our strength whether physically or mentally. Some of the activities included Mrs Blatchford's favourite, the giant swing, high ropes, archery, rock climbing and the highlight of the trip the overnight camp!!!

Mrs Blatchford and Mr Wagner made friends with the local wildlife (killer kookaburras) while we went off to look for scribbly gums. That didn't last long as the boys got hungry and decided they would steal someone's bag of chocolates to share amongst them. The night saw a small quietening down activity turn into the world cup of all team games and Jarrad was able to dance his team onto the victory podium, Chahoo hey Jallo??!!

The second night was time for us to try our best to dodge the Myuna Bay drop bears and bury our King George and Queen Marys. The first challenge of the afternoon was to pitch our tents, there were a few that looked like a hurricane had passed over them but they survived the night. After cooking a campfire dinner of stir fry and potatoes we sat around the main fire for some campfire stories but in the still of the night all hell broke loose, there was a sighting of a drop bear.... It was later brought to our attention that the drop bear was nothing more than a possum much to the relief of Jordy!!!!

Our camp came to an end with a lot of memories that will last a lifetime but we all agree that we should have one again in year 12!!!

By Blair and Maddison







Sport, Lifestyle and Recreation (SLR) Year 11

There are currently two classes studying Year 11 Sport, Lifestyle and Recreation. The topics covered this year in the preliminary course are Fitness Training and Individual Games.

During the Fitness topic in term 1, students had the opportunity to visit Merewether Beach and participate in ball games and swimming to improve fitness levels.

During Term 2 students underwent a resistance training program over an 8 week period. Students had the opportunity to demonstrate an understanding of resistance training, develop a training routine and record and evaluate their progress. Students visited Howzat Sports Centre on a weekly basis.

Individual Games is the topic for Term 3. The students will have the opportunity to participate in a number of sports such as badminton, table tennis, racquet ball and tennis. Students will also visit venues outside school to experience lawn bowls, golf and ten pin bowling.

Mr Newman

Year 12 2 Unit PDHPE

This class has been 'flat out' all year. The pace that they set in class is astounding. Unfortunately there is not much practical at the end of their course, but when the going gets tough the tough have to get going. They have covered an enormous amount of content and now it is time for the study timetables to take precedence and for them to reproduce their vast collections of knowledge in the Trial examination and further down the track in the HSC examination.

Sports Medicine, Improving Performance and Factors Affecting Performance as well as Health Priorities in Australia will be to the forefront of their minds. Good luck and remember "who knows best."

Mr Wagner

Sport, Lifestyle and Recreation (SLR) Year 12

This year the Year 12 class has completed work in Sports Administration, Social Perspectives of Games and Sport, Individual Games and Sports.

They have studied the aspects of running and administrating sports clubs, the development of sport and its place in Australian culture. Also, they have played and critically analysed various team and individual sports. Some of the many activities the class has done include: tennis, touch, table tennis, Auskick, Oztag, volleyball, lawn bowls, golf, ten pin bowling.

One of the aspects that the class enjoyed and appreciated in the course was an assignment. In this the students designed and completed all the necessary administrative tasks i.e. excursion and OHS forms, permission notes etc, to run a sports competition for junior students during lunch times. They have set up the infrastructure for this to become part of SLR classes' practical assessment in future years.

Mr See

PRINCIPAL'S REPORT

The term has got off to a very busy start. There have been lots of great achievements but also there have also been a number of students whose actions have brought disgrace and shame to the school community. As a trusted community we need to celebrate the good and work to improve the bad.

Last Friday almost two hundred supporters of the school gathered at Newcastle Rugby League Club for the P&C Trivia Night. It was a great success with over \$3500 being raised. Thanks to the parents, friends and staff who supported the evening, especially to Mr George Liolio who was the Master of Ceremonies and to Mrs Alison Taylor who co-ordinated the event.

On the same day the SRC organised a Jeans for Genes out of uniform day. The student response was great and over \$1100 was raised by the student body. Well done to the students. Support for community events like this demonstrates excellent citizenship from Newcastle High School students.

Unfortunately there have been a spate of events involving students that have been both illegal and damaging to all members of the school community. Fighting in the school grounds or on the way to or from school will result in a suspension and involvement from the police. Unfortunately several of these incidents took place at Marketown. Marketown is great supporter of NHS and retailers encourage our students to use the facility. Students who incite violence or video fights are also breaking the law and will be suspended.

Although most students who attended the school dance had a great night and behaved well there was a small group of students who had consumed alcohol either before the dance or at the dance. As a result whole school dances have been indefinitely suspended. Staff cannot be expected to supervise students under the influence of alcohol. I urge parents to thoroughly check out arrangements made by students before such events. Thanks to the parents and carers for their support as we dealt with the consequences of the dance. Again a number of students were suspended.

Too many students are arriving late to school. School commences at 8.45am and all students are required to be at school for mentor (roll call). Senior students with permitted late starts are exempt from morning mentor. On any one day this term in excess of thirty students arrive late. This is unacceptable and must be improved. When staff have phoned home most parents and carers are unaware of the late arrival of their child. Please stress with your child the importance of arriving at school on time.

Attendance is also a growing concern. Students need to be at school and in class to achieve course outcomes. Currently too many students have attendance levels below 85%. The Deputy Principals will be contacting parents/carers and in some cases referring students to the Home School Liaison Officer. Please contact the relevant Deputy Principal if you have concerns regarding your child's attendance. A small group of students have recently been suspended for disobedience after repeated trancies as the school cannot guarantee the safety of students who leave

the school ground without permission during the school day. A number of truants have been vandalising the school whilst they are hiding from staff during the day. Again this is regarded as criminal damage and students are being suspended.

