

### NEWCASTLE HIGH SCHOOL



Photo: Luka Archer and Dancer

#### Students aiming high and achieving in 2020, despite the hurdles this year has brought us.

For students in 2020 it has been challenging times, with students having to adjust to lots of changes, including a different way of living, socialising and learning. Our students have taken on these challenges this year with resilience and a determination to keep moving towards their goals and achieving their best.

For me in the career's office, there were restrictions and guidelines put in place for many careers' programs, school-based apprentices and trainees and work experience, of course with the aim of keeping our young people safe. With determination and team work, we found ways to deliver opportunities differently and we successfully coped with the necessary changes.

Students learnt how to manage change during times when we couldn't be face-to-face. Online learning delivery became highly valued by our students to connect and we are so impressed with the students' acceptance and resilience during the year, still taking opportunities when presented to them. I believe these challenges have provided students with some lasting lessons that will lead them well into a future career with skills in team-work, wider means of communicating, problem-solving, resilience, flexibility, persistence and adaptability. All of these are important qualities often called soft-skills, and are required to be successful in a 21st Century work environment.

Looking beyond 2020, students are now able to move forward with their skills in online technologies and have the know how to use or produce even better learning environments in the future. They will be supported with new opportunities, free courses, increased apprenticeship and traineeship opportunities, more supported programs, experience in connecting remotely, and also coming out of the challenges of COVID-19 stronger and with an openness to new ideas.

Please find information below about some of the Boost 21 programs that have been initiated as a response to the challenges faced by our school leavers this year, and ways to support their success beyond school.

#### Let's celebrate the incredible achievements of our students in 2020

Example of how a TAFE course can lead to University entry.

For the past two years Luka (photo above) followed her passion for animal care and completed her Animal Studies Certificate II at Belmont TAFE, as part of her pattern of study in Year 11 and 12. The TVET course contributed 2 units each year towards her Preliminary and HSC course loads and also allowed for work placement. Her interest in this industry area continued and led her to apply for early entry as part of Charles Sturt University's (CSU) early offer program - Charles Sturt Advantage. Luka answered three questions that showed her **resilience**, **empathy and motivation** this year to create a world worth living in. She was able to tell about her real-life examples of learning at TAFE, working with horses at home and how her personal skills were used help out her friends this year when they were struggling. This application recognised her 'soft skills' as being important for University success which are not always reflected in your exam results. Luka secured an early offer to study with CSU in 2021 in a Bachelor of Equine Science and we wish her all the best on her journey.



#### **TAFE NSW Excellence Awards**



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#### VET in Schools Student of the Year Award Winner Announced!

We are delighted to announce that our very own Newcastle High School student Emily France is the WINNER of the TAFE NSW Excellence Awards VET in Schools Student of the Year! TAFE NSW Excellence Awards brings together the high achieving students, teachers, leaders and industry partners to celebrate TAFE graduates' outstanding achievements. Students were formally acknowledged for their success at the virtual awards celebration held on Wednesday 18 November. Emily successfully completed her TAFE Digital TVET course in Certificate 3 Tourism, Travel and Events in 2019 as part of her pattern of study in her senior years at Newcastle High School. An amazing recognition of her hard work and consistent effort in learning around her interest area. Well done Emily, we are so proud of you.

#### A 'virtual Q&A interview' with Emily:

#### What does it take to be successful when studying a course online?

- Good time management skills
- Knowing what your capable of and in what amount of time
- Studying something you are interested in / passionate about

#### What was the best thing about doing your course? What did you achieve? How has it helped you?

- I learnt so much about the travel industry that I never knew before
- I loved the flexibility of the course being online. I could do it at 11:00 pm on a Friday night, or at 8:00 am on a Saturday morning
- With my health issues last year, I'm honestly proud that I finished the course, let alone did well at it and be nominated/won these awards
- The course definitely helps me develop my time management skills

#### What is the hardest thing about studying an online course?

- Although I had great teacher support, I couldn't simply go to my friend at school and ask for their help in the class as no one else in the school did it. We had a group Facebook page but it's not the same

#### Your advice to students thinking about studying a VET course?

- Do it. If there is a course on something that you love, you should do it. If you do it and find out it's not for you then oh well at least you tried, and I'm sure you gained some skills out of it. And if you do it and love it, then there's nothing wrong

### What are your next steps in your pathway? Do you have some goals you want to achieve now or a 3-year plan?

- Although I am not actively pursuing the Travel industry (Studying Bachelor of Secondary Teaching) I definitely plan on using the skills I gained from this class. I was due to spend 3 months working at a summer camp in New York this year and used my tourism skills to independently book everything from my flights to accommodation. In the next three years, I hope to have made it to the US to work at a summer camp and to have continued my travels around the country and the world.