Please leave scooters at home. Scooters have caused injury to a number of students and staff in recent weeks as well as being stolen and vandalised. Students have been told that scooters brought to school will be confiscated and parents contacted to arrange collection.

Apologies for this being a bit negative but this newsletter contains heaps of really positive information about the amazing and varied achievements of our students. Well done to them all. Please take the time to read of these remarkable students and remember they make up ninety percent of the students at NHS.

Year 12 have commenced their Trial HSC examinations this week and many students are also preparing for practical HSC examinations and/or submission of major works. This is a stressful time for our year 12 students. Please remember that the school counsellor and chaplain, as well as the teaching staff are available to provide assistance to students and families during this time. I am currently exploring the possibility of bringing the trial HSC forward earlier in the year. Any comments on this proposal are welcome. Currently, the HSC trial exams are at the start of the exam season with Year 11 and Year 10 all having exams in the next few weeks. Students who are absent for these examinations need to complete Applications for Misadventure/Special Consideration and these applications need to be supported with external independent documentation, such as a medical certificate.

The school hosted the Muloobinbah Aboriginal Education Consultative Group meeting last week. It was a pleasure to welcome over 35 Aboriginal community members and elders into the school.

Congratulations to Mrs Ann Burstal, who has been coordinating the gardening group, on her recent Community Achievement Award. This small hard working band meets once a month for a couple of hours and gradually there is more foliage and colour appearing in the school.



The painting of the front of the school has been finished. Due to the lobbying of the P&C the painting of the northern façade of A block and all of the Cultural Centre is due to commence very soon. Work has commenced on the alterations to the Metals area as part of the Newcastle Community Trade Training Centre. I am hoping that kitchen three will reopen after its refurbishment in the next few weeks.

I look forward to welcoming new Year 7, 2011 parents into the school on August 31st for their orientation to high school. An invitation has been sent to all incoming year 7 parents/carers. Places in classes are filling quickly, so if you know of a student who intends to enrol in 2011 please get them to contact the school asap.

All parents/carers are welcome to the semester 2 parent/teacher evening on Tuesday 14th September commencing at 3.30pm.

Mr Jones one of the Deputy Principals has been on leave recently, and Mr Southward, the other Deputy Principal is commencing a short period of leave next week. During this time Mrs Rennie is relieving as Deputy Principal and Mr Wallace is relieving as Maths Head Teacher. Thank you to both these teachers for stepping up to these positions.

Finally, welcome to Ms Jessica Melehan who has been appointed to the English Staff, Mr Anthony Kane and Ms Casey Anderson who have accepted temporary appointments to the Support Staff for the remainder of the year and to Mrs Melissa Blake who has been appointed a School Learning Support Officer for the newly established IM class.

Mr M Hewitt

Free workshops for parents and supervisors of learner drivers

Young drivers are three times more likely to be involved in casualty crashes. That's why the RTA has introduced a new licensing scheme, with more supervised driving practice for learner drivers.

To help parents and supervisors of learner drivers, Newcastle City Council has set up a FREE 2 hour workshop for parents and supervisors, to offer practical advice on how to help learner drivers become safer drivers.

PETAS WINTER SCHOOL EXPERIENCE



During the July holidays I attended the Nura Gili Indigenous winter school at UNSW in Sydney. It was a great achievement to be selected for this program as of over 450 students applied Australia wide and only 150 were successful to be a part of the 2010 winter school. I was lucky enough to be placed in the course I chose. I chose medicine out of all the other careers. I know I have picked the best one. My aim after I finish Year 12 is to attend university where I will study medicine for 6 years so I can become a doctor. While attending this winter school I had an insight into what my career pathway would look like and how I would get there. I would like to thank Ms Manhood for her help with my application.

We did a range of practical procedures to give us a basic knowledge of what our course would involve. These included; suturing, plastering, blood pressure, CPR, personalised fitness testing and many more exciting experiments. As well as those we were lucky enough to be taken to St Vincent's Hospital for a behind the scenes tour and also perform practical assessments.

The winter school wasn't just about getting you ready for uni but it sure did help. We had a dance on the last night, a formal dinner where everyone dressed up beautifully and guest speakers came to tell us about their hard journeys. We had lectures about successful Indigenous Australians from where they started and where they are now.

The most exciting thing was our graduation where we all dressed up in black gowns and wore our colours with pride. We received a certificate to acknowledge our achievement.

Throughout the week we were interviewed, photographed and filmed so that was pretty fun too. I really enjoyed this winter school because it was so beneficial and it was just great to be around other Indigenous students who want to do so well. While we were there the university told us so many ways on how to get into university, it's not that if you don't get the mark you want you're out, there is always another way and so much support is out there all you have to do is take the initiative to start. I highly recommend this winter school to future years 10, 11 and 12 Aboriginal students at Newcastle High who wish to further their education and attend university. There was information on at least 6 more courses ranging from social work, art, drama, law and engineering science. There is something for everyone. The best part of this whole winter school was that it was 100% free, everything was paid for, all meals, boarding, excursions, the only thing it costs is your time – and it is worth every second.

Peta Feros

Public Speaking

This year, the English Faculty put together its first public speaking team, under the tutelage of Mrs Oswald. The students have made an exciting start in the arena of competitive performance. Our seniors, Bridie Halse and Alissa Lucas began the year with the *Rostrum Voice of Youth* senior competition. One of our juniors, Lydia Corcoran was also invited to speak at this event, although she was not a competitor. This experience will no doubt prove valuable for Lydia when she takes the stage in her first competition, later this year.

The *Rostrum* event was the first time that Bridie and Alissa had competed as public speakers and both girls were a credit to their school, giving strong performances that surprised the audience of experienced speakers. Bridie placed 2nd in the district finals and Alissa placed 3rd. Bridie then competed in the regional final, where she was again placed 2nd.



Bridie Halse, Lydia Corcoran and Alissa Lucas
at the *Rostrum Voice of Youth*

This excellent start was followed by the *Sydney Morning Herald* competition. Newcastle High hosted the regional final and the competitors and their coaches were all very enthusiastic about the organisation of the event and the welcome they received from the school. Alissa won the regional final and the team accompanied her to Sydney for the State Semi Finals. On this trip they were able to witness performances at the highest level of competition and to support one of their own as she took her place among these experienced public speakers.

In the junior division, Lydia Corcoran Eagleton, George Diplarou and Corey Geatches have all been training hard and they show great promise for the future. Next term Newcastle High School will host the regional final of the *Legacy Junior Public Speaking* competition and two of our members will get the opportunity to represent the school at this event. This will be followed by the *United Nations Youth Association* competition, in which all the members of both our junior and senior divisions will compete. The public speaking team has already proven itself to be a credit to our school and there can be no doubt that the team will continue to represent us with distinction. We can all be proud of their accomplishments so far, and look forward to their continued success.

Ms G Oswald



**Bridie Halse, George Diplarou, Mrs Oswald,
Corey Geatches and Alissa Lucas**
at the *Sydney Morning Herald*
Plain English Speaking Awards

DEBATING

On Wednesday, 26th May, a year 7/8 debating workshop was held by English teacher, Ms O'Brien in the school staff house.

Anyone who was interested was able to join in and participate.

During the workshop everyone participated in a number of activities based on debating. We also watched a movie on debating, it showed the basic rules and also how to present a good debate.

We then got to create our own nonsense debate on a nonsense topic of our choice.

Towards the end of the day we started to plan our real debate on the topic of "life begins at 14". After a little planning we presented the debate.

It was a very fun and enjoyable day and everyone there had a great time.

Georgia Bear

ICT in ENGLISH

With the digital revolution in education well under way in our school, there have been many exciting opportunities to include computer technology in our classrooms and beyond. Here are some of the ways that English has been using ICT:

Class Blogs have been created for 8BN and 7 Scott. Students are able to access these websites from home, and complete activities that are linked to their studies in the classroom. The blogs provide a forum for discussion, where students can express their opinion about the topic they are studying, and comment on the opinions of their peers.

Digital Portfolios, displaying a collection of student work from throughout the year, have been created in English classes. Some classes have used Powerpoint to create a presentation of their work, while others have created their own blogs and published their work on the internet. The portfolios contain examples of written work such as newspaper articles, creative writing and poetry, as well as photos of their visual creations, such as drawings, posters and dioramas. Year 8 acted out Banjo Patterson's poem *The Man from Ironbark*, and filmed their performance to add as a video to their portfolios.

Newcastle High Moodle is a website that allows students to access up-to-date information about all of their courses from home. A copy of all assessment tasks are on the moodle, so students can check due dates and task requirements at any time. Interactive activities such as quizzes, matching activities and resources for study are available from the moodle website. Students need to register as a moodle member in order to view this information. They can do this by going to <http://web1.newcastle-h.schools.nsw.edu.au/>.

7 Scott Weblogs

In 7 Scott, we have had the privilege of making weblogs in English with our teacher, Mrs O'Brien. As the year goes on, assignments start to pile up, so we are putting our visual work on our weblog to form a digital portfolio.

We had some troubles at the start with the weblogs when we created them. But 7 Scott loves a challenge. We successfully created our weblogs on the internet with a bit of help from our weblog expert, Mathew Lamb. Then we began to add our first assignment which was Creative Poetry.

As the year goes on, we will continue to add our visual work on our weblogs. The weblogs are really fun and a great learning experience. As we decorate them to our liking and we fill it up with excellent visual assignments.

The Weblogs will be a work of art and 7 Scott will be proud to know that we created something this impressive and intelligent.

Jarrold Sansom
Year 7

I Hear Music – Grace Jamieson 9R1

I hear music in the crashing waves,
The rumbling of the sea,
In chirping birds in morning light,
The buzzing of a bee.

But now those crashing waves feel like
Monsters of the sea.
The bees are sharpening their stingers and
They're out to get at me.

Those sweet sounds of a summer's day
Are now not quite so fair
As sudden feelings of tragic loss
Fill the mind with much despair.

Those sounds I heard once used to be
Sweet music to my ears;
Now those sounds are nothing more than
Reminders of my fears.

With the sun hidden behind grey clouds
And shadows all around,
I feel like doing more than
Blocking out those sounds.



OPEN DAYS FOR 2010	
AUSTRALIAN CATHOLIC UNIVERSITY	
Canberra campus	28 August
North Sydney campus	28 August
Strathfield campus	11 September
AUSTRALIAN MARITIME COLLEGE	
Launceston campus	15 August
Campus tours can be arranged by appointment	For further info call 1300 361 928
AUSTRALIAN NATIONAL UNIVERSITY	
For campus tours call 1800 620 032	28 August
CHARLES STURT UNIVERSITY	
For campus tours/appointments and course information call 1800 334 733	Every Day
GRIFFITH UNIVERSITY	
Gold Coast	8 August
LA TROBE UNIVERSITY	
Albury-Wodonga Campus	22 August
Mildura Campus	TBC
MACQUARIE UNIVERSITY	11 September
SOUTHERN CROSS UNIVERSITY	
For personalised campus tours and special events call 1800 111 890	
UNIVERSITY OF CANBERRA	28 August
UNIVERSITY OF NEW ENGLAND	
For personalised campus tours please call 1800 818 865	7 May
UNIVERSITY OF NEW SOUTH WALES	
Open day	4 September
Australian Defence Force academy, Canberra	28 August
UNIVERSITY OF NEWCASTLE	
Newcastle campus (Callaghan)	28 August
Central Coast campus (Ourimbah)	21 August
Port Macquarie campus Information Night	2 September
UNIVERSITY OF SYDNEY	
Camperdown & Darlington, Mallett St, Sydney College of the Arts and Sydney Conservatorium of Music (Macquarie St campus)	28 August For campus tours call 1300 362 006