- Although I am not pursuing the travel industry, I in no way regret doing the course, I have gained skills and experience that I will be forever grateful for





### NEWCASTLE HIGH SCHOOL

### Training course opportunities at Newcastle High School

Students participated in training courses this year including First Aid, Barista, and White Card. Training courses went ahead for students to further their knowledge and learn new skills which allowed students to have an advantage on their Resume when seeking job opportunities.

These courses will be organised again for 2021, starting with a White Card Course qualification (working in the Construction Industry) mid-term 1. Further details will be promoted next year.



#### **Foundation Skills for Vocational Pathways Course Project Success**

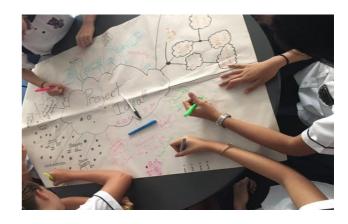
Printed copies of the 2021 desktop calendar project of the student's photos look amazing!

A group of Year 10 students produced the calendar as part of their Skills for Vocational Pathways Course they are studying and the student's images certainly showcase our beautiful school gardens. The profits from the sale of the calendars will raise

money for their chosen charity, Ronald McDonald House. Fantastic effort from our students and thank you to JobQuest Newcastle staff Leanne and Ashley for their amazing support of the students' and their learning.









## NEWCASTLE HIGH SCHOOL

### Morning Tea with our friends at Scenic Lodge







links to learning



Newcastle High School students successfully connected with our community partner via Zoom.

Our Links to Learning students enjoyed a lovely morning tea with the residents of Scenic Lodge Anglican Care facility at Merewether Heights, via a video link.

Each week students have participated in the L2L program which provides learning opportunities for self-development, project work, developing their work readiness skills and volunteering in the community.

We have had some challenges this year, when we were not able to continue our fortnightly visits to Scenic Lodge, which we were producing a food and sensory garden for the residents. However, students kept on with the projects, and were busy painting rocks, making cards, propagating and making terrariums full of succulents which were presented to the residents to keep, and they enjoyed as centerpieces at the Zoom morning tea. The residents gave the students a treasured surprise as well, sharing some of their wisdom and advice on laminated saying cards, which the students loved and we are so thankful of their time.









### NEWCASTLE HIGH SCHOOL

#### A taste of TAFE a success!

TAFE YES programs had another successful year of delivery throughout this year with over 40 students engaged in learning

The YES (Youth Engagement Strategy) program, is planned through a partnership with our local Hunter TAFE Campuses. Each semester YES programs offer short taster programs designed to engage high school students with Industry training and pathways into possible future training courses and work opportunities.

The YES program courses are conducted on TAFE NSW campus sites, with supervision from TAFE teachers and gives students a look at the TAFE learning environment and facilities.

YES, program courses available include: Animal care, Auto Body Repair, Bakery/Hospitality (pictured), Beauty, Bricklaying, Cabinet/Furniture Making, Childcare, Horticulture, Cookery, Defence Force, Engineering, Fashion/Graphic Design, Film/TV, Fitness, Hairdressing, Music, Nursing/Aged Care, Outdoor Recreation, Painting /Decorating, Plastering, Tiling and Youth Work. Students in Year 10 and 11 (2021) will have the opportunity to apply for the courses in Term 1, for Term 2 delivery. Courses usually run 1 day per week for 6 weeks.



NEWCASTLE HIGH SCHOOL



## NEWCASTLE HIGH SCHOOL



RESPECT

REDUCE









### NHS Careers is proud to support the Sustainability group and Recycling initiatives

The Recyclists at Newcastle High School have saved over 200 kgs of products from going to landfill. These items include used writing materials, bread tags, oral care, air and dish care, which were sent for recycling at TerraCycle to produce outdoor furniture. The sustainability group also contribute to lids for kids, who recycle soft plastics and batteries as well as return and earn drink containers.

Newcastle High School entered the national competition Colgate Community Garden Challenge, which we won! Coming first in Australia out of 1100 schools, and receiving a recycled garden package made from the recycled products, including garden bench seating and planter boxes, which are now proudly located in our school for students to enjoy.

We are proud of the important values we are teaching and getting our young people participating in, as well as the continued recycling efforts of all the staff in their classrooms.