UAC KEY DATES FOR 2011 ADMISSIONS	
APPLICATIONS	
Early August 2010	Application Open
Thursday 30 September 2010	On-Time applications close
Friday 29 October 2010	Late applications close with late fee*
Tuesday 30 November 2010	Late applications close with late fee*
Wednesday 9 February 2011	Final Close of applications with late fee*
HSC AND ATARS	
Wednesday 15 December 2010	2010 NSW HSC results e-released by BOS
Thursday 16 December 2010	ATARs e-released by UAC
CHANGES OF PREFERENCES	
Thursday 6 January 2011	For consideration in Main Round
19 January – 26 January 2011	For consideration in Early February Round
2 February – 3 February 2011	For consideration in Final Round
OFFERS	
Thursday 28 October 2010	October Round offers e-released
Thursday 18 November 2010	November Round offers e-released
Thursday 9 December 2010	December Round Offers e-released
Wednesday 5 January 2011	Early January Round offers e-released
Wednesday 19 January 2011	Main Round Offers e-released at 9pm
Wednesday 2 February 2011	Early February Round offers e-released at 9pm
Wednesday 9 February 2011	Final Round offers e-released
<ul style="list-style-type: none"> Fees and charges for 2011 admissions are yet to be determined 	

OPEN DAYS FOR 2010	
UNIVERSITY OF TECHNOLOGY, SYDNEY	
UTS Information Day, Broadway Campus	28 August
UTS Information Evening, Kuring-gai campus	8 September
UNIVERSITY OF WESTERN SYDNEY	
Parramatta Campus	29 August
UNIVERSITY OF WOLLONGONG	
For personalised campus tours and special events call 1300 367 869	28 August
FOR INFORMATION ON SCHOOL VISIT DAYS, CONTACT INDIVIDUAL INSTITUTIONS	

LANGUAGES

Sydney Japanese School Excursion Years 7 and 8

Forty five students had the opportunity to attend an excursion to the Sydney Japanese School last term.

Upon arrival, groups of 2 to 3 NHS students were introduced to their Japanese buddies for the day. The Japanese students then guided and instructed them through a schedule of cultural activities: origami, calligraphy, traditional Japanese games and conversation practise.

A highlight were the calligraphy classes because all the Japanese students, using a list of our students' names, had prepared individual Japanese names using the same pronunciation but with characters with specially created meanings. Our students were presented with their unique Japanese names and were then taught how to write them with ink brushes.

As the photos show, great fun was had by all and friendships were formed and our students were able to see that it is just as difficult for others to learn English as it is for them to study Japanese.

Finally, Mr Crichton, Mrs Stace and I were very impressed with the polite and positive way in which our students conducted themselves during the whole day!

ご苦労した!



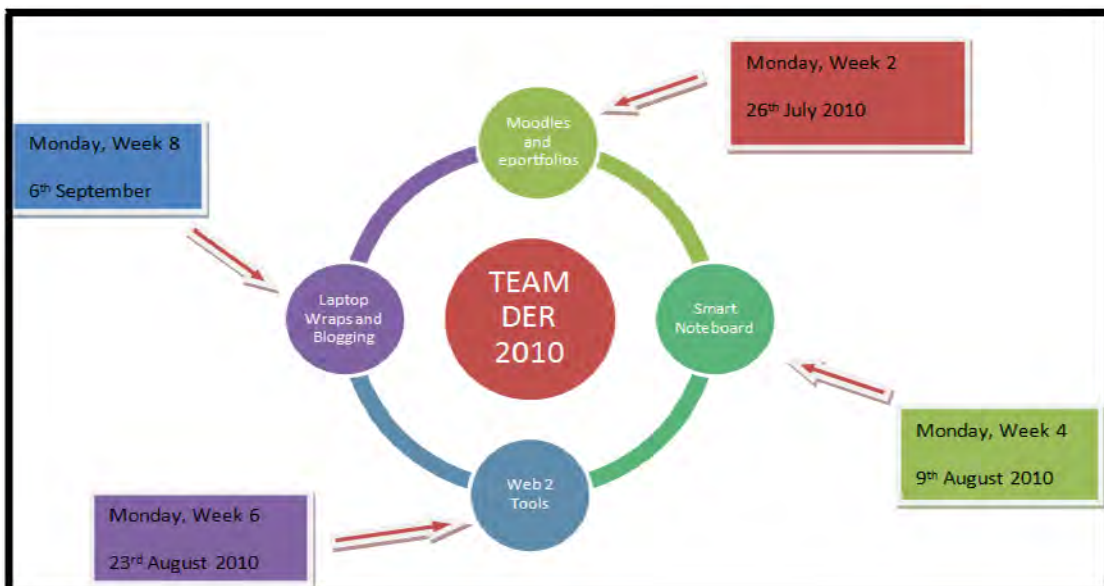
Digital Education Revolution

Thank you to the Year 9 parents who attended one of the nine parent information sessions on the laptops. 204 out of the 220 laptops have been allocated to our Year 9 students. This was done over a three week period.

We have just received information from the Department of Education that replacement cases for the Year 9 laptops should be arriving at Newcastle High School before the end of term. These plastic cases will offer some protection for the laptops but the laptop sleeves that many people have already purchased will be a better option for protection of the laptop. When they do arrive I will issue these to the students.

Thank you also to Year 10 students who have handed in their laptops for reimaging and updating.

Over this term interested staff will be involved in the following training:



<http://web1.newcastle-h.schools.nsw.edu.au/>

At Newcastle High School we have established a moodle: <http://web1.newcastle-h.schools.nsw.edu.au/> . A moodle allows students to access work 24/7 from anywhere in the world. This moodle will be continually updated as more teachers become familiar with the moodle environment.

A moodle has many applications for educators including:

- A repository to store class notes and information.
- Parts of textbooks can be added to the moodle.
- Assignment, homework and assessment tasks can be on the moodle as well as samples of past students' work.
- Quizzes can be made on the moodle and can be used for assessment or revision. Moodle gives instant feedback to the student.



- A calendar of events including excursion dates, assessment task due dates
- Surveys can be completed through a moodle
- Wikis, PowerPoint presentations, images, youtube videos, etc can all be placed on a moodle.
- Students can submit tasks through the moodle.
- Students can communicate with their teachers and other students in their class.

And this is just some of the things it can do!!!!!!



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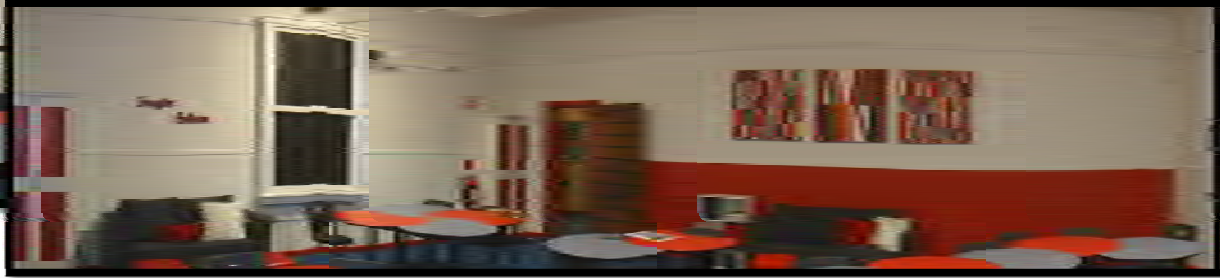
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Mock Trial

Since the previous bulletin our team in the NSW Law Society's Mock Trial Competition has continued with their good form. After advancing from the round robin series trials we went into the first of the elimination rounds as the only comprehensive school remaining in the Hunter Region. Our opponent was St Joseph's from Aberdeen, a team with formidable form during the early rounds.

In a case in which we were prosecuting our opposition the alleged offence was setting fire to a school (this should be a capital offence), Newcastle high prevailed 221 points to 213.

We are now starting to prepare our next round which has us defending in a civil matter.

My congratulations to the team members; Rebekka Fenwick, Josie Plumsted, Kassandra Bangle, Bridie Halse, Alissa Lucas, Taylor Wright and Taylor Wildschut.

My thanks go, as usual to Mr Rob McKessar from Braye Cragg for his many hours of work in preparing the team and his supporting nature with the group.

M Smith

Year 12 Business Studies

On Tuesday 20 July the HSC Business Studies class attended a HSC conference at Belmont. The lectures and notes that accompanied them were highly valuable and the students found the day an excellent and enjoyable piece of enrichment in the preparation for the HSC.

My thanks to Miss Wood for her work in enabling her class to attend this event. We would also like to thank Carrington Public School, one of our feeder and partner schools for their assistance in acquiring the bus at a very reasonable rate.

M Smith

New Courses Year 8

With students currently making subject selections for 2011, I am pleased to advise that HSIE will be widening their choices for the year 8 semesters. There will be a new technology based option using Web 2 tools in the study of HSIE subjects; as well there will be a newly developed course looking at significant people, events and groups who have shaped recent history. This will rely heavily on film and technological sources.

Of course, we will be continuing with our existing offerings; Geoactive, a course designed to build environmental and community awareness; and MYOB, a business and financial based course, drawing from Commerce syllabus documents.

M Smith

Upcoming Events in HSIE

Senior History and Studies in Religion

Later this month our senior History classes will be attending an excursion to the Jewish Museum in Sydney. This will be a valuable enhancement to a number of courses and I thank Mr Farrar and Miss Barry for their time in preparing the excursion and accompanying the students. I will report on this event in the next bulletin.

M Smith

HSC Legal Studies

In a few weeks time the HSC Legal Studies class will be attending a HSC preparation lecture day at Maitland. I will also report back on this in a later bulletin.

M Smith

Mathematics Faculty News

Mr Guinane, Mr Wallace and Ms Yan spent their recent term vacation on a working holiday in China accompanying students and other staff. Mr Wallace and Mr Guinane taught Mathematics lessons to enthusiastic Chinese students in Arong Qi (Ms Yan's home town) and Hailar in Inner Mongolia and exchanged teaching ideas with local staff. It certainly was an enriching and enlightening experience for all concerned.

All students are required to bring a recommended calculator to every mathematics lesson. Parents are requested to remind their children to pack all their equipment for class each day as failure to do so puts the student at an unnecessary disadvantage.

Thanks to the majority of parents of Junior School students who have paid the annual \$10 text book hiring fee. Your child should have passed on a receipt to you. Any parent who has not yet paid is encouraged to do so as the funds are spent on materials necessary to the learning of all students.