Making connections with our local community, nursing homes, partner primary schools and also incorporating these recycling initiatives into the Careers Links To Learning weekly program, has allowed NHS to grow into being the local drop off for our community. Well done to our local community for your contribution to our environmentally friendly efforts at NHS! Please contact our very own treasure Caroline Smith to arrange drop off to support our worthy initiatives. A More from our Recyclists: <a href="https://fb.watch/2dkPzmwXua/">https://fb.watch/2dkPzmwXua/</a>







#### Future careers support available

Keep up to date with careers news and student opportunities with courses, events, scholarships, jobs, apprenticeships and traineeships by checking Monday emails to students in Year 10, 11 and 12.

Parents are also most welcome to join the email list (Bcc: privacy assured). Please email <a href="mailto:Amanda.hine3@det.nsw.edu.au">Amanda.hine3@det.nsw.edu.au</a> to be placed on the 2021 distribution list.

Newcastle High School Careers has a Webpage, Facebook page and Canvas page which are continually updated with jobs, support information and careers announcements.

http://www.newcastlehighschoolcareers.com

https://www.facebook.com/newcastlehighschoolcareers/

https://newcastle-h.schools.nsw.gov.au/about-our-school/technology-access.html (Student Hub Section)

Need help with careers, courses and industries, and exploring your interests? This easy to use website may assist you with what's next? Take a quiz to see where your passions can take you. <a href="https://www.lifelauncher.nsw.gov.au/explore">https://www.lifelauncher.nsw.gov.au/explore</a>

#### Boost 21 - help for our school leavers...

Year 11 and 12 school leavers - FREE Summer Skills courses in the BOOST 21 program. School leavers can upskill, learn and get ahead this summer with fee-free Summer Skills training courses. Sign up via the QR code pictured or via this link <a href="https://education.nsw.gov.au/campaigns/summer-skills">https://education.nsw.gov.au/campaigns/summer-skills</a>

What training opportunities are available?

There is a range of courses to help you gain skills in some of the most in-demand jobs and industries, including: Agribusiness, Construction, Health, Creative industries, Business, IT and 'Industry 4.0, Workforce readiness.





# NEWCASTLE HIGH SCHOOL





























INTERVIEW?

JOBOUEST.

TAKE A BREAK THEN COME BACK AND

Orientation Event: 10 Dec 2020, 11am

Workshops start: 12 Jan 2021, 10am

**Location: Hamilton Community hive** 

To register interest

152 Beaumont St Hamilton

KICK START YOUR CAREER IN 2021 WITH

PROGRAM INFORMATION FOR STUDENTS

JobQuest is the trading name of Penrith Skills for Jobs Ltd RTO 90187.

#### **EXPRESSIONS OF INTEREST**

Contact your career advisor to get your name on the expression of interest list or register via the QR Code. JobQuest will contact you with more details. Places are limited so act today!

#### ATTEND ORIENTATION - LUNCH & LEARN

attend orientation. Come for lunch, meet your trainer & participate in engaging job skill activities. Parents are welcome to attend.



#### TAKE A BREAK

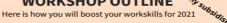
Individual career information will be sent out over the break to help you explore ideas for employment and career options.

#### **WORKSHOPS & CAREER COACHING**

Starts 12th January 2021 1 on 1 Career coaching session available - dates to be confirm



# WORKSHOP OUTLINE \*\*Ully State of the state



Skills

- Support

  Individualised Career Starter Kits to explore your pathways
  Assistance to apply for jobs and prepare for interviews • Develop and tailor professional digital resumes, cover letters & elevator

  - pitches

    Develop & enhance interview, communication and interpersonal s
    Create & personalise a career plan with smart goals for 3 jobs/train
    pathways

- Success

  Confidence to apply for jobs/courses
  Skills to succeed in the interview process
  Boost Career prospects in 2021

On Successful completion you will obtain a Statement of Attainment:

THIS TRAINING IS SUBSIDISED BY THE NSW GOVERNMENT, UNDER THE SKILLING FOR RECOVERY INITIATIVE. JOBQUEST IS THE TRADING NAME OF PENRITH SKILLS FOR JOBS LTD RTO 90187

### **NOW ACCEPTING** EXPRESSIONS OF INTEREST!

- Job search tips & techniques
- Effective oral communication & presentation skills
   fit for the workplace Digital skills for work and online interviews
- . Create a professional cover letter and resume
- Setting career/further study goals
- . Teamwork and complete an engaging project to add to your

#### What's the program?

- Special Event: Lunch & Program Orientation 10 Dec 2020
   Workshops over 4 weeks starting 12 Jan 2021
- every Tue, Wed & Thu
- 2 x one-on-one career coaching sessions (optional)

This training is subsidised by the NSW Government, under the Skilling for Recovery Initiative. JobQuest is the trading name of Penrith Skills for Jobs Ltd RTO 90187.