Senior students purchase their own text book and those who have not yet done so should talk to the teacher about how best to obtain a copy. Provided the text book is well looked after most of the purchase price can be recovered at the time of resale.

As this bulletin goes to print, some students will now be settling into new Mathematics classes based on their performance in Semester 1. Congratulations to those who achieved their goals in this time and we encourage those who can improve on their performance to make their best effort to do so. Good luck to all students with their Mathematical studies this Semester and remember the Mathematics staff are happy to help you.

M Coburn

SPORT

Cross Country- Congratulations to Sarah Bugbird and Brent Taylor on their selection in the Hunter Region Team. They competed at the NSW CHS Championships at Eastern Creek on Friday 23rd July. Brent finished 23rd in the 17 years boys event and Sarah finished 30th in the 15years girls event. Well done Brent and Sarah.

Gymnastics- Congratulations to Nicole Liokios, Thea Post and Lydia Corcoran Eagleton who were selected in the Hunter Region Team after several students withdrew from other schools. They will compete at the NSW CHS Championships at Glendale in week 3 of this term. Good luck girls.

Rhythmic Gymnastics- Good luck to Madeline Cvetanovski who will compete at the NSW CHS Championships in Week 3 as a member of the Hunter Region Team.

Touch- Congratulations to Jarrad Rotumah on his selection in the NSW CHS Touch Team. As Jarrad is only 16 years of age this is an excellent achievement, as the NSW CHS Team is an Open age team. Well done Jarrad.

Zone Athletics Carnival

Seventy eight students were selected to represent Newcastle High School at the City Zone Athletics carnival on 10 June at the Sports Centre, Glendale. Our students acquitted themselves well in both track and field events and as a result, 20 NHS students were selected to represent City Zone at the Hunter Regional Athletics Carnival on 28 and 29 July.

A number of our students achieved outstanding results. Kieran Gordon qualified for five events, Maddison Terry and Brooke Farrugia qualified for four events and Sarah Bugbird will represent in three events at the Hunter Region Carnival at Glendale on 28 and 29 July. Kieran and Maddison were the two 17 Years Age Zone Champions. Well done.

The boys 12 and 13 years relay teams along with the girls 16 years relay team were also selected.

Congratulations to all students and best of luck at the Hunter Region!

Open Boys Football (Post Match Report)

As a follow up to the report on the boys Open Football Team in the July Bulletin, I would like to report back on the decision made by the Hunter Region Sports Association (HSSA)

The information that was published on page 3 of the Newcastle Herald, Friday July 2, 2010 was inaccurate.

The Hunter Region Sports Association finalised their decision the day before the article was presented in the newspaper. It is a pity that the reporter did not access this accurate information.

To clarify some points:

1. The incident occurred in the 69th minute of a 70 minute game. There is no added time in these games and therefore the NHS team did not have time to take their free kick before the full time whistle would have been blown. The game concluded at the end of the 70th minute.
2. Newcastle High school had not decided to not enter the competition in 2011 as was printed in the Newcastle Herald. (It was stated that a Department of Education spokesman had said this). If you read the last school bulletin you will have noticed that I said that the incident was extremely disappointing and so was the fact that it 'tarnished' the reputation of the Newcastle High School students who participate with pride and demonstrated excellent sportsmanship. I then continued with "at this stage we are not sure that we will be entering this competition in 2011."

We do not condone or accept this type of behaviour in our sporting teams and the students involved have been appropriately disciplined at school. We also believe that the decision handed down by the HSSA was very fair and acknowledged that the behaviour was inappropriate whilst also allowing the opportunity for students to participate in future competitions.

We see participation in these competitions as being a valuable educational experience which offers many benefits to the students. They are an integral part of a wide range of educational experiences and opportunities that are offered at Newcastle High School.

The HSSA Judiciary Committee imposed the following penalties for 2011.

1. Both Warners Bay High and Newcastle High Boy's football team will receive a suspended 2 year sentence. If this suspension is breached the team will be denied access to the competition.
2. Neither school will receive 'home' games in this 2 year period.
3. Neither school will be allowed to take spectators to the game. Any other spectators must remain behind the fences and away from the team.
4. The team will be in different halves of the draw in 2011.
5. If possible, all matches that involved either team are to be played at enclosed grounds.
6. 2 players from Newcastle High and 1 player from Warners Bay High will not be allowed to participate in the competition in 2011.

As stated earlier, it is a pity that an accurate report was not included in the Newcastle Herald article. If so it would have demonstrated that this type of behaviour is not acceptable in school sport whilst continuing to promote the positive benefits of participation in school sports.

Mr M Hewitt
Principal

Mr P Wagner
Head Teacher PDHPE

FOOD AND TEXTILE FACULTY

A big welcome to all the students in Year 7 and 8 who have commenced courses in our department this semester. Both years have many fun lessons and activities to look forward to. Year 7 will create their own theme parks; year 8 will be involved in the creation of pyjama combos and the development of their own snack food suitable for sale in school canteens. Whichever year or course they are involved in, a reminder that subject contributions for these courses are vital. Without payment it is impossible for us to purchase and supply the resources needed to conduct their lessons and learning experiences, so please pay course contributions by week 6 of this term. Financial assistance for subject contributions is possible if your family is experiencing difficulties meeting these requirements, please phone and talk to your child's teacher if needed.

The Luna Park excursion for semester two year 7 Technology students has been organised for Monday September 13th, the cost of this excursion is \$58 and payment can be made to the front office before school at lunch or recess breaks. In line with school policy students are not eligible to attend school excursions if any school contributions remain outstanding.



As we get closer to the trials and final requirements for Year 12 courses the Food And Textile Faculty would like to wish all Year 12 the very best for their upcoming trials and final assessments. Many students have revision lessons scheduled and we would like to stress the importance of attending these so that your very best preparation is ensured. Year 12 Design and Technology students are reminded that their projects are due in to the school on Monday the 30th August at 9.00a.m., a date that is shared by every student in every school around the state. Good Luck year 12 and a reminder that the best time to prepare is not tomorrow or the next day, but - today.

Food and Textile Technology Faculty.



VET Work Placement – Retail Services



From 28th June to 2nd July, Year 11 Retail Services students were on work placement. Students were able to choose their favourite store, whilst others decided to venture to a store where they could gain experience in various departments.



The students gained first hand knowledge in numerous elements of retailing, including safe work practices, customer service relations, communication, creating displays and general organisational duties. Each student who successfully completed their placement stated it was a valuable experience.



Congratulations to Abby, Merran, Chelsea, Alex and Dylan who received job offers from their week of placement!

Miss Wood
(Retail Services Teacher - HSIE)

Business Studies Revision Day

On the 20th July, the Year 12 Business Studies class spent the day at a HSC Revision Day, run by Graham Roll. Each topic studied was covered as well as a few hints and tips for revision purposes. Overall, students found the day rewarding as they were able to refresh their memories after the short break. As we move into the final stage of Year 12, Business Studies students will be able to use the notes from the day to help with practice responses.

On behalf of the class, I pass on a thankyou to Mr Smith for getting us to and from the venue safely!

Miss Wood
Business Studies Teacher - HSIE



ART

As part of Education Week, Newcastle High photography students have created Class Act. Using left over negatives, photos and other recycled materials students made doll shaped images. The installation is part of the Sculpture Trail that schools in the Newcastle area are participating in. The theme is 'recycled'.



Georgia Hudson and Kate Bath's drawings were nominated for entry into the National Portrait Gallery in Canberra. This is a national competition with thousands of entries. Only one hundred were chosen. Congratulations.

The exhibition is called Headstart. Kate's drawing was of her 'Gramps' and Georgia's her friend 'Claire'.

What's the Drama?

A lot has been happening in the Drama Faculty this term.

We would like to welcome our new Year 8 Dance semester and drama semester students. These students have already begun to demonstrate improving skills in team work, confidence and performing for their peers.

Our faculty also welcomes Ms Alicia O'Donnell from the University of Newcastle. Alicia is an intern and will be engaged in teaching English and Drama classes throughout Term 3.

NEWEE HIGH CIRCUS

The Newcastle High School Circus has made a come-back this term. Students are honing their circus skills in the Cultural Centre at lunchtime on Mondays throughout semester 2. Juggling, group balances, tumbling and clowning are the skills we have focused on so far.

DANCE

Our pilot semester Dance group has begun the term with great enthusiasm. We would like to thank Ms Lauryn Wheatley for providing her professional skills each week during the Dance class.

All Dance students are reminded that outstanding fees are overdue. The balance of \$80 must be fully paid by Week 5 at the latest. Thank you to all the students who have paid promptly.

LUNCHTIME DRAMA GROUP

Year 7 and 8 students have begun a lunchtime Drama group to build confidence and develop skills in performance and improvisation. The workshops are held at lunchtimes on Friday in the Drama Studio.

HSC TRIAL PERFORMANCE EXAM

The HSC Drama students have completed their performance trials this week. The students have showcased both their group and individual performances. The official HSC examiners will visit our school on the 31st August to assess the student's work. We wish them all the best in their preparation and rehearsal. Good luck Year 12 Drama!

DIGITISED LIGHTING IN THE DRAMA STUDIO

The lighting in the Drama studio has now been updated and we have finally gotten rid of the archaic "lighting board" Adam Spicer and Elijah Tarrant (Year 8) have been trained in using this system and will be the lighting crew for the Year 12 performance exam.

STATE DRAMA CAMP

Stay tuned for Kate Neilson and Rebecka Fenwick's report on their experience in State Drama Camp 2010 in our next "What's the Drama?" column.

K Hepple



HSC DRAMA STUDENTS

Year 10 Working Artist Exhibition.

A different Perspective

Thursday evening on the 10th June, marked an important occasion for the Working Artist group, as it saw our major gallery opening.

Earlier in the year, we approached "Renew Newcastle", (an organization who is endeavouring to add life and energy to the heart of our city, by opening up long disused spaces for community use.) in the hope that they may have a space for us.

At the end of April, we were given an enormous exhibition space in Newcastle mall and the students set about creating large format works to fill the gallery.

One of our year 8 students, Claire Bertolli, agreed to work with the class as a model and inspiration for the students' works. Clare uses a wheel-chair to help her movement and she has many hurdles to overcome. The students were surprised by Claire's energy and enthusiasm for life, and this came through in their artworks.

After a great deal of creative energy and effort, their finished artworks were proudly displayed in the space and we were pleasantly surprised, as many of our parents and students came to view the works on opening night and over the entire exhibition period.

We also took the opportunity to showcase the artworks of our creative arts students in a wide range of areas.

Paintings, drawings, sculptures, ceramic works, photographs and installations were on display in the gallery.

The space was opened for a month. This could have caused some difficulty for us to supervise.

However, parents and ex students came to our aid and acted as supervisors and guides during the week day openings.

Mrs Jones, Mrs Kallinis, Mr and Mrs Sharman and Eliza Franklin gave their time to ensure the show ran smoothly.

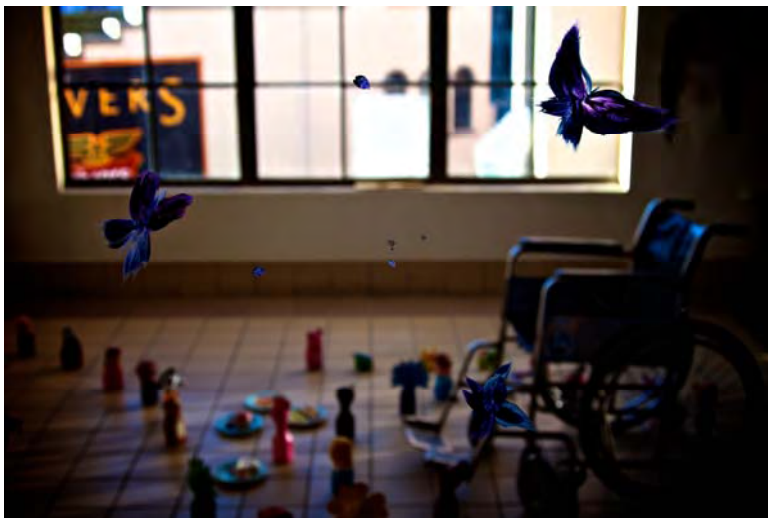
We would also particularly like to thank the entire CAPA staff, who provided works and assistance in hanging the show.

Music staff and students, performed on opening night and the atmosphere was greatly enhanced by their efforts.

The Catering staff and students took it upon themselves to provide food and drinks for the audience on opening night. They carried out their roles with complete professionalism and they are a credit to our school.

The success of the exhibition has given the students the confidence to try other projects and we are currently designing a 22 metre long mural for a wall in Mayfield.





YR 10 PHOTOGRAPHY WILDLIFE EXCURSION.

The Yr 10 Photographers attended an excursion to the Lovett gallery in the Newcastle Library. They viewed a selection of wildlife photos, taken by young people from all parts of the world. The standard of the works was exceptional and the students were amazed at the quality and range of animals represented.

Here are some student responses.

Recently our two year 10 photography classes went on an excursion to the Newcastle Library (Lovett Gallery).

We saw the exhibition Wildlife Photographer of the year. This exhibition showed the magnificent photographs captured around the world taken by photographers of all ages. It shows real power behind the photographs of wildlife as it exists. It highlights the beauty of animals in their own environment. My two favourite photographers were "Raindrop refresher" and the "Lone Fir".

It was a wonderful experience and the photographs are fantastic!

Taylah Wildschut and Katrina Vanveld



MORE IMAGES FROM MYUNA
BAY





YEAR 9 DRAMA MASK PERFORMANCE



MUSIC REPORT

Music students have been busily performing in the community and at school year assemblies. Students have been enthused and confident to perform! Mrs Hudson has been welcomed to our school and has settled in! Mr Kempton has enabled the following developments in Music lately:

Art Showcase – Newcastle Mall

Recently Music students along with Mr Danvers performed at the Renew Newcastle Art Space - Art showcase in Newcastle Mall. Year 10 and 11 students presented excellent performances and created a great vibe on opening night to support the wonderful art works and set up by art students and staff.

Star Struck

Mr Danvers took a group of students to Star Struck to participate in the Star Struck massed choir! Students loved being a part of the choir and were able to watch the action! The Star Struck DVD is available for order; please see us for the order form. Mrs Hudson had many workshops at our school in the Cultural Centre for the Senior Backing Ensemble and Mrs Wright also accompanied our Aboriginal students to Star Struck where Blake McGrady featured in the opening ceremony playing his didgeridoo! Our students were all fabulous and had a fantastic time!

Band

Mr Gill is running the band with Mr Danvers and Mrs Hudson also assisting on Tuesday afternoon, 3pm until 4pm. We are calling for all students who have played an instrument in primary school to get back into it! Please approach us if you need an instrument or if you are keen to participate. We have some exciting new repertoire and are planning to have workshop days at the end of Term 3 so our student numbers and skills can expand! We are in the process of working with the P&C and hoping to present some exciting concerts at some great venues in the near future!

Hunter Singers and Hunter Kids Sing

Hunter Singers are the Regional Department of Education and Training's choir. They are internationally, nationally and locally renowned for their achievements in choral music and Australian music. They have toured internationally 7 times to various places including America, Europe, Canada and New Zealand. They are planning to tour America for the World Choir Games in 2012! This will be a fun filled adventure and students who are interested in singing and being a part of the prestigious choir should audition now! Mrs Hudson has audition forms waiting in the Music staffroom!

HSC Music

Good luck to the HSC Music students who have been preparing for their practical performance exams and will be presenting some of their performances on the 25th of August. We will also combine with the Art and Drama staff and students to present a showcase on the 1st of September. More information will be advertised at school during August regarding these performances.

The University of Newcastle has offered us follow up workshops from the Music 1 Information Day our students recently attended where we will have the opportunity to work on aural skills, rehearsal techniques and performances with highly skilled professionals. Capree Gaul and Mrs Hudson are continuing to create links between the University and our school!



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EMERGING ARTISTS BREAKFAST AT OLD MAN'S CAFÉ

Year 8 students Jessica Hanlon, Emma Jackson and Jessica Munro enjoyed breakfast with their mothers on Thursday morning 5th August to view their artworks on display. These girls' works were part of a collection of 10 paintings by students in the Painting and Drawing semester art class currently being exhibited at the Old Man's Café. This is an initiative of the owner of the café Mrs Janine King who is encouraging the Art faculty to use her venue to promote the artistic talents of our students.

Parents and interested visitors are welcome to enjoy the great food and warm hospitality as there will be regular exhibitions every 2-3 weeks featuring our students. The café opens 7am- 2pm weekdays and 8am – 2 pm on weekends

Mark Kempton HT CAPA